

PARENT-TO-PARENT SUPPORT PROGRAMS

Emotional support, information, referral and systems navigation.

Toll-free (State Office) (888) 754-8798 x 2

CENTRAL REGION

Chelan/Douglas (509) 888-0902

Español (509) 846-9268

Grant/Adams (509) 764-7424

Español (509) 764-7424

Kittitas (509) 929-7277

Yakima English & Español (509) 574-3200

EAST REGION

Benton/Franklin (509) 783-1131 x 108

Lincoln TBA

Okanogan (509) 826-8403

Spokane/ (509) 789-8797

Stevens/Pend Oreille/Ferry (509) 789-8782

Walla Walla/Columbia/
Garfield/Asotin (509) 540-9880

Español (509) 301-0679

Whitman (509) 332-4420

NORTHWEST REGION

Island (360) 632-7539

San Juan (360) 622-0326

Skagit (360) 416-7570 x 2999

Español (360) 416-7570 x 3999

Snohomish (425) 258-2459

Español (425) 258-2459 x 114

Whatcom (360) 715-0170

Español (360) 715-0170 x 308

PENINSULA REGION

Clallam (360) 406-1215

Grays Harbor/Pacific (360) 537-7000

Kitsap (360) 377-3473

Jefferson (360) 352-1126 & Lang. Line

Thurston/Mason/Español (360) 352-1126 & Lang. Line

PIERCE/KING REGION

King (206) 829-7053

Español (206) 829-7027

Pierce English & Español (253) 565-2266 x 115

SOUTHWEST REGION

Clark & (360) 823-2247 x 109

Klickitat & (360) 513-6682

Skamania (360) 513-6682

Español (360) 823-2247 x 103

Cowlitz/Wahkiakum (360) 425-5494

Lewis (360) 736-4359

Seattle CHILDREN'S (206) 987-1119**The Arc of Washington State**

Advocacy, information and referral, education of policy makers and the public.

State Office (360) 357-5596

Toll-free (888) 754-8798

Local Arc Chapters

Cowlitz County (360) 425-5494

Grays Harbor (360) 537-7000

King County (206) 364-6337

Peninsulas (K/J Co) (360) 377-3473

Snohomish County (425) 258-2459

Southwest (360) 254-1562

Spokane County (509) 328-6326

Tri-Cities (509) 783-1131

Whatcom (360) 715-0170

Autism Centers

Dupont (Magnolia) (253) 507-7004

(NW) Spokane (509) 328-1582

Seattle Childrens (206) 987-8080

Seattle (UW) (206) 221-6806

Tacoma (UW) (253) 692-4711

Autism Society of Washington

Information, referral and support (888) 279-4968

Bates Para-educator Training Program

Information and registration (253) 680-7000

Brain Injury Association of Washington

Information and referral (206) 467-4800

CHADD Northwest Chapter

Information and referral (866) 200-8098

Center for Change in Transition Services

(206) 296-6494

Community Services Office (CSO)

(877) 501-2233

Dental Education in Care of Persons with Disabilities

(DECOD) Program of (UW) School of Dentistry that treats persons with severe disabilities

Contact (206) 543-4619

Department for Services for the Blind

Toll-free (800) 552-7103

Department of Children, Youth and Families

Toll-free (866) 482-4325

Developmental Disabilities Adminwww.dshs.wa.gov/dda**Developmental Disabilities Council (DDC)**

Information and referral (800) 634-4473

Disabilities Rights Washington

Legal advocacy and information (800) 562-2702

Division of Behavioral Health & Recovery (MH)

Recovery Help Line (866) 7891511

Division of Vocational Rehabilitation (DVR)

Toll-free (800) 637-5627

Down Syndrome Community of Puget Sound

Information and referral (206) 257-7191

Early Support for Infants & Toddlers

Information and referral

Easter Seals Society of Washington

Training, information and direct service. (206) 281-5700

Education Ombudsman

Help with education issues statewide-Trainings available

(866) 297-2597

END HARM

(866) 363-4276

Epilepsy Foundation Northwest

Programs and services (206)547-4551

Family Health Hotline

(Help Me Grow) Toll-free (800) 322-2588

Family to Family Health Information Center

Information and referral about special health care needs and insurance (PAVE)

(888) 835-5669

Learning Disabilities Association—State Office

Information and referral (425) 882-0820

NOFAS WA (now FASD Focus NW)

Information, referral and support regarding Fetal Alcohol Syndrome

Toll-free (800) 270-4849

Office of Education Ombudsman (OEO)

Toll-free (866) 297-2597

Office of Deaf & Hard of Hearing (ODHH)

Toll-free (800) 422-7930

Parent Coalitions-Legislative Advocacy

Benton/Franklin- Sharon Adolphsen (509) 967-3974

Clark County- Darla Helt (360) 823-2247

Grant/Adams/Lincoln Debbie Chapman (509) 659-4173

Grays Harbor- Christie Chiles (360) 537-7000

King County- Ramona Hattendorf (206) 364-6337

Kitsap County - Melia Hughes (360) 373-2502

Kittitas County- Michelle Williams (509) 929-7277

Mason County- Coleen McKenna Solman (360) 801-6686

Pacific County- Amber Cook (360) 537-7000

Pierce County- Beth Ann Garteiz (253) 564-0707 x 107
Sandi Gruberg (253) 564-0707

Snohomish County- Jake Murry (425) 258-2459 x 105

Spokane County- Jennifer Ranney (509) 789-8321

Thurston County- Michelle O'Dell (360) 357-5596 x 7

Whatcom County- Beverly Porter (360) 715-0170

PAVE (Partnerships for Action; Voices for Empowerment)

Workshops, resources and referral regarding Special Education

Toll-free (800) 572-7368

People First-Self Advocates (253) 999-7222

Self-Advocates in Leadership (SAIL)
(The Arc of WA St) (888) 754-8798 x3

Self Advocates of WA (253) 571-8665

Special Education Technology (509) 963-3350

Social Security Administration (SSA/SSI)
& Supplemental Security Income (800) 772-1213

Special Olympics Of WA State
Information (206) 362-4949

Tourette's Syndrome Association
Information and referral (888) 486-8738

WA Access Fund (877) 428-5116

WA Apple Health & Apple Health for Kids
(800) 562-3022

WA Assistive Technology Act Program (WATAP)
(800) 214-8731

WA Autism Alliance & Advocacy
Information and referral (425) 894-7231

WA NAMI (Mental Illness)
Advocacy, information and support (206) 783-4288

WA Prescription Drug Discount Card
Information (800) 913-4146

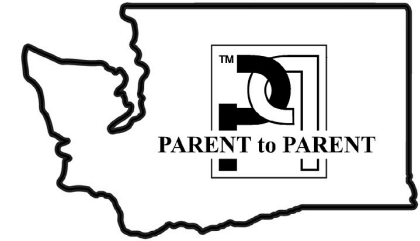
WA State Father's Network
Support and resources for Fathers (425) 653-4310

WA State Hands & Voices
Emotional support for families with children who are deaf, deaf-blind or hard of hearing.
(425) 268-7087

WA State Sensory Disability Services
Information, technical assistance and resources
(360) 947-3297

WISE—WA Employment Opportunities
(206) 343-0881

WithinReach
Information and referral (206) 284-2465



**PARENT TO PARENT
(P2P)
SUPPORT PROGRAMS
of
WASHINGTON STATE**

**Providing information,
systems navigation,
education and support
to families who have a
child with a special
health care need and/or
disability**

**Toll Free
1.888.754.8798 x 2**

P2PUSA Alliance State Member



Revised March 2023