Developmental Disabilities Administration
Fact Sheets

Residential Habilitation Centers (RHC) Page
Pre-admission Screening and Resident Review (PASRR) 2
Residential Habilitation Centers—Intermediate Care Facilities (ICF) 3
Residential Habilitation Centers—Nursing Facilities 4
Roads to Community Living 5
Adult Training Programs at Rainier School 6
Roads to Community Living Employment Initiative 8
Statewide Investigation Unit 9
Peer Mentoring 10
Family Mentor Project 11
Pre-admission Screening and Resident Review

PASRR is a federally-required screening process for every person referred to a Medicaid-licensed nursing facility. Before anyone is admitted to an NF, the referring professional must screen the individual for a possible intellectual disability or related condition. This is called a Level I screening. If indicators of ID/RC exist, Developmental Disabilities Administration staff will conduct the PASRR Level II assessment.

The PASRR Level II assessment determines whether ID/RC is present; whether an NF is the best setting to meet the person’s needs; and whether the person will need specialized services while in the nursing facility. If specialized services are recommended, the DDA PASRR assessor assists the person in finding supports to meet the need and will implement the start of that assistance.

Eligibility Requirements

PASRR specialized services are available to individuals who have an ID/RC and are assessed to need such services while in nursing facility care.

Quality Assurance Oversight

Centers for Medicare and Medicaid Services.

Stakeholders

- People referred for nursing facility care
- Families
- Hospitals
- Nursing facilities
- Service providers
- Numerous state and federal agencies

Contact

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Residential Habilitation Centers (RHC) Intermediate Care Facilities (ICF)

Three state-operated intermediate care facilities for individuals with intellectual disabilities (ICF/IID) operate in Washington:

- Region 1 – Lakeland Village in Medical Lake
- Region 2 – Fircrest School in Shoreline
- Region 3 – Rainier School in Buckley

Each ICF is federally certified providing 24/7 support.

Eligibility Requirements

Individuals must be:

- Eligible and enrolled as a client of DDA under WAC 388-823 and Medicaid under Title 182 WAC
- Assessed to meet ICF/IID level-of-care in the DDA assessment.
- In need of, likely to benefit from and participate in active treatment per 42 C.F.R § 483.440.
- Age 21 years or older. Clients age 16-20 may be eligible if services are not available in the community to meet their needs.

The primary purpose of each RHC certified as an ICF/IID is to provide temporary habilitative support. Discharge planning begins at admission. The interdisciplinary team will develop targets based on the client’s needs to meet their discharge goals.

Services

- Active treatment
- Habilitative services
- Nursing services
- Training in daily-living skills
- Physician services
- Dental services
- Employment services
- Physical, occupational and speech therapies
- Behavioral support

Stakeholders

- Self-advocates
- Families of individuals with intellectual and developmental disabilities
- Friends of Fircrest
- Friends of Rainier
- Friends of Yakima Valley School
- Lakeland Village Associates
- The Arc of Washington State
- Washington State Developmental Disabilities Council
- Office of Developmental Disabilities Ombuds

Contact: Brian Woods, RHC Program Manager • brian.woods@dshs.wa.gov • 360-688-0626
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Washington State Department of Social and Health Services
Residential Habilitation Centers (RHC) Nursing Facilities

Three state-operated nursing facilities operate in Washington:

- **Region 1** – Lakeland Village at Medical Lake
- **Region 1** – Yakima Valley School in Selah
- **Region 2** – Fircrest School in Shoreline

Each nursing facility is federally certified providing 24/7 support.

**Eligibility Requirements**

Individuals must be:

- Eligible and enrolled as a client of DDA under WAC 388-823 and Medicaid under Title 182 WAC.
- Determined to meet Pre-Admission Screening and Resident Review eligibility.
- Eligible for nursing facility level-of-care under WAC 388-106-0355.
- Age 21 years or older. Clients age 16-20 may be eligible if services are not available in the community to meet their needs.

The primary purpose of each RHC certified as a nursing facility is to provide long-term nursing care, rehabilitative and health care services.

**Services**

- Habilitative services
- Nursing services
- Training in daily living skills
- Physician services
- Dental services
- Community integration support
- Employment services
- Physical, occupational and speech therapies
- Behavioral support

**Stakeholders**

- Self-advocates
- Families of individuals with intellectual and developmental disabilities
- Friends of Fircrest
- Friends of Rainier
- Friends of Yakima Valley School
- Lakeland Village Associates
- The Arc of Washington State
- Washington State Developmental Disabilities Council
- Office of Developmental Disabilities Ombuds

Contact: Brian Woods, RHC Program Manager • brian.woods@dshs.wa.gov • 360-688-0626
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**Washington State Department of Social and Health Services**
Roads to Community Living (RCL)

Roads to Community Living (RCL) is a program designed for adults and children who want to move back into the community from qualifying institutions. RCL provides supports while the person is still in the institution and for one year after a move into the community. RCL team members are community transition experts and provide supports to people and their families who decide to make this move. After their RCL year, the person’s support services are provided through a federal Home and Community Based waiver.

Eligibility

Project participants must be clients of DDA and live in a qualifying institutional setting for 90 consecutive days or longer. Qualifying facilities include the state Residential Habilitation Centers (RHC), Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IID), medical hospitals, Children’s Long Term Inpatient Program (CLIP) residences, and skilled nursing facilities. Participants must be Medicaid eligible within 30 days of discharge and be moving to a community home with four or fewer unrelated residents.

Quality Assurance Oversight

- DDA Regional Quality Assurance/Improvement visits and reports are completed 3 times during the first year.
- The DDA RCL headquarters team follows the person’s transition from the institution and through their first year in the community.

Stakeholders

- Clients
- Families
- DSHS’ Home and Community Services Division
- Supported Living providers
- Washington State Developmental Disabilities Council
- The Arc of Washington
- County human services

Contact

Tom Farrow
Community Transition Unit Manager
FarroTJ@dshs.wa.gov
360-407-1562
Website: www.dshs.wa.gov/dda/consumers-and-families/roads-community-living-

Since the grant began in 2008, DDA Roads to Community Living staff have helped transform lives by supporting over 750 people successfully move from facilities to new lives in the community. Of those, 313 are from the state RHCs.
Directions

Rainier Thrift & Gift
From I-5:
- Take exit 127-512 East to Puyallup
- Merge onto 512 East, proceed East to WA-167
- Merge onto WA-167 North to WA-410 East—Seattle/Yakima
- Merge onto WA-410 East toward Sumner/Yakima
- Follow 410 East to the Buckley Business park, 28120 Hwy 410—in Suite D-7 (behind Buckley car wash) to locate Rainier Thrift & Gift.

Rainier School Campus
From I-5:
- Take exit 127-512 East to Puyallup
- Merge onto 512 East, proceed East to WA-167
- Merge onto WA-167 North to WA-410 East—Seattle/Yakima
- Merge onto WA-410 East toward Sumner/Yakima
- Follow 410 East for 5.1 miles past Romney Lake Village,
- Turn slight right onto Ryan Road, proceed 1.7 miles to Rainier School main entrance.
- Switchboard Staff in the White Administration Building will direct you to specific locations.

Adult Training Programs
at Rainier School
Supporting People in Vocational Settings

Adult Training Programs
at Rainier School
2120 Ryan Road
Buckley, WA 98321
360-929-3016
Who We Are
Adult Training Programs (ATP) at Rainier School have been supporting people with developmental disabilities in a vocational setting since the 1960s. Individuals are provided a variety of paid employment opportunities on and off campus. Regardless of ability level or supports required, individuals are encouraged to achieve their maximum independence and to self determine their choice of career.

We Offer Employment Opportunities In:
- Food Service
- Retail
- Manufacturing
- Contracts
- Recycling
- Procurement

What We Manufacture
Our woodshops fashion outdoor furniture, birdhouses, planters and many other decorative items for the home and garden.

The Stone Craft Center creates a large selection of stepping stones and sun dials, curbs and borders for flower beds, bird baths, concrete leaves, and pavers for patios to enliven your landscape.

Open year round, the Greenhouse grows a continuous rotation of seasonal spring, fall and holiday crops, providing unique and beautiful flowers and houseplants.

All of our manufactured items and plants may be purchased at Rainier Thrift & Gift in Buckley and at the Rainier Coffee Shop on campus. We also have catalogs available for special orders.

What We Offer
Adult Training Programs can provide your business an economical alternative, expanding your physical plant. ATP has been providing sub-contract production services for businesses since 1989. Our ATP Department offers competitive prices for your assembly, packaging and confidential shredding needs.

Rainier Thrift & Gift
Rainier Thrift & Gift is located in the Buckley Business Park (behind the Buckley Car Wash) at 28120, Hwy 410 E., in Suite D-7. Rainier Thrift & Gift is open for business and donations from 9 a.m. to 6 p.m., Tuesday through Saturday (except holidays) for your shopping pleasure. For more information call 360-829-0343.

Rainier Coffee Shop
The Coffee Shop serves clients, staff and community members. Breakfast and lunch are served along with homemade desserts, soups, snacks, beverages and daily specials. Several clients work as paid employees assisting with food preparation, deliveries and light janitorial work. Hours are Monday – Friday from 8 a.m. to 4 p.m.

Donations
Adult Training Programs accept donations items in good condition for re-sale. Items may be donated at Rainier Thrift & Gift, or by calling 360-829-3093 to schedule a pick-up.
Statewide Investigation Unit

The Statewide Investigation Unit (SIU) was established by Developmental Disabilities Administration (DDA) in 2007 to respond to federal law. The law requires independent investigation of the most serious classifications of the incidents occurring at the four residential habilitation centers (RHCs).

The SIU is comprised of eight compliance and investigation managers who are stationed at the RHCs with supervision and direction provided by the SIU Manager.

Eligibility

Individuals:

The SIU provides quality services to individuals residing in RHCs to help ensure they are living safe, healthy and secure lives through:

- Conducting independent, thorough, and timely investigations of serious incidents
- Monitoring the RHCs for compliance with plans of correction when required
- Providing training on incident investigations and federal and state regulations and policies
- Analyzing data for trends and patterns to be addressed
- Conducting reviews of investigations completed by the RHCs

Quality Assurance Oversight

External

- Federal Centers for Medicare and Medicaid Services

Internal

- DSHS Residential Care Services Division compliance

Stakeholders

- Clients
- Families
- Local and state law enforcement agencies

Contact

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Statewide Investigation Unit Manager
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Office of Communications, Payments and Training
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Currently, 597 individuals live in the four RHCs in Washington:

- Fircrest School in Shoreline
- Lakeland Village in Medical Lake
- Rainier School in Buckley
- Yakima Valley School in Selah
Peer Mentoring

Peer mentoring takes place between a person who has lived through a specific experience (mentor) and a person who is new to that experience (mentee).

In the Developmental Disabilities Administration, peer mentoring provides support to clients and their families in locating and accessing community services.

This service is available to participants enrolled on the Individual and Family Services waiver.

Peer Mentors:

- Meet and discuss goals in the person-centered service plan developed by you and your case manager.
- Help you develop specific goals related to engaging with the community.
- Share successful experiences to navigate community resources beyond those offered through DDA waiver services.
- Develop, with the client and family, strategies to navigate new experiences and connect the client with community resources based on their interests and needs.

The Department of Social and Health Services assists more than 35,000 clients through the Developmental Disabilities Administration. As part of our mission of transforming lives, we need people to serve in the role of Peer Mentor provider.

www.dshs.wa.gov/dda/developmental-disabilities-administration-contracts

Contact

Leila Graves
Case Management Services Program Manager
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360-407-1529

Through a commitment to social justice and respectful, person-centered practices, we partner with individuals who live in institutional settings to utilize their power and choice.

www.dshs.wa.gov/dda
Mentor Services

- Listen to families and their history
- Explain community services and programs
- Suggest strategies for making the process successful
- Offers a checklist of assurances for vigilant involvement
- Is available to all eligible families in any location
- Available by phone, email, text, online call and in-person
- Available after the move for ongoing questions and support

Benefits of Community Living

- Choice of location, often closer to family
- Many families believe their loved one is happier and enjoys life more
- Loved ones often show more independence and maturity
- Better access to a variety of medical specialists
- Increased family/staff communication
- Encouraged to personalize and decorate bedroom
- Space to acquire and enjoy personal possessions
- Warmth and coziness of a home in a quiet setting
- Choice of foods with home cooked meals at flexible times
- Regular access to many community activities
- Usually more money available for discretionary spending

The Family Mentor Project (FMP) is a resource to support individuals, families and guardians through the process of moving a family member to the community from a Residential Habilitation Center (RHC) operated by the Developmental Disabilities Administration of Washington (DDA) or from a skilled nursing facility.

www.familymentorproject.info
**Family Mentors**

Kelly Church’s son, Jordan, successfully lived in SL Start children’s program since 2010. Now he lives in his own home. supported by ResCare SL.

Kelly Church, Project Coordinator
Phone: (425) 679-1805
KellyChurchFMP@gmail.com

Diane Larsen’s son, Brendan, moved into an Adult Family Home in 2012. He transitioned into his own home in 2014, supported by Valley SL.

Diane Larsen, Asst. Project Coordinator
Phone: (253) 455-8635
DianeLarsenFMP@gmail.com

Tami McGrath’s son, Jake, has lived successfully in his own apartment since 2013. He is supported by individual providers (IP) and by use of assistive technology.

Tami McGrath, Family Mentor
Phone: (253) 265-8657
TamiMcGrathFMP@gmail.com

Rosslyn (Rozi) Bethmann has two children and they live in Spokane, WA. Bree-Eva and Wills live together in a home purchased with DPA via the WA State Housing Auth. and the Arc of Spokane.

Rosslyn Bethmann, Family Mentor
Phone: (509) 900-7571
RosslynBFMP@gmail.com

"FMP saved our sanity! Without the help and assistance that FMP gave us, we would not have been able to get past the shock of moving our loved one, to the point of doing our job as guardians to work with everyone to advocate for the best possible placement for (our brother)."

~Debbie and Ken N. (Fuyollup Area)

"The only reason this transition was acceptable was because of the support from the family mentors. Knowing they’re there to explain and support us was the only reason I was able to sign onto this change. Even for someone who works in this field, the process is frightening. Family mentors helped relieve some of the fear factor."

~Debbie C. (Ritzville Area)