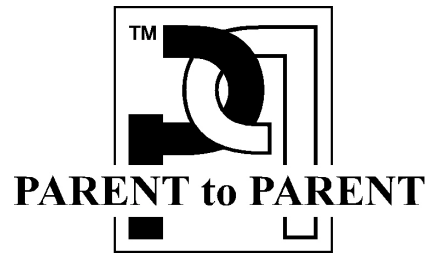


Check out our latest newsletter!



## WA State Parent to Parent (P2P) Newsletter: April 2019

[P2P Programs by County](#)

[Join us on Facebook today](#)

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### Wheelchair Wash & Roll Yakima Parent to Parent March 2019



The Wheelchair Wash & Roll at Children's Village in Yakima was a great success! On March 23rd, twelve wheelchair users and their families helped us kick off this inaugural event. Wheelchairs were tuned up by NuMotion, parents got massages by Elite Academy, lunch was served and chairs were cleaned by Conover Insurance. Prizes were given away by various donors, and there was a sampling of wheelchair accessible vans, owned by local families, on display. My favorite part of the event was seeing all the kids hanging out and visiting with kids who were just like them. What a blessing to be a part of such a wonderful community of people. I'm already excited for next year's event! ~~Amy Berkheimer, Yakima P2P

## Happy Easter

Welcome, Kimberly Michael (east side of Klickitat); Jennell Calkins (Skamania); Tanya English, Multi-Cultural Outreach Coordinator (Clark County); Ruth Ann Lunderville, Media Outreach Specialist (Grant/Adams); Kim Bushnell, Supervisor (Kitsap/Jefferson). Goodbye, Amanda Smith (Kitsap/Jefferson).  
Susan, Tracie and Jackie  
State Parent to Parent

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## Calendar of EVENTS

### 2019

#### April

4/5: **PORTLAND, OR...[Adult Transition Summit](#)**: College and Career Success for All [Opening Doors to Inclusive College](#) Options Friday, April 5, 2019, 8:30 AM - 4:30 PM  
Holiday Inn Portland Airport, 8439 NE Columbia Blvd., Portland, OR 97220  
[Registration](#): \$20 Parents/Professionals, \$10 Youths (16-25) | \$3 Parking | Breakfast/Lunch Included

We look forward to an amazing day with you! It will be a great opportunity to learn together, network, and plan advocacy steps to increase inclusive higher education opportunities for students with intellectual disability. Please invite your circles and networks to participate. [For more information](#) visit [Adult Transition Summit](#) page or [register here](#).

4/6: We are also hosting the All Born (in) Inclusive Education Conference the following day on Saturday, April 6, 2019 if you would like to make a weekend of it. If you have questions or need more information please let us know. For information or support in Spanish please contact Maria Rangel at 503-262-4029 or [mrangel@nwdsa.org](mailto:mrangel@nwdsa.org). We are stronger together!  
[Click here](#) for more information!

4/6: [Deaf Fiesta 2019](#) Ellensburg 9:00 am to 4:00 pm (with Spanish Speaking Parents)

4/11: [Navigating SSI, Medicaid and the Adult Service System](#) Ellensburg 11:00 am to 1:00 pm

4/16: Parenting Tools By: Dr. Laura Markham - A presentation for parents, caregivers, teachers, social service providers and more. Dr. Laura Markham's relationship-based parenting model, which she calls "Peaceful Parenting". Cost is free - no need to register - [Parenting Tools Flyer](#)  
When: Tuesday, April 16, 2019 from 6:30 pm to 8:00 pm  
Where: South Puget Sound Community College, Lacey Campus, 4220 6th Avenue SE, Lacey, WA

4/24: Free webinar on April 24th ["Build Your Resource Toolkit to Engage Linguistically Diverse Youth and Families"](#) hosted by Open Doors for Multicultural Families,.

4/27: [The Inclusive Education Conference](#), Spokane, April 27th. To learn more about this conference please contact Shelley Gacusana at [sgacusana@arc-spokane.org](mailto:sgacusana@arc-spokane.org) or by phone at 509.328.6326.

4/27: [Voices of Autism Registration](#) Voices of Autism 2019 Event Details:

Date: Saturday, April 27th, 2019

Time: 1-4:00 pm

Location: Demaray Hall 150, Seattle Pacific University, 509 West Bertona, Seattle, WA 98119

Directions & Parking: [Directions to SPU and a campus map can be found here](#): Parking is free in all SPU lots on the weekends. (Lot #48 on the campus map is the closest lot to Demaray Hall)

4/30-5/2: 2018 [National Lifespan Respite Conference "Illuminate Respite"](#)

Will be held in Buffalo, New York. The New York State Caregiving and Respite Coalition will join ARCH in hosting this event. The conference will be held April 30 - May 2, 2019.

## May

5/1-5/3: [2019 Infant and Early Childhood Conference](#) (IECC). Save The Date May 1, 2, and 3, 2019 at the Tacoma Convention Center. Early Bird Registration [here](#).

5/10-5/12: [32nd Annual Canadian Down Syndrome Conference](#) that will be held in nearby Victoria, British Columbia from May 10-12, 2019. The conference will cover a wide range of topics for all different age groups and stages of life. [Registration information](#).

## June

6/1: Washington Autism Alliance & Advocacy - WAAA's event [2019 It Takes a Village Conference](#) Saturday, June 1, 2019 at 9 AM - Vancouver, WA

6/11-6/13: Washington State DSHS Developmental Disabilities Administration is pleased to announce Community Summit 2019: Enriching Lives! [More information](#) will be available upon registration in spring 2019 ([Registration opens in March](#)).

6/15-6/22: [Autism Campus Inclusion](#) (ACI) [Summer Leadership Academy flyer](#) submit [application](#) by February 24th - [watch video of past alumlis](#)

6/25: 1st Annual Self-Advocate Disability Summit - Presenters, speakers and volunteers are needed. [Learn more here](#) .

## August

8/4-8/9: 2019 Youth Leadership Forum (YLF)-YLF is at the Dumas Bay Centre in Federal Way, WA. There is no cost for students to attend! Students must be 16 years of age prior to the start of YLF and under the age of 22. Registration Deadline February 1, 2019

[Application](#)  
[Brochure](#)

## October

10/5-10/7: [Dad's Training Weekend](#) - Systems navigation, IEPs, parenting techniques, DE-escalation, reward systems, sibling issues, etc. There is a \$30 registration fee, which includes lodging and meals from Friday evening to Sunday checkout (noon).

## November

11/6: The Lewis County Autism Coalition will host its 9th annual Southwest Washington Autism Conference on November 6, 2019 - at Centralia College in Centralia, WA. - and invites you to share your experience and knowledge as a presenter.

Workshops will be aligned with our 2019 conference theme Inclusion: School - Work - Community and advance the success of individuals with disabilities, families, and professionals. To participate, please complete the Call for Presenters form and send to [conference@lcautism.org](mailto:conference@lcautism.org) by April 15, 2019. Early submission is encouraged.

[Download the Save The Date Flyer](#)

## Educational Events

- 1.) [Parent Partners IEP Trainings](#) (Seattle) Dates from April 2nd through May 28th [info](#)
- 2.) The WA State Fathers Network "Telling Your Story with a Purpose" workshops. This is a workshop designed to help you pinpoint an issue you want to advocate for and show you how to get your point across to a decision maker.

Click the link for the following scheduled workshops to get more information and to register:

- [Spokane](#), April 13
- [Pullman](#), May 11
- [Longview](#), June 1

If you would like to have this workshop conducted in your community, contact Louis Mendoza at [louis.mendoza@kinder.org](mailto:louis.mendoza@kinder.org) or at 425-653-4286.

## RESOURCES

### 1. [How Families Can Help Their Son or Daughter With Disabilities Find Work](#)

Families and friends can play an important role helping those with disabilities plan for employment and find a job that is a good fit.

- Job Matching
- Anticipate and specify needed accommodations and supports
- Networking
- Self-advocacy and self-determination
- How to Choose a Provider of Career Planning Services
- How to Choose an Employment Specialist
- Questions about the Employment Specialist:
- Questions about services:
- Questions once employed:

.....  
2. Doctoral students at the University of Oklahoma are seeking parent participants for a new study. The purpose of this study is to understand the perceptions of parents on IEP dynamics and meeting experiences. If you would not mind spreading word of our survey, we would greatly appreciate it - we are trying to gauge perspective of parents, nation-wide. This survey is designed for parents of a child with a disability AND an IEP Please let me know if you have any questions about this study.  
P: (405) 325-8951 Belkis Choiseul-Praslin, M.Ed.  
Thank you!

This a two-part study:

Online survey about meeting experiences and parent-teacher dynamics (10-15 minutes). Link to Survey: [https://ousurvey.qualtrics.com/jfe/form/SV\\_0VXzLiPQIbcTIAh](https://ousurvey.qualtrics.com/jfe/form/SV_0VXzLiPQIbcTIAh)

Optional: phone/video interview at time of your convenience. Researcher will ask questions about your experiences in IEP meetings (30min-1hour).

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3. Strategies to Support Real Lives: Connecting to Resources in Washington State (Informing Families)

[Our resource folders are now available in Vietnamese, in addition to English and Spanish.](#)

This free pocket folder provides statewide resource information for people with developmental disabilities and their families. It's also great way for organizations, schools, clinics and agencies to insert local or agency specific information in the pockets.

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# LUCK

is preparation  
meeting  
opportunity.

- Oprah Winfrey

[thefitchronicles.com](http://thefitchronicles.com)

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## Links for Archived Newsletters

(Click to read [archived past editions](#) through August 2016 of the P2P Newsletter!)

[Past Newsletters Parent to Parent \(bottom of the page\)](#)

WA State Parent to Parent (P2P) | The Arc of Washington State | 1-800-821-5927 |  
[parent2parentwa@gmail.com](mailto:parent2parentwa@gmail.com) | [info@arcwa.org](mailto:info@arcwa.org)

Website: [http://arcwa.org/index.php/getsupport/parent\\_to\\_parent\\_p2p\\_programs](http://arcwa.org/index.php/getsupport/parent_to_parent_p2p_programs)

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