



Washington State Parent to Parent (P2P) Monthly Newsletter



The Arc has been the proud host of the Washington State Parent to Parent (P2P) Network for over 35 years, partnering with local agencies to bring community-based programming to families raising children with disabilities.

June 2025

Find your Local
P2P Group

Join The Arc of
WA State

Join our P2P
Facebook
Group

Give Us A Call: (360) 357-5596 *option 2*



Parent to Parent 101

Did you know.....

1. Parent to Parent (P2P) is an evidence-based model of **PEER SUPPORT** for families raising children with disabilities. Parent to Parent is available nationally and internationally! Learn more at P2PUSA: *Home - Support for Parents of Children with Disabilities*
2. Washington's first P2P program was established in King County in 1980
3. In 2016, HB 2394 was passed in the Washington state legislature, providing availability of Parent to Parent support for Washington families raising children with disabilities

4. 27 programs, hosted by community-based agencies, provide Parent to Parent programming and support in all 39 Washington counties
5. 50+ program coordinators have ***lived experience***- as parents and/or family members of children with disabilities
6. 16 programs provide multicultural family support with bilingual/bicultural coordinators
7. Washington State Parent to Parent is hosted at the state level by The Arc of Washington
8. During the 2023-2024 fiscal year, Washington P2P provided **61,126 parent connections for support and information**
9. Programs provide peer support through parent 'matches', support and sharing groups, sibling groups, social/recreational programming, resources navigation, and more!
10. Recent feedback from our satisfaction survey:
 - Thank you for your guidance and support.
 - I am very grateful for this program.
 - Thank you for the information you give us when I need it most.
 - Personally, I like to learn from other parents and put into practice what I think might work for me.
 - Thank you for helping us. Deep gratitude!
 - I am very grateful for the help I received from this program

Welcome to Ray Randolph, the new P2P Coordinator for Spokane County.

~~~Tracie, Theresa, Maria and Jackie

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Remember to check out our [Parent to Parent page](#) on The Arc of Washington's website ([P2P Map & Coordinator info](#) here). You can find up-to-date information about Coordinators and programs serving every County in Washington State!

[The Parent to Parent Family Stories](#) page on the website. [\(Spanish\)](#)



### **Mission of Parent to Parent**

We walk alongside those parenting children with developmental disabilities and/or special health care needs, connecting them with peer support and information so they can take the *next step*.

### **Vision**

All families of children with developmental disabilities and/or special health care needs deserve encouragement, inclusion and meaningful connections that support family well-being.

### **Values**

- *We believe parents and caregivers want the best for their families and have the creativity and capacity to overcome challenges and celebrate successes.*
- *We commit to creating safe spaces for reflection, vulnerability, questioning and ongoing learning for parents and caregivers.*
- *We practice inclusion and respect for all with a commitment to listen fully and learn from the diverse viewpoints of the families we serve.*
- *We honor the rewarding and challenging work of parents, caregivers and community partners.*
- *We engage community partnerships through outreach, listening and education to encourage inclusive communities where families can thrive.*
- *We promote building communities that are equitable, non-biased and socially healthy where all families and children can live inclusive, safe and fulfilling lives.*

# INFORMATION & RESOURCES

## 1.) Learn more about Medicaid:

### Medicaid articles:

- [\*Understanding the Medicaid Payment Error Rate Measure | Center on Budget and Policy Priorities\*](#)
- [\*Who's Affected by Medicaid Work Requirements? It's Not Who You Think | Milbank Memorial Fund\*](#)
- [\*Medicaid Work Requirements Would Lead to Large-Scale Job Losses | Commonwealth Fund\*](#)
- [\*Medicaid Cuts and the States: Tracking State-Specific Estimates of the Impacts of Proposed Changes\*](#)
- [\*Medicaid Work Requirements Could Put 36 Million People at Risk of Losing Health Coverage | Center on Budget and Policy Priorities\*](#)
- [\*2020 Estimated Improper Payment Rates for Centers for Medicare & Medicaid Services \(CMS\) Programs | CMS\*](#)
- [\*Rolling Back Biden-Era Medicaid Rules Would Hurt Beneficiaries And Increase Costs | Health Affairs\*](#)
- [\*History Repeats? Faced With Medicaid Cuts, States Reduced Support For Older Adults And Disabled People | Health Affairs\*](#)

### Polling around Medicaid:

- [\*Medicaid Defense Messaging, CAG/DFP 04/25 | Tableau Public\*](#)
- [\*Voters in Every Congressional District Oppose Cuts to Medicaid\*](#)

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## 2.) Research study for young children with Down Syndrome

Additionally, I am happy to **give an in-person or virtual presentation on supporting independent mobility for young children using mobility aids**, like the PUMA partial bodyweight support system and Explorer Mini powered wheelchair that we are using in this study. I can bring the Explorer Mini and part of the PUMA for people to see and interact with as well.

### Study Details:

- **Who:** Children with Down syndrome between 12 and 36 months of age. Children need to be able to sit by themselves, but are not yet walking by themselves.
- **Activities:** Children and their families will play with the research team while using a mobility aid or no mobility aid. Children will use two mobility aids: a partial bodyweight support system and a powered wheelchair.
- **In-person Visits:** 3-5 visits at the University of Washington. These visits will be less than 90 minutes. Families will receive \$25 for each in-person visit. The research team will pay for parking or public transportation.
- **Virtual Discussion:** A 30-minute online discussion. Families will receive \$15 for their participation.
- **Why:** Mobility aids help young children with disabilities, like cerebral palsy, explore their surroundings. We want to show that mobility aids can also help young children with Down syndrome play and move on their own while learning to walk.

For more details, please see the attached flyer or info sheet. If you have questions or want to join the study, email me at [miahoff@uw.edu](mailto:miahoff@uw.edu) or text me at 614.561.7793. Please note that email communication may not remain private.

Some other resources that may be of interest to individuals within your organization:

- **HuskyADAPT** is a student organization at the University of Washington that provides switch-adapted toys for free to the local area and can also work on custom one-off assistive technology designs. You can [request toys here](#).
- **GoBabyGo** is a nationwide organization that provides adapted toy ride-on cars to children to use as a short-term mobility option. *University of Washington has a chapter* that provides cars to children and organizations in the area free of charge. You can [request a car here](#).

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### 3.) Mental Health and Crisis Resources for Youth

Crisis services and mental health resources are available to youth in Washington state. A young person you care about might need help right away. They may be feeling overwhelmed or at risk of harming themselves or others. This is a mental health crisis and requires immediate attention. Support and resources are available to youth regardless of income or insurance status.

Learn more at <https://informingfamilies.org/mentalhealthyouth/>

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### 4.) Guardianship and Conservatorship Guidebook | *The Arc of Washington State*

The Arc of Washington State has compiled a guidebook on Alternatives to Guardianship, Guardianship, and Conservatorship. To learn more visit the link below.

To learn more [click here](#).

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### 5.) WA Developmental Disabilities: New Name. Same Mission.

On May 1, 2025, as part of Reimagine DSHS, community services for children and adults with developmental disabilities gained a new name: **Developmental Disabilities Community Services (DDCS)**. Although we are now working as a division within the newly formed Home and Community Living Administration, our leadership, mission and values remain the same. We strive to help people with intellectual and developmental disabilities live and thrive in their chosen communities with the supports they choose.

#### **We Are Still Here**

We want to assure everyone who received services under the former Developmental Disabilities Administration:

- You will continue to have the same services and providers, with the same rights to choose where and how you live.
- Your case manager is still your main contact for your services and supports.
- Our phone numbers and emails will stay the same.
- If you receive services in your community, you will continue to receive case management through HCLA, even if your provider is a state-operated program in the Behavioral Health and Habilitation Administration.
- HCLA will continue to support people who want to move from Residential Habilitation Centers and other facility-based care to the community.

#### **We Are Listening**

These changes reflect a focus on making it easier for people to access the supports they need. Organizational shifts are just the beginning. Real change is going to take time and input from people who are most impacted. Please visit Reimagine DSHS to learn more. You can send us questions, comments or feedback at [Reimagine@dsht.wa.gov](mailto:Reimagine@dsht.wa.gov). If you have comments or questions specific to services for people with developmental disabilities, please email us.

Kris Pederson,

Deputy Assistant Secretary

Home and Community Living Administration, Developmental Disabilities Community Services

Sign up here: <https://public.govdelivery.com/accounts/WADSHSDDA/subscriber/new>

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### 6.) Department of Social and Health Services

As of May 1, 2025, we have restructured our organization. Our goal is to streamline and improve our clients' experiences with the Department of Social and Health Services.

Key changes include the creation of two new administrations at DSHS:

- The Behavioral Health and Habilitation Administration, led by Assistant Secretary Kevin Bovenkamp.
- The Home and Community Living Administration, led by Assistant Secretary Bea Rector.

These new administrations will integrate the former Behavioral Health, Developmental Disabilities and Aging and Long-Term Support Administrations. This change helps us use the strengths of each former administration, making our work more efficient and better for the people we serve.

While our structure and names have changed, your contacts and services remain the same. Visit our [information page](#) to learn more about these changes.

We will share updates as the transition continues. We want to include opportunities for feedback from clients and community partners.

Thank you for your continued trust and support as we work toward a brighter future together.  
Warm regards,  
Cheryl Strange, Acting Secretary  
Department of Social and Health Services  
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## 7.) A Proclamation for the Dignity and Rights of All Human Beings

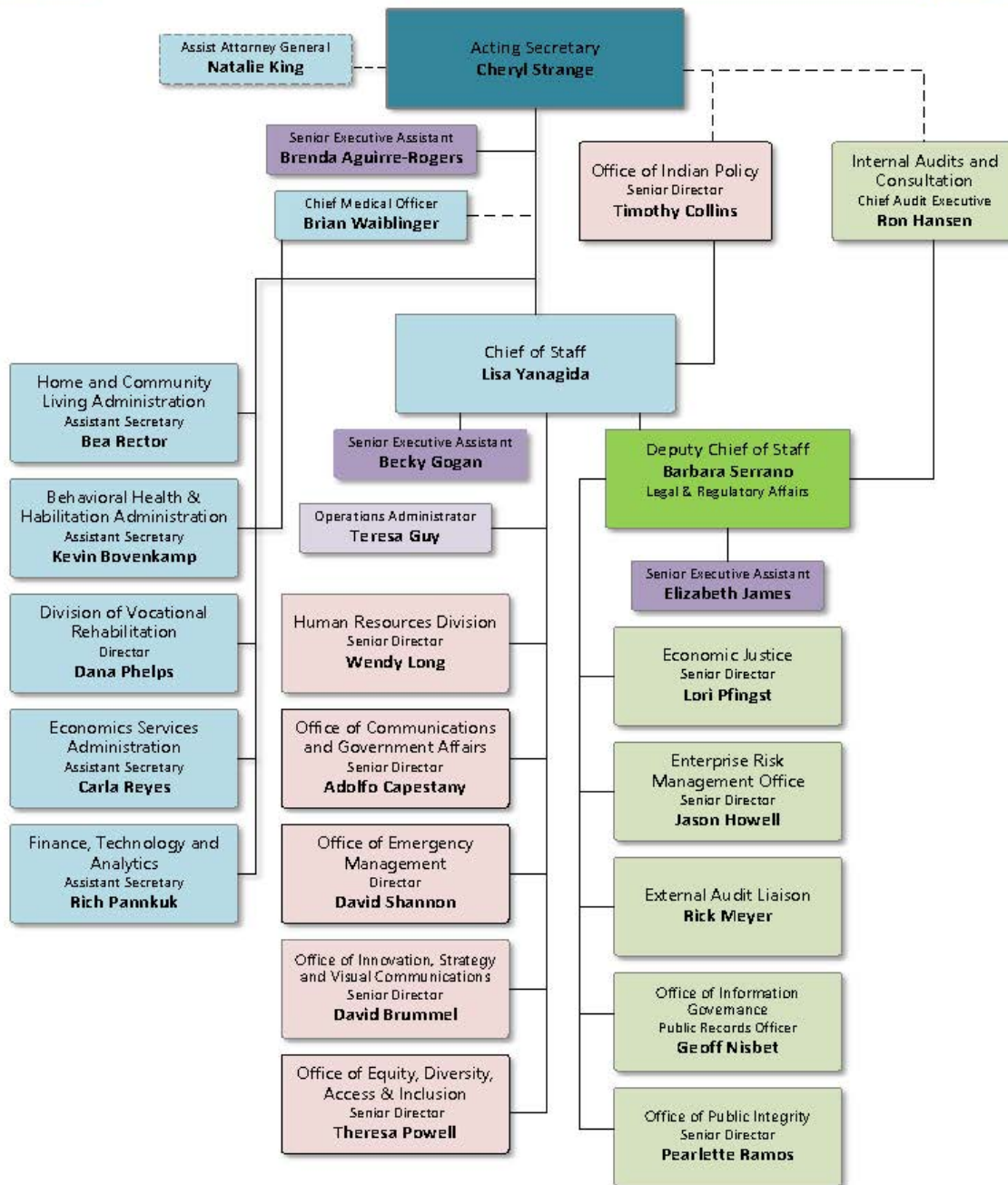
*[Click here to read.](#)*



Click here for more *[Info & Resources - Washington State \(arcwa.org\)](#)*



# CONFERENCES / SEMINARS & SPECIAL EVENTS



May 2025

May 1st was the first official day of our Reimagine DSHS effort. While there is much work to be done as this process evolves, I wanted to share the attached organizational chart, which is updated to reflect the newly formed and named administrations. As I have noted before, May 1, is not the flipping of a switch, but rather the first turning of the dial as we build this framework for the future.

Those of our staff in the realigned administrations will receive messaging from their leadership with more specifics about the restructuring and integration of services and programs, and how they apply to their area of the agency. This will include updated organizational charts with additional details about reporting structures.

I will continue to send updates as this effort evolves during the coming months. Thank you for your continued support of our programs and services.

Fondly,  
Cheryl

**CHERYL STRANGE** / Acting Secretary

Office of the Secretary

*Washington State Department of Social and Health Services*

(O) 360-902-7800 / [cheryl.strange2@dshs.wa.gov](mailto:cheryl.strange2@dshs.wa.gov)





# DCYF EARLY CHILDHOOD COMPLEX NEEDS TRAININGS

**FREE REMOTE PROFESSIONAL DEVELOPMENT,  
IN-SERVICE (STARS) HOURS IS OFFERED FOR ALL  
TRAININGS!**

DCYF is offering trainings to support childcare providers who support infants, toddlers, and preschoolers with complex needs. These trainings will be facilitated by the UW Haring Center and focus on deepening the provider's knowledge in several areas related to individualizing instruction, social-emotional learning, and understanding and supporting challenging behavior!

**Target Audience:** Infant & Toddler Providers (ages Birth-3yr), and Preschool Providers (ages 3-5 yr) - see training descriptions for the focus of each training

**Training Languages:** Trainings are offered in English, Spanish, and Somali!

**Register here:**

<https://tinyurl.com/DCYF-EngSp>



For questions or more information, contact  
Phoebe Yeung at [pcyeung@uw.edu](mailto:pcyeung@uw.edu)

**W** HARING CENTER  
FOR INCLUSIVE EDUCATION



**Registration in April-  
SAVE the DATE**



**No Registration Fee**  
**2025 Virtual Community Summit**

**Uniting for Impact:**  
**Engaging for Change**

**June 4,**  
**8:30 a.m. - 5:00 p.m.**

DSHS Developmental Disabilities Administration is proud to announce the 2025 Community Summit: Uniting for Impact, Engaging for Change. This year, the Summit will be an all-virtual conference, bringing together self-advocates, families, friends, partners and allies to collaborate in building more inclusive communities.

- Engaging keynote speakers.
- Virtual connection and networking opportunities.
- Virtual resource fair.
- Interactive sessions on issues impacting our communities.
- Save the date- Registration coming in April

***Facebook at "The Community Summit."***





Kinderling embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage, and the skills to soar



## 40<sup>TH</sup> ANNUAL FATHERS NETWORK CAMPOUT

**Date:** June 13, 14, and 15, 2025

**Time:** Friday, June 13 (late afternoon) - Sunday, June 15 (noon)

**Location:** Washington Park, Anacortes, WA

**Cost:** Group camping area is reserved at NO cost to families

Join us for our Annual Fathers Network Campout in beautiful Washington Park, in Anacortes, WA, to celebrate dads, our unique and wonderful children, and families. This event is open to ALL families who have children with disabilities or special health care needs.

**Questions?** Please email Matthew Rickmon at [Matthew.Rickmon@Kinderling.Org](mailto:Matthew.Rickmon@Kinderling.Org). Please remember that cell phone service in the park can be unreliable.

**Clothes:** Stay casual. Bring extra changes of dry and warm clothes.

**Food:** There is a large grill on site! Bring your own food & utensils, and a dessert to share on Saturday evening. Group dinner is on Saturday at 5:30pm. Ingredients will be provided for smores.

**Activities:** Playground, trails to explore, plus whatever you want to bring.

For more details, [click here](#).

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*This event is sponsored by the Washington State Fathers Network, a program of Kinderling.*



BELLEVUE | BOTHELL | REDMOND | RENTON  
[WWW.KINDERLING.ORG](http://WWW.KINDERLING.ORG) | (425) 747-4004





**MARINERS EPILEPSY  
AWARENESS GAME**

Come out to T-Mobile Park for Epilepsy Awareness  
Game on Saturday, August 2

With this special offer, you can help raise awareness for  
those battling Epilepsy and enjoy tickets for as little as  
\$10. Don't forget to wear purple!



VS



August 2, 2025



1:10 pm



T-Mobile Park

**BUY TICKETS HERE**

## Going to bat against Epilepsy.

Join us on **August 2** for Epilepsy Foundation Day at T-Mobile Park! We're partnering with the organization to support its mission in addressing the challenging health problems associated with seizures and promoting systemic change that will lead to sustainable improvement for all people living with epilepsy.

Please be aware that as part of our game presentation, there may be flashing lights and loud noises. These elements may occur during pre-game, in-game, and/or during post-game programming.

More information and purchase tickets here. [Epilepsy Foundation Day | Seattle Mariners](#)



Harborview Abuse & Trauma Center

## 2025 EDUCATION FORUM

**Save the Dates!**

These FREE online trainings are offered by the Harborview Abuse & Trauma Center. Designed for social services and mental health providers, topics are related to abuse, violence, trauma, treatment, cultural competency and prevention. For OCVA-funded programs, these trainings satisfy the requirements for sexual assault and/or crime victims training. Proof of attendance will be provided.

**DATES**

FRIDAY, JANUARY 10  
FRIDAY, FEBRUARY 7  
FRIDAY, MARCH 14  
FRIDAY, MAY 9  
FRIDAY, JUNE 13  
FRIDAY, SEPTEMBER 12  
FRIDAY, NOVEMBER 14  
FRIDAY, DECEMBER 12

**TIME**

10:00 - 11:30 AM PST

**MORE INFO**

All education forums are held on Zoom Webinar. Registration info will be announced on our listserv. For more information, contact: bharvey1@uw.edu



[HTTPS://DEPTS.WASHINGTON.EDU/UWHATC/EDUCATION-FORUM/](https://depts.washington.edu/uwhatc/education-forum/)

**UW Medicine**  
HARBORVIEW  
MEDICAL CENTER

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For OCVA-funded programs, these trainings satisfy the requirements for sexual assault and/or crime victims.

<https://depts.washington.edu/uwhatc/education-forum/>



## SURVEYS



The Washington State Developmental Disabilities Council (DDC) is gathering feedback to better understand the barriers and challenges faced by people with intellectual and developmental disabilities (IDD) and their families in Washington State. This input will directly influence our The Council's **5 Year State Plan**, which guides our work.

We need your help to ensure voices from all communities are heard, especially those in underserved or underrepresented areas. Here's how you can support this effort:

- **Take the survey** – Share your own insights and experiences by completing the survey here: [bit.ly/WADDCCSurvey](https://bit.ly/WADDCCSurvey)
- **Share the survey** – Help spread the word by sharing our posts on [Facebook](#) and [LinkedIn](#) with your networks.
- **Distribute the flyer** – Share the PDF flyer in your newsletters, social media pages, or community meetings, available here: [5 Year State Plan Survey \(Flyer\)](#).
- **Direct people to our website** – More information is available at [DDC 5 Year State Plan Survey / WADDCC](#).

**The survey closes on July 21, 2025, and is available in multiple languages** to ensure accessibility for diverse communities. We encourage you to share it widely, so all voices can contribute to shaping the future of IDD services and advocacy in Washington State.

Your outreach is vital in reaching individuals who may not otherwise have access to this survey. Together, we can ensure that all voices are heard and represented in our work to build a more inclusive and supportive Washington.



## National Core Indicators In-Person Survey

DSHS' Developmental Disabilities Administration is working with the University of Washington to do the National Core Indicators-Intellectual and Developmental Disabilities In-Person survey. This survey asks people about our services.

A surveyor from the University of Washington will contact some adults enrolled with DDA and their guardians. They will ask the person if they want to take part in an interview. Participation is voluntary and won't affect services in any way.

The University of Washington will keep all information confidential. No personal details will be included in any reports, and no one will know how people answered the survey questions.

Interviews will be scheduled at a time and place that works best for the person. Interviews can be in person or on Zoom. The interview will last about 60-90 minutes. The person can ask other people to join if they want.

Please see the [NCI-IDD website](#) for more information. If you have any questions, contact the University of Washington surveyors at 206-593-8277.

## Request for Participation: Transition Needs Assessment Survey

My name is Khimberly Schoenacker, and I am a nutrition consultant for the Washington State Department of Health, Children and Youth with Special Healthcare Needs (CYSHCN) team as well as a Master of Public Health student. I am conducting a needs assessment focused on the transition from pediatric to adult healthcare for youth with special healthcare needs in Washington State. We are seeking input from providers to better understand existing gaps and opportunities in the transition process. Your insights will help inform future programs and resources to better support youth and families during this critical time.

This survey should take approximately 15-20 minutes to complete, and your responses will remain confidential. *Kindly consider forwarding this survey to others who may have relevant experience or insights into Healthcare Transition (HCT).*

**Survey Link:** <https://www.surveymonkey.com/r/PediatrictoAdultCare>

Please complete the survey by **June 30, 2025**.

Thank you for your time and valuable input.

**TAKE OUR P2P SURVEY!** Please tell us how we're doing! Click on a link below.

<https://www.surveymonkey.com/r/2KCJHF2> (English)

<https://www.surveymonkey.com/r/M5JZWW8> (Spanish)



***Know someone that would benefit from receiving our  
Parent to Parent newsletter and is not on our mailing list?***



**Share our new QR Code for signing up to receive our monthly  
Washington State Parent to Parent newsletter.**



### **Misión de Padre a Padre**

Caminamos junto con los padres de niños con discapacidades del desarrollo y / o necesidades especiales de atención médica, conectándolos con el apoyo y la información con el compañerismo para que puedan dar ***el siguiente paso***.

### **Visión**

Todas las familias de niños con discapacidades del desarrollo y / o necesidades especiales de atención médica merecen el ánimo, la inclusión y las conexiones significativas que apoyen el bienestar familiar.

### **Valores**

- Creemos que los padres y cuidadores quieren lo mejor para sus familias y tienen la creatividad y la capacidad para superar los desafíos y celebrar los éxitos.
- Nos comprometemos a crear espacios seguros de reflexión, vulnerabilidad, fuera de cuestionamiento y de aprendizaje continuo para padres y cuidadores.
- Practicamos la inclusión y el respeto por todos con el compromiso de escuchar atentamente y aprender de los diversos puntos de vista de las familias a las que servimos.
- Honramos el trabajo gratificante y desafiante de los padres, cuidadores y aliados comunitarios.
- Participamos en asociaciones comunitarias a través de la publicidad, escuchando para fomentar la educación con inclusión en las comunidades donde las familias pueden prosperar.
- Promovemos la construcción de comunidades que sean equitativas, sin prejuicios sociales y saludables donde todas las familias y los niños puedan vivir vidas con inclusión, seguras y satisfactorias.





¿Qué Es Un Animal De Servicio?

La Red Nacional de ADA tiene información en Español:

<https://adata.org/what-is-a-service-animals>



Una herramienta de apoyo para los hermanos de niños con discapacidades, la aplicación SibTime presenta historias educativas bilingües y actividades interactivas para hermanos con desarrollo típico, de 3 a 6 años. Hay videos, podcasts con hermanos expertos y ejercicios para padres/cuidadores.

<https://influentzin.com/recruitment-sibtime-ii-english/>



RESERVA LA FECHA:

Cumbre Virtual de la Comunidad 2025:  
Unidos por el Impacto, Compromiso por el Cambio **4 de Junio, 2025**

La Administración de Discapacidades del Desarrollo del DSHS se enorgullece en anunciar la Cumbre Comunitaria Virtual 2025: Uniéndose para el Impacto, Comprometiéndose para el Cambio. La Cumbre Comunitaria continúa una larga tradición de conferencias centradas en ampliar el acceso al empleo con apoyo, la vida con apoyo y la tecnología de asistencia. Este año, la Cumbre se llevará a cabo virtualmente, reuniendo a personas con discapacidades intelectuales y del desarrollo, autogestores, familias, amigos, socios y aliados para colaborar en la construcción de comunidades más inclusivas. ¡Únete a nosotros virtualmente el 4 de junio! Más información próximamente.

Para mantenerse al día, visite [www.communitysummit.ws](http://www.communitysummit.ws) o siga la página de Facebook de la Cumbre Comunitaria.

<https://www.gowise.org/2025-virtual-community-summit-uniting-for-impact-engaging-for-change/>

Si tiene preguntas sobre la Cumbre Comunitaria 2025, comuníquese con el Coordinador del Comité Directivo de la Cumbre Comunitaria, Ron Bryan, en

[Ronald.Bryan@dshs.wa.gov](mailto:Ronald.Bryan@dshs.wa.gov).



## Mudarse al estado de Washington: Informando a las Familias

Los servicios y programas a menudo requieren que el individuo sea residente del estado de Washington. Si no eres residente, visita <https://wa.gov/how-to-guides/become-resident> para obtener una guía paso a paso para convertirse en residente del estado de Washington.

<https://informingfamilies.org/moving-to-washington-state/>

Recursos e información para la Educación en el Hogar  
La educación en el hogar puede ofrecer un enfoque individualizado de la educación. Esto permite que su estudiante encuentre el plan que mejor se adapte a sus necesidades. Para las familias con niños con discapacidades, la educación en el hogar puede brindar flexibilidad, instrucción personalizada y un entorno de aprendizaje con apoyo que puede ayudar a su estudiante a tener éxito.

Inscripciones próximamente.

<https://www.gowise.org/2025-virtual-community-summit-uniting-for-impact-engaging-for-change/>

<https://informingfamilies.org/home/schooling/>



El Departamento de Salud tiene información sobre La Planificación de una transición saludable

Plan de transición familiar

<https://doh.wa.gov/sites/default/files/legacy/Documents/8340/970-155-CSHCN-parent-es-L.pdf>



Tiene recursos en su idioma para que conozca sus derechos.

<https://www.justneighbors.org/recursos-para-conocer-sus-derechos>



Salud mental infantil en Washington Apoyando las necesidades de salud conductual de los niños, jóvenes y familias de Washington.

<https://kidsmentalhealthwa.org/>



Te puede ayudar a encontrar tu consulado mexicano en Estados Unidos

¿Cómo obtener el acta de nacimiento mexicana para los trámites de USCIS?

Prepárate con las clases de GED en español gratis y muchas más ayudas

<https://laredhispana.org/guias-recursos#:~:text=En esta edici%C3%B3n de Bienvenidos a Am%C3%A9rica%2C Jos%C3%A9,temas de inmigraci%C3%B3n%2C salud%2C educaci%C3%B3n%2C crianza y m%C3%A1s>

El ARC tiene Recursos de Campamentos para niños con necesidades especiales

<https://arcwa.org/info-resources/camp-resources/>



**Seattle Children's**  
HOSPITAL • RESEARCH • FOUNDATION

Transición a la Atención Médica para Adultos: de Seattle Children's

En algún momento entre las edades de 18 y 21 años, la mayoría de nuestros pacientes adolescentes dejarán Seattle Children's y comenzarán a ver a proveedores que atienden a adultos.

Lo ideal es que no se trate de un cambio brusco, sino de un cambio gradual. Será diferente para cada paciente y su familia, dependiendo de sus capacidades y necesidades.

Use la información y los recursos aquí presentes para ayudarlos a usted y a su hijo adolescente a prepararse para esta transición.

Sepa que el equipo de atención de su adolescente es un socio



Lifespan Respite Washington (LRW) comenzó en 2002 como una coalición estatal conocida como la Coalición de Respiro y Atención en Crisis de Washington (RCCCWA). En 2010, RCCCWA recibió su primera subvención federal Lifespan Respite para expandir el programa y buscar su sostenibilidad. En 2012, la coalición RCCCWA cambió su nombre a Lifespan Respite Washington (LRW). En septiembre de 2017, LRW recibió su quinta subvención por tres años a través de la Administración para la Vida Comunitaria de la Administración de los Estados Unidos para el Envejecimiento.

<https://www.lifespanrespitewa.org/>



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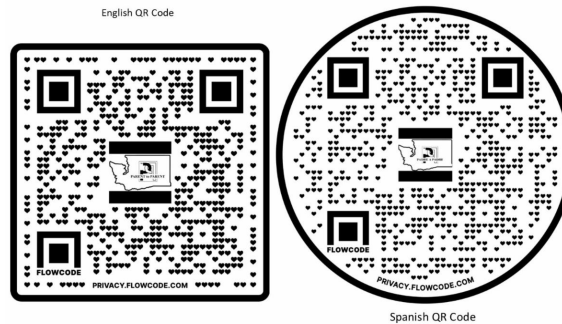
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*Haga clic aquí para obtener más información...*

## Espanol Recursos

Para compartir sus comentarios o historias participación en el programa de Padre a Padre, acceda al enlace o código QR que aquí les compartimos!

<https://www.surveymonkey.com/r/M5JZWW8>



**If you or your family is experiencing distress and needs support call:**

- ***National Parent & Youth Helpline 1-855-4 A PARENT or 1-855-427-2736***
- ***Info Children /Parent Helpline 1-778-782-3548***
- ***National Suicide Prevention 9-8-8***

***9-8-8 services will be available for Native Americans, in Spanish, or interpretation services in over 250 languages.***

SOME  
Super Heroes  
Don't have  
CAPES...  
They are  
called DAD

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***25 Fun Father's Day Food Ideas  
Kids Can Help Make...click here!***

ALLIANCE MEMBER



PARENT<sup>to</sup>PARENT  
USA

Committed to Parent to Parent USA  
Endorsed Practices

**Mission of Parent to Parent (P2P)**

We walk alongside those parenting children with developmental disabilities and/or special health care needs, connecting them with peer support and information so they can take the *next step*.

**Misión de Padre a Padre**

Caminamos junto con los padres de niños con discapacidades del



desarrollo y / o necesidades especiales de atención médica, conectándolos con el apoyo y la información con el compañerismo para que puedan dar *el siguiente paso*.

Email  
P2P



### For people with intellectual and developmental disabilities

The Arc of Washington State advocates for quality services and necessary funding to meet the needs of people with intellectual and developmental disabilities and their families.

The Arc has been the proud host of the Washington State Parent to Parent (P2P) Network for over 35 years, partnering with local agencies to bring community-based programming to families raising children with disabilities.

Become a Member of the Arc today for free and ensure that your voice is heard!

Find your Local  
P2P Group

Free  
Memberships  
Join The Arc of  
WA State

Join our P2P  
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**Give Us A Call:** (360) 357-5596 *option 2*

The Arc of WA/Parent to Parent | 2638 State Avenue NE | Olympia, WA 98506 US

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