



Washington State Parent to Parent (P2P) Monthly Newsletter



The Arc has been the proud host of the Washington State Parent to Parent (P2P) Network for over 35 years, partnering with local agencies to bring community-based programming to families raising children with disabilities.

April 2025

**Find your Local
P2P Group**

**Join The Arc of
WA State**

**Join our P2P
Facebook
Group**

Give Us A Call: (360) 357-5596 option 2



Advocacy is described by Merriam-Webster as 'the act or process of supporting a cause or proposal'. As parents and caregivers raising children with disabilities, learning to advocate is a journey. It often starts with speaking up, asking questions and communicating needs within health and

educational settings and can evolve into advocacy at a higher level, such as legislative advocacy. Wherever you are in this journey of advocacy, it's important to remember that educating others (especially those in decision making roles) helps them understand what's important, not only for your child and family but for others as well. Let's not be silent about things that matter!

Our lives begin to end the day we become silent about things that matter.
-Martin Luther King, Jr

~~~Tracie, Theresa, Maria and Jackie

Remember to check out our [Parent to Parent page](#) on The Arc of Washington's website ([P2P Map & Coordinator info](#) here). You can find up-to-date information about Coordinators and programs serving every County in Washington State!

[The Parent to Parent Family Stories](#) page on the website. *(Spanish)*



### **Mission of Parent to Parent**

We walk alongside those parenting children with developmental disabilities and/or special health care needs, connecting them with peer support and information so they can take the *next step*.

### **Vision**

All families of children with developmental disabilities and/or special health care needs deserve encouragement, inclusion and meaningful connections that support family well-being.

### **Values**

- *We believe parents and caregivers want the best for their families and have the creativity and capacity to overcome challenges and celebrate successes.*
- *We commit to creating safe spaces for reflection, vulnerability, questioning and ongoing learning for parents and caregivers.*
- *We practice inclusion and respect for all with a commitment to listen fully and learn from the diverse viewpoints of the families we serve.*
- *We honor the rewarding and challenging work of parents, caregivers and community partners.*
- *We engage community partnerships through outreach, listening and education to encourage inclusive communities where families can thrive.*
- *We promote building communities that are equitable, non-biased and socially healthy where all families and children can live inclusive, safe and fulfilling lives.*



## **INFORMATION & RESOURCES**

### **1.) Transitioning to Adult Healthcare-from Seattle Children's**

Somewhere between the ages of 18 and 21, most of our adolescent patients will leave Seattle Children's and begin seeing providers who care for adults.

Ideally, this will not be an abrupt change, but a gradual shift. It will look different for each patient and family, depending on their abilities and needs.

Use the information and resources here to help you and your teenager prepare for this transition. Know that your adolescent's care team is a key partner in this process. Share your hopes, concerns and questions with them.

[Click here for more information](#)

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## 2.) RUBI Program for Autistic Adults Research Study for Autistic Adults and Their Live-in Caregivers

Seattle Children's is part of a study testing a new intervention using RUBI with Autistic Adults.

The study is looking for:

- Autistic adults and their caregivers who currently live together and may experience behavioral challenges that impact daily routines, safety, self-care and/or quality of life.
- **Accepting participants on a rolling basis until Fall 2025!**

Participation involves:

- Participating in intervention sessions
- Completing study measures at 5 timepoints over 20 weeks.
- You will receive up to \$215 each for your time participating.

For more information, contact 206-884-8892 or [rubia@seattlechildrens.org](mailto:rubia@seattlechildrens.org)

[Click here for flyer](#)

**More intensive training from the RUBI Network:** <https://www.rubinetwork.org/training/>

It's great to have more options! We'd love to hear about your experiences with RUBI.

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## 3.) DDA Home and Community Based Services and Health Care Authority Medicaid benefits for children, youth, and young adults

DDA publication: [DDA HCBS and HCA Medicaid benefits for children, youth, and young adults](#).

DDA and the Health Care Authority created this one-page document to show the range of treatments and services available. We hope this easy-to-read overview helps you understand what Medicaid benefits and DDA Home and Community Based Services offer.

Please contact your case resource manager for more information about specific DDA services.

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## 4.) Inclusive Schools Workshop Series for Educators and Families

Free, virtual workshop series for families and educators from the Arc of King County, one of our partners in the [Inclusionary Practices Technical Assistance Network](#).

They will offer three sessions on:

- Understanding Disability.
- Insights on Supporting Families.
- Navigating Schools.

All classes are free and will be hosted online. You can watch them live, or later. For more information and to register please visit [The Arc of King County's webpage](#).

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## 5.) Kids' Mental Health Washington: Supporting the behavioral health needs of Washington kids, youth and families.

[Click here for website link and more information.](#)

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## 6.) Planning to move? Learn about DDA's Service Options

Discover resources to help you decide on DDA services or living options. This interactive document lets you click on pictures to learn about different types of homes and the support services available in a new place or community. It also includes videos that explain the different living options and services you can access.

Please check out the [Choose Your Path](#) link below. Note: this interactive document works best in

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## **7.) Changes and Updates Within the Social Security Administration**

If you or a loved one receive Supplemental Security Income (SSI) benefits you may want to learn about recent changes within the Social Security Administration.

*[Click here for more information.](#)*

*[Homepage - BenefitU](#)*

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## **8.) What is All Needs Planning?**

At its core, All Needs Planning is a team of caregivers formed to provide real-world planning for special needs families. In addition to being parents of special-needs children, we are also a highly qualified team of professionals who specialize in creating and managing comprehensive, concierge-model life plans customized to the needs and goals of your family.

All Needs Planning works with families from all backgrounds, at every stage of life, and with a variety of special-needs diagnoses. Our mission is to provide special needs planning for better todays and brighter tomorrows!

*<https://allneedsplanning.com/>*



Click here for more *[Info & Resources - Washington State \(arcwa.org\)](#)*



# **CONFERENCES / SEMINARS & SPECIAL EVENTS**

# Crafting and Implementing an Inclusive IEP

Introducing a new tool for IEP teams  
A webinar for parents & guardians

- April 22, 4 to 5:30 pm
- Spanish & Somalia interpretation
- Online via Zoom. [Register here!](#)

What does an inclusive IEP look like for students with high support needs?

This webinar unpacks Comprehensive Inclusive Education, a new tool developed by the TIES Center and the state's Office of the Superintendent of Public Instruction. It covers the 3 principles of comprehensive, inclusive education and 4 steps that IEP teams can use to support learners in an inclusive setting.



Scan for registration

Presenters: Jaimee Kidder (Ph.D, BCBA), Special Education Program Supervisor at OSPI; and Gail Ghore (Ph.D) and Jennifer Sommerness (Ed.S), researchers with the TIES Center and the National Center on Educational Outcomes (NCEO) at the University of Minnesota



**Co-hosted by community sponsors:**

## CRAFTING INCLUSIVE IEPs

**April 22, 2025 4:00 PM**

Join us for an overview of Washington's Office of the Superintendent of Public Instruction's (OSPI) new resource, Comprehensive Inclusive Education in Washington. Developed in partnership with the TIES Center at the University of Minnesota, this online resource helps families and schools create and implement truly inclusive IEPs. It integrates high-quality inclusive education—especially for students with extensive support needs—with the technical requirements of a well-designed IEP. Centering family and student voices, it builds a student-centered vision, challenges limiting beliefs, fosters collaboration, and supports inclusive education throughout the school day and year.

[Click here for Flyer for more information](#)

[Zoom Registration Link Click Here](#)



## Project ECHO Parent Education Series on Challenging Behavior

In partnership with the Haring Center for Inclusive Education, we are offering a remote parent education series for parents and caregivers of children ages 3-12 years old. This series focuses on joining a community that is a safe space for parents and caregivers to share their experiences, offer support to one another and develop strategies together to support challenging behaviors at home.

In this series, we will take a strengths-based approach to identify behavioral skills and strategies to support challenging behavior as well as strategies to teach new skills and behaviors. The series

welcomes a behavior analyst, special education teacher and mental health provider as well as a family advocate. Participants will have opportunities to discuss behaviors and problem-solve strategies and supports, and will get weekly handouts focused on behavioral skills and strategies.

This 12-week series runs **11 a.m. to noon on Fridays via Zoom**, beginning **Feb. 7** and ending **April 25**.

[\*Click here to register.\*](#) This series is free and translation is provided through subtitles if needed.



# DCYF EARLY CHILDHOOD COMPLEX NEEDS TRAININGS

**FREE REMOTE PROFESSIONAL DEVELOPMENT,  
IN-SERVICE (STARS) HOURS IS OFFERED FOR ALL  
TRAININGS!**

DCYF is offering trainings to support childcare providers who support infants, toddlers, and preschoolers with complex needs. These trainings will be facilitated by the UW Haring Center and focus on deepening the provider's knowledge in several areas related to individualizing instruction, social-emotional learning, and understanding and supporting challenging behavior!

**Target Audience:** Infant & Toddler Providers (ages Birth-3yr), and Preschool Providers (ages 3-5 yr) - see training descriptions for the focus of each training

**Training Languages:** Trainings are offered in English, Spanish, and Somali!

**Register here:**

<https://tinyurl.com/DCYF-EngSp>



For questions or more information, contact  
Phoebe Yeung at [pcyeung@uw.edu](mailto:pcyeung@uw.edu)

**W** HARING CENTER  
FOR INCLUSIVE EDUCATION

## DCYF Complex Needs Training Series - Spring Quarter 2025

The Washington State Department of Children, Youth and Families (DCYF) is offering trainings to support childcare workers who care for young children with complex needs. These trainings will be facilitated by the UW Haring Center and focus on deepening the provider's knowledge in several areas related to individualizing instruction and supporting social-emotional learning.

All trainings are FREE and will be held remotely via Zoom. **In-Service (STARS) hours will be offered for ALL trainings.** *This is not eligible for clock hours.*

**Target Audience:** Early Childhood Providers: Infant and Toddler Providers (Ages Birth-3 years) and Preschool Providers (ages 3-5 years) – see attached flyer for the focus of each training.

**Training Dates** - Click for the [attached flyer for topics and dates](#) in April and May. *Please note: All times listed are in Pacific Standard Time (PST).*

**Training Languages:** Trainings are offered in English, Spanish, and Somali.

You can register for trainings in **ENGLISH** or **SPANISH** here:

<https://forms.gle/atmkC7uYaRmBLxUD9>

You can register for trainings in **SOMALI** here: <https://forms.gle/E5pixo21AgZ3EoQW8>

Please email Phoebe Yeung ([pcyeung@uw.edu](mailto:pcyeung@uw.edu)) if you have any questions!



# W FOREFRONT SUICIDE PREVENTION

University of Washington Forefront Suicide Prevention trainings.

The cost is \$10/person

**April 29<sup>th</sup> at 12pm**

<https://www.eventbrite.com/e/forefront-suicide-prevention-learn-training-webinar-tickets-948235486867?aff=oddtcreator>

**Need help?**

Call or text 988 or chat online ([988lifeline.org](https://988lifeline.org)) to be connected to trained counselors 24/7.



**Registration in April-  
SAVE the DATE  
June 4,  
8:30 a.m. - 5:00 p.m.**

DSHS Developmental Disabilities Administration is proud to announce the 2025 Community Summit: Uniting for Impact, Engaging for Change. This year, the Summit will be an all-virtual conference, bringing together self-advocates, families, friends, partners and allies to collaborate in building more inclusive communities.

- Engaging keynote speakers.



- Virtual connection and networking opportunities.
- Virtual resource fair.
- Interactive sessions on issues impacting our communities.
- Save the date- Registration coming in April

*Facebook at "The Community Summit."*

**No Registration Fee**  
**2025 Virtual Community Summit**

**Uniting for Impact:**  
**Engaging for Change**



**2025 Infant and Early Childhood Conference**  
**May 5–9, 2025**

**2025 IECC Registration is Open!**

The Infant and Early Childhood Conference 2025 registration is officially open and we are pleased to

invite you to register!

The Infant and Early Childhood Conference (IECC) plays a critical role in providing high quality training opportunities in Washington State. The annual conference will offer a wide-variety of topics covering many aspects of early childhood education and support. This year, the conference will continue to be held via a virtual platform to allow for a safe and flexible learning environment! The conference provides high quality, evidenced-based workshops, and networking opportunities for families and providers to come together to learn, share and advocate on behalf of all young children. We hope that you will join us.

## REGISTER NOW:

<https://ieccwa.org/2025/registration/>

## SCHEDULE AT A GLANCE:

[https://ieccwa.org/2025/program/daily\\_schedule.php](https://ieccwa.org/2025/program/daily_schedule.php)

## PROGRAM SEARCH:

<https://ieccwa.org/2025/program/search>

Attendees may earn Clock Hours or STARS Credit for participation in any LIVE conference sessions they attend.

For additional conference information: <http://www.ieccwa.org/>

IECC and its partners continue to work together to make the event accessible to providers and families in the area. We understand that it is not just limited financial support but staff and childcare shortages that continue to cause stress for families and providers.

IECC would like to extend gratitude for all of its community partners who have made it possible for the 2025 conference to be offered FREE of charge!



Harborview Abuse & Trauma Center  
**2025 EDUCATION FORUM**  
Save the Dates!

These FREE online trainings are offered by the Harborview Abuse & Trauma Center. Designed for social services and mental health providers, topics are related to abuse, violence, trauma, treatment, cultural competency and prevention. For OCVA-funded programs, these trainings satisfy the requirements for sexual assault and/or crime victims training. Proof of attendance will be provided.

| DATES                | TIME                 |
|----------------------|----------------------|
| FRIDAY, JANUARY 10   | 10:00 - 11:30 AM PST |
| FRIDAY, FEBRUARY 7   |                      |
| FRIDAY, MARCH 14     |                      |
| FRIDAY, MAY 9        |                      |
| FRIDAY, JUNE 13      |                      |
| FRIDAY, SEPTEMBER 12 |                      |
| FRIDAY, NOVEMBER 14  |                      |
| FRIDAY, DECEMBER 12  |                      |

**MORE INFO**

All education forums are held on Zoom Webinar. Registration info will be announced on our listserv. For more information, contact: [bharvey1@uw.edu](mailto:bharvey1@uw.edu)

[HTTPS://DEPTS.WASHINGTON.EDU/UWHATC/EDUCATION-FORUM/](https://depts.washington.edu/uwhatc/education-forum/)

**UW Medicine**  
HARBORVIEW  
MEDICAL CENTER



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<https://depts.washington.edu/uwhatc/education-forum/>



## SURVEYS



# WADDC

The Washington State Developmental Disabilities Council (DDC) is gathering feedback to better understand the barriers and challenges faced by people with intellectual and developmental disabilities (IDD) and their families in Washington State. This input will directly influence our The Council's **5 Year State Plan**, which guides our work.

We need your help to ensure voices from all communities are heard, especially those in underserved or underrepresented areas. Here's how you can support this effort:

- **Take the survey** – Share your own insights and experiences by completing the survey here: [bit.ly/WADDCSurvey](https://bit.ly/WADDCSurvey)
- **Share the survey** – Help spread the word by sharing our posts on [Facebook](#) and [LinkedIn](#) with your networks.
- **Distribute the flyer** – Share the PDF flyer in your newsletters, social media pages, or community meetings, available here: [5 Year State Plan Survey \(Flyer\)](#).
- **Direct people to our website** – More information is available at [DDC 5 Year State Plan Survey | WADDC](#).

**The survey closes on July 21, 2025, and is available in multiple languages** to ensure accessibility for diverse communities. We encourage you to share it widely, so all voices can contribute to shaping the future of IDD services and advocacy in Washington State.

Your outreach is vital in reaching individuals who may not otherwise have access to this survey. Together, we can ensure that all voices are heard and represented in our work to build a more inclusive and supportive Washington.



**DSHS**  
WASHINGTON STATE  
Department of Social  
and Health Services

## National Core Indicators In-Person Survey

DSHS' Developmental Disabilities Administration is working with the University of Washington to do the National Core Indicators-Intellectual and Developmental Disabilities In-Person survey. This survey asks people about our services.

A surveyor from the University of Washington will contact some adults enrolled with DDA and their guardians. They will ask the person if they want to take part in an interview. Participation is voluntary and won't affect services in any way.

The University of Washington will keep all information confidential. No personal details will be included in any reports, and no one will know how people answered the survey questions.

Interviews will be scheduled at a time and place that works best for the person. Interviews can be in person or on Zoom. The interview will last about 60-90 minutes. The person can ask other people to join if they want.

Please see the [NCI-IDD website](#) for more information. If you have any questions, contact the University of Washington surveyors at 206-593-8277.



**TAKE OUR P2P SURVEY!** Please tell us how we're doing! Click on a link below.

<https://www.surveymonkey.com/r/2KCJHF2> (English)

<https://www.surveymonkey.com/r/M5JZWW8> (Spanish)



*Know someone that would benefit from receiving our  
Parent to Parent newsletter and is not on our mailing list?*



Share our new QR Code for signing up to receive our monthly  
Washington State Parent to Parent newsletter.



#### **Misión de Padre a Padre**

Caminamos junto con los padres de niños con discapacidades del desarrollo y / o necesidades especiales de atención médica, conectándolos con el apoyo y la información con el compañerismo para que puedan dar **el siguiente paso**.

#### **Visión**

Todas las familias de niños con discapacidades del desarrollo y / o necesidades especiales de atención médica merecen el ánimo, la inclusión y las conexiones significativas que apoyen el bienestar familiar.

#### **Valores**

- Creemos que los padres y cuidadores quieren lo mejor para sus familias y tienen la creatividad y la capacidad para superar los desafíos y celebrar los éxitos.
- Nos comprometemos a crear espacios seguros de reflexión, vulnerabilidad, fuera de cuestionamiento y de aprendizaje continuo para padres y cuidadores.

- Practicamos la inclusión y el respeto por todos con el compromiso de escuchar atentamente y aprender de los diversos puntos de vista de las familias a las que servimos.
- Honramos el trabajo gratificante y desafiante de los padres, cuidadores y aliados comunitarios.
- Participamos en asociaciones comunitarias a través de la publicidad, escuchando para fomentar la educación con inclusión en las comunidades donde las familias pueden prosperar.
- Promovemos la construcción de comunidades que sean equitativas, sin prejuicios sociales y saludables donde todas las familias y los niños puedan vivir vidas con inclusión, seguras y satisfactorias.



## RECURSOS EN ESPAÑOL



### MANOS UNIDAS INTERNATIONAL

Manos Unidas International, es una organización sin fines de lucro reconocida a nivel federal con sede en los EE. UU., con estatus 501c3 y una organización benéfica del estado de Washington. El programa destacado de MUI, “Ayllu”, traducido como “comunidad” en el idioma quechua, es un programa estratégico diseñado para crear un cambio sistemático amplio en los resultados del aprendizaje y la participación comunitaria de los niños con discapacidades en las comunidades latinas marginadas en los Estados Unidos y en todo el mundo. las Américas, a través de un plan de estudios en video patentado basado en la nube e intervenciones culturalmente adaptadas.

Nuestra meta es mejorar el acceso a información basada en evidencia, capacitación y herramientas de promoción para familias y educadores latinos para fortalecer la relación entre el hogar, la escuela y la comunidad.

<https://www.manosunidasinternational.org/es/about>



**El Programa Discover Pass del Estado de Washington** ha designado los días gratuitos del Discover Pass para 2025. En estos días, los visitantes no necesitarán un Discover Pass para estacionarse en Los Parques Estatales de Washington y en las tierras de recreación administradas por el Departamento de Recursos Naturales de Washington (DNR) y el Departamento de Pesca y Vida Silvestre de Washington (WDFW).

Los días gratuitos del Discover Pass 2025 son:

1 de enero: caminatas del primer día; Día de Año Nuevo 20 de  
 enero — Día de Martin Luther King, Jr  
 9 de marzo -- Cumpleaños de Billy Frank Junior  
 19 de marzo — Cumpleaños de los Parques Estatales  
 22 de abril — Día de la Tierra  
 7 de junio — Fin de semana de pesca gratis  
 8 de junio — Fin de semana de pesca gratis  
 19 de junio — Juneteenth  
 9 de agosto — Cumpleaños de Smokey Bear  
 27 de septiembre — Día Nacional de las Tierras Públicas  
 10 de octubre: Día Mundial de la Salud Mental  
 11 de noviembre — Día de los Veteranos



### **Cumbre Virtual de la Comunidad 2025:**

RESERVA LA FECHA:

Cumbre Virtual de la Comunidad 2025:  
Unidos por el Impacto, Compromiso por el  
Cambio

**4 de Junio, 2025**

La Administración de Discapacidades del Desarrollo del DSHS se enorgullece en anunciar la Cumbre Comunitaria Virtual 2025: Uniéndose para el Impacto, Comprometiéndose para el Cambio. La Cumbre Comunitaria continúa una larga tradición de conferencias centradas en ampliar el acceso al empleo con apoyo, la vida con apoyo y la tecnología de asistencia.

Este año, la Cumbre se llevará a cabo virtualmente, reuniendo a personas con discapacidades intelectuales y del desarrollo, autogestores, familias, amigos, socios y aliados para colaborar en la construcción de comunidades más inclusivas. ¡Únete a nosotros virtualmente el 4 de junio! Más información próximamente.

Para mantenerse al día, visite [www.communitysummit.ws](http://www.communitysummit.ws) o siga la página de Facebook de la Cumbre Comunitaria.

<https://www.gowise.org/2025-virtual-community-summit-uniting-for-impact-engaging-for-change/>

Si tiene preguntas sobre la Cumbre Comunitaria 2025, comuníquese con el Coordinador del Comité Directivo de la Cumbre Comunitaria, Ron Bryan, en [Ronald.Bryan@dshs.wa.gov](mailto:Ronald.Bryan@dshs.wa.gov).  
Inscripciones próximamente.



Washington Office of Superintendent of  
**PUBLIC INSTRUCTION**



Trabajar colectivamente para prevenir prácticas excluyentes y brindarles a todos los estudiantes del estado de Washington opciones y oportunidades.

La Red de Asistencia Técnica para Prácticas Inclusivas (IPTN) es una colaboración entre la OSPI, WestEd y socios educativos del estado de Washington. Es más que una red; es una fuerza transformadora que define el futuro de la educación inclusiva.

La IPTN está diseñada para brindar orientación de alta calidad, asistencia técnica (AT) y recursos de desarrollo profesional a los distritos para romper con los sistemas segregados de desproporcionalidad y reducir las prácticas excluyentes en las escuelas de Washington. Esto resultará en mejores resultados estudiantiles, con un enfoque adicional en los resultados y la inclusión de estudiantes con discapacidades intelectuales o del desarrollo (IDD) y de estudiantes afroamericanos con discapacidades.

[https://ospi-k12-wa-us.translate.google.com/translate/success/support-programs/inclusionary-practices-technical-assistance-network-iptn?\\_x\\_tr\\_sl=en&\\_x\\_tr\\_tl=es&\\_x\\_tr\\_hl=en](https://ospi-k12-wa-us.translate.google.com/translate/success/support-programs/inclusionary-practices-technical-assistance-network-iptn?_x_tr_sl=en&_x_tr_tl=es&_x_tr_hl=en)



**Campamentos de verano adaptativos y sensoriales:** Estos campamentos están diseñados para que las personas con movilidad reducida puedan disfrutar de

**¿Puedo ser el representante legal de mi hijo si no tengo un número de Seguro Social?**

**Las reglas actuales con respecto a los representantes de pago sin un SSN**

Recientemente se ha cuestionado si una persona sin Número de Seguro Social puede ser representante del beneficiario de un niño que recibe prestaciones del Seguro Social. Si bien ha habido *informes recientes* sobre un posible cambio, la respuesta breve es que, según la normativa vigente, sí.

<https://benefitu.org/>

aventuras al aire libre y actividades recreativas, como ciclismo o senderismo, en un entorno inclusivo. Disponibles para niños de 6 a 17 años.

**Los campamentos sensoriales** están diseñados para adaptarse a una amplia gama de sensibilidades sensoriales y ofrecen actividades personalizadas para garantizar una experiencia enriquecedora para campistas de todos los orígenes. Todos los campamentos se llevan a cabo en la Escuela Primaria Mary Lyon. Para niños de 6 a 11 años y de 12 a 17 años.

<https://arcwa.org/info-resources/camp-resources/>



La Oficina de Servicios Administrativos (Administrative Services Office, ASO) de Greater Columbia Behavioral Health (GCBH-ASO) ha asumido el compromiso de desarrollar y dirigir el Programa de Acceso y Recursos para la Juventud en nuestra región, el que implementará inicialmente en los condados de Benton y Franklin en enero de 2023. El objetivo fundamental de este programa es mejorar la coordinación de la salud conductual, así como el acceso a los servicios en este ámbito y a otros servicios de apoyo para jóvenes en edad escolar con necesidades complejas relacionadas con la salud conductual.

Creemos que nuestras comunidades sienten preocupación y pasión por las necesidades de salud conductual de los jóvenes. Nuestra meta es partir de la base de esa pasión para desarrollar una coalición diversa integrada por colaboradores comunitarios motivados capaces de identificar deficiencias en los servicios y generar soluciones creativas para garantizar el logro de un sistema de atención coordinado y con capacidad de respuesta para los jóvenes y sus familias.

El YARP estará conformado por un Comité Directivo, un Comité de Acción y un Equipo Multidisciplinario. El Comité Directivo estará a cargo de desarrollar el programa e identificar las deficiencias que presenten los servicios. El Comité de Acción trabajará para abordar dichas deficiencias y el Equipo Multidisciplinario (MDT) se reunirá con los jóvenes y con sus sistemas de apoyo para desarrollar soluciones, facilitar la promoción e identificar los sistemas de apoyo comunitarios para los jóvenes derivados.

<https://yarp.kidsmentalhealthwa.org/informacion-en-espanol/>



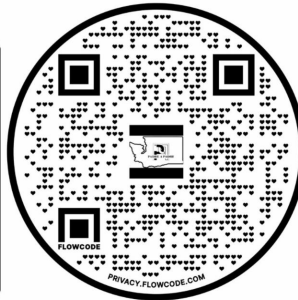
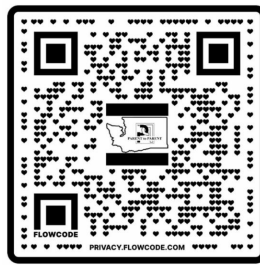
**[Haga clic aquí para obtener más información...](#)**

## **Espanol Recursos**



**Para compartir sus comentarios o historias participación en el programa de Padre a Padre, acceda al enlace o código QR que aquí les compartimos!**

<https://www.surveymonkey.com/r/M5JZWW8>



Spanish QR Code



If you or your family is experiencing distress and needs support call:

- ***National Parent & Youth Helpline 1-855-4 A PARENT or 1-855-427-2736***
- ***Info Children /Parent Helpline 1-778-782-3548***
- ***National Suicide Prevention 9-8-8***

*9-8-8 services will be available for Native Americans, in Spanish, or interpretation services in over 250 languages.*



***Easter Treats you can make with your kids...click here!***

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PARENT<sup>TO</sup>PARENT  
USA

Committed to Parent to Parent USA  
Endorsed Practices

### Mission of Parent to Parent (P2P)

We walk alongside those parenting children with developmental disabilities and/or special health care needs, connecting them with peer support and information so they can take the *next step*.

### Misión de Padre a Padre

Caminamos junto con los padres de niños con discapacidades del desarrollo y / o necesidades especiales de atención médica, conectándolos con el apoyo y la información con el compañerismo para que puedan dar *el siguiente paso*.



Email  
P2P



### For people with intellectual and developmental disabilities

The Arc of Washington State advocates for quality services and necessary funding to meet the needs of people with intellectual and developmental disabilities and their families.

The Arc has been the proud host of the Washington State Parent to Parent (P2P) Network for over 35 years, partnering with local agencies to bring community-based programming to families raising children with disabilities.

Become a Member of the Arc today for free and ensure that your voice is heard!

Find your Local  
P2P Group

Free  
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WA State

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**Give Us A Call:** (360) 357-5596 *option 2*

The Arc of WA/Parent to Parent | 2638 State Avenue NE | Olympia, WA 98506 US

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