The History of National Activities, Events, and Policies Impacting People with Intellectual & Developmental Disabilities (IDD)

collected by The Arc of Washington State, June 2025



1773 - "Publick Hospital for Persons of insane and Disordered Minds" - The first institution for people with disabilities was founded in Virginia

1935 - The Social Security Act was adopted

1950-1959

- **1950** First meeting of the National Association of Parents and Friends of Mentally Retarded Children (National Arc)
- **1954** Social Security Amendments include disability freeze provision, early disability policy

1960-1969

- 1961 President's Panel of Mental Retardation established by President John F. Kennedy
- **1963** Mental Retardation Facilities and Community Mental Health Centers Construction Act passed.
- **1965** Medicare and Medicaid created under Title XVIII and Title XIX of the Social Security Act.

- **1966** President's Committee on Mental Retardation formalized by President Lyndon B. Johnson.
- **1966** Title XIX Amendment to the Social Security Act was passed, establishing Medicaid services.

1970-1979

- **1972** Federal Title XIX regulations were finalized.
- **1973** The Rehabilitation Act was adopted Section 504 prohibits disability discrimination in federally funded programs.
- **1975 -** Federal "Education for All" (Public Law 94-142) was adopted.
- **1975** The Americans with Disabilities Administration (DD Act) was funded, providing each state with University Affiliated Programs, Protection and Advocacy and Developmental Disabilities Councils.
- **1978** Rehabilitation Act reauthorized; emphasizes independent living and client assistance programs.

1980-1989

- **1981** The Omnibus Budget Reconciliation Act (OBRA) allowed the state to apply for (1915 c) waivers to Medicaid to allow for federal Medicaid funds to be utilized for community services.
- 1984 The Rehabilitation Act was reauthorized
- **1987 -** Federal Title XIX regulations were revised
- 1987 OBRA '87 includes nursing home reforms and emphasizes individualized care
- **1987** The DD Act is reauthorized, including family support provisions

1990-1999

- **1990 -** The Americans with Disabilities Act (ADA) was passed
- 1990 Education for All Act was renamed the Individuals with Disabilities Education Act (IDEA) and was reauthorized
- **1992** The Federal Rehabilitation Act was reauthorized for five more years with emphasis on employment outcomes and expanded services
- 1994 The DD Act was reauthorized
- **1997** IDEA reauthorized; strengthens inclusion and accountability.
- **1998** Rehabilitation Act reauthorized with technology and employment emphasis.
- **1999 On June 22, 1999 the US Supreme Court issued the "Olmstead v. L.C." decision**, re-affirming the right of persons with disabilities to move out of institutions and receive care in the community.

2000-2009

- **2000** The federal Developmental Disabilities Act, including a family support section, was reauthorized for another seven years. Reauthorized with a focus on increasing community integration, employment opportunities, self-determination and person-centered planning
- 2003 President's Committee on Mental Retardation changed its name to President's Committee on Intellectual Disabilities.
- **2004 -** IDEA reauthorized to align with No Child Left Behind Act
- **2006** DD Act reauthorized, continuing family and individual supports
- **2009** The US faced a huge economic downturn. The federal government intervened by providing Federal Stimulus money

2010-2019

- 2010 Congress enacts the Affordable Care Act (ACA), providing a major healthcare overhaul.
- **2010 -** Congress passed Rosa's Law regarding Respectful Language
- 2014 Workforce Innovation and Opportunity Act (WIOA) reauthorizes the Rehabilitation Act.
- **2014** DD Act reauthorized with new provisions on inclusion and advocacy.
- 2014 The Achieving a Better Life Experience (ABLE) law was signed by President Barack Obama
- 2015 Every Student Succeeds Act (ESSA) Replaced the No Child Left Behind Act, setting new mandates for students with disabilities.

2020-2025

2024 - Autism CARES Act Reauthorized. Provides continued funding for autism research, training programs like the Leadership Education in Neurodevelopmental and Other Related Disabilities (LEND), and public awareness initiatives.