

Improved Outcomes and Strong Safety Data

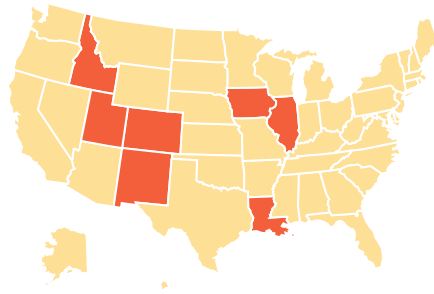
Prescribing Psychologist

A smart & sensible approach to increasing access to comprehensive behavioral health services while protecting patient safety

What is a Prescribing Psychologist?

A Prescribing Psychologist is a fully independent, licensed psychologist who has completed extensive training and been credentialed to prescribe psychotropic medication.

A growing number of states are Solving their Access issues by allowing for Prescribing Psychology



A total of 7 states and 3 federal agencies (Department of Defense, US Public Health Service Corp, and the Indian Health Service) are turning to prescribing psychology to address the unmet needs in their communities.

Prescribing Psychology has Proven Success in Lowering Suicide Rates

- Expanding prescriptive authority for psychologists **reduces the suicide rate between 5-7%**
- Hughes et al. (2023) estimated the **potential benefit of prescribing psychology nationwide:**
 - **844 fewer** nonfatal suicide attempts per 100,000
 - **805 fewer** suicide deaths per 100,000
 - **502 more** quality of life years

Prescribing Psychology has Comparable or Better Safety Records

	Prescribing Psychologists	Psychiatrists	Primary Care Providers
Reported Adverse Drug Events	1.5 - 1.7%	2.4%	1.7%
Emergency Department Visit <i>Related to mental health</i>	1.2 - 1.4%	1.6%	0.3%
Drug Adherence <i>Took meds more than 80% of days</i>	17%	14%	19%
Polypharmacy <i>More than one psychotropic class Rx</i>	17%	22%	6.6%

Prescribing Psychologists are as safe as psychiatrists, while working with complex cases.

Prescribing Psychology Increases Access for Children

- Probability of unmet mental health need was 5.4% lower in NM and LA than other states
- Probability of child receiving psychotropic med was 2.0% higher in NM and LA