



2025 Legislative Session Notebook

For people with intellectual and
developmental disabilities

Welcome!



TAKE AWAYS FROM THE 2024 SURVEY

The image features a central dark blue title card with white text. To its left and right are overlapping panels showing survey results. The left panel includes a pie chart for 'All respondents' with a '32%' label, a 'BIPOC' section with a '45%' label, and a 'Rural residents' section with a '38%' label. The right panel shows a list of legislative issues with an icon of a person being supported. At the bottom of the central card are logos for 'The Arc Washington State' and 'Many Voices / One Vision'.

IDD Support & Advocacy Survey

2024

For people with intellectual and developmental disabilities

The Arc
Washington State

Many Voices / One Vision
The Community Advocacy Coalition for Intellectual and Developmental Disabilities



ABOUT THE SURVEY

- 149 people took the survey
- 50% family members
- 12% persons with disabilities
- 10% professionals
- 26% multiple roles
- 79% identified as white
- 68% were age 46+



TOP CONCERNS: HOW I FEEL ABOUT THINGS

46	Workforce/Caregiving
29	Housing
22	Employment
22	Families/Senior Families
20	Inclusion/Community
17	Community Activities
16	Medical/Healthcare
16	System Challenges
16	Financial/Economic/Benefits



TOP LEGISLATIVE ISSUES

Housing	27
Caregiving/Workforce	13
Supported Living	3
Provider Rates	3
Tiered Rates	4
Mental/Behavioral Health/Crisis	11
Aging Caregivers	10
Employment/jobs	10
Isolation/Restraint	8
Social Engagement	8
ESIT	8





2025 LEGISLATIVE NOTEBOOK

Intellectual & Developmental Disabilities Issues



WHO ARE INDIVIDUALS WITH I/DD?

- Intellectual or developmental disability
- Lifelong conditions, such as autism, Down syndrome or Cerebral Palsy
- Affect a person's ability to think, learn, and develop skills at the same rate as others.
- Present from birth or early childhood
- Often need support for everyday activities
- Family members, friends, neighbors, classmates and co-workers

RCW 71.A disability attributable to intellectual disability, cerebral palsy, epilepsy, autism, or another neurological or other condition of an individual found by the secretary to be closely related to an intellectual disability or to require treatment similar to that required for individuals with intellectual disabilities, which disability originates before the individual





WHAT DO INDIVIDUALS AND FAMILIES WANT?

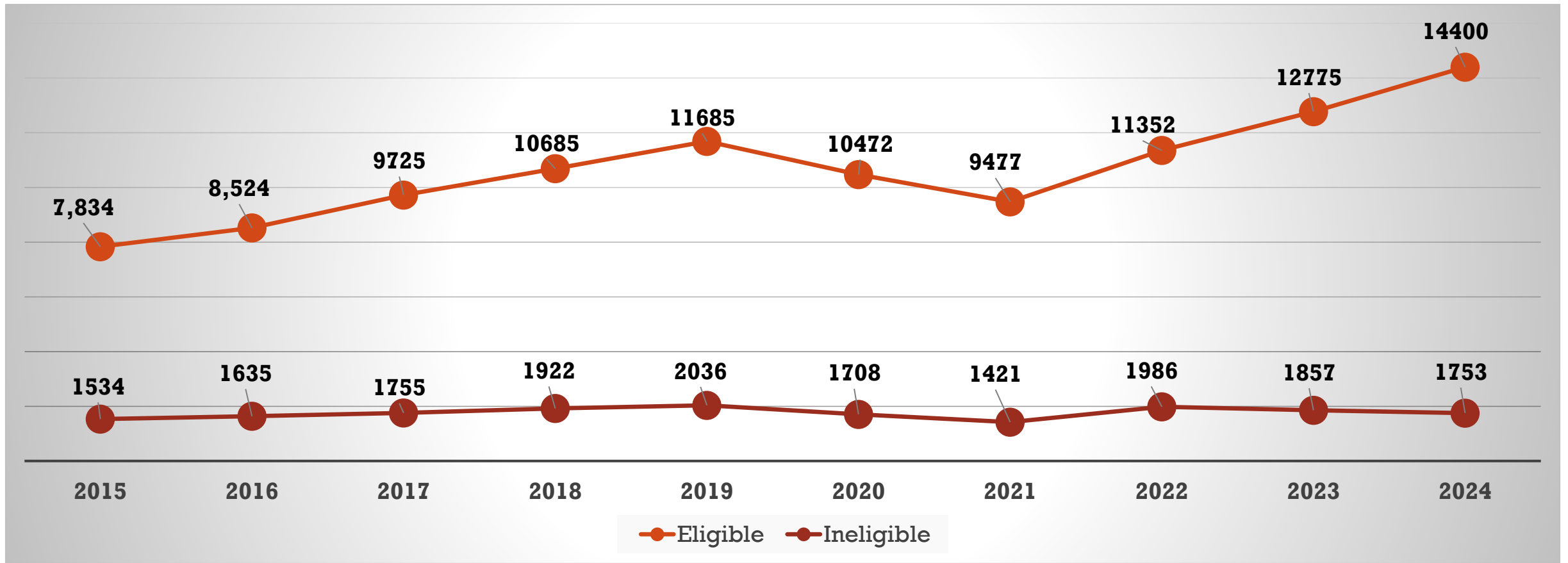
- To live, have access to, and belong in the community
 - The opportunity to learn and grow
 - A safe, affordable, accessible inclusive place to live
 - Meaningful things to do, including real jobs for real pay
 - To be healthy and have access to appropriate healthcare, including mental and behavioral health
 - Happy, healthy relationships
 - Appropriate, adequate supports available when needed
 - A transparent, easy-to-use service system
 - Economic stability
-The same things that everyone else wants



DDA SNAPSHOT

- 1-3% of the population has an intellectual or developmental disability (170,000)
- **61,272 DDA clients**
 - **34,797** children
 - **29,328** adults
- Of those **adults**, **16,306 (55.5%)** live with and receive care from a **parent** or a **relative**.

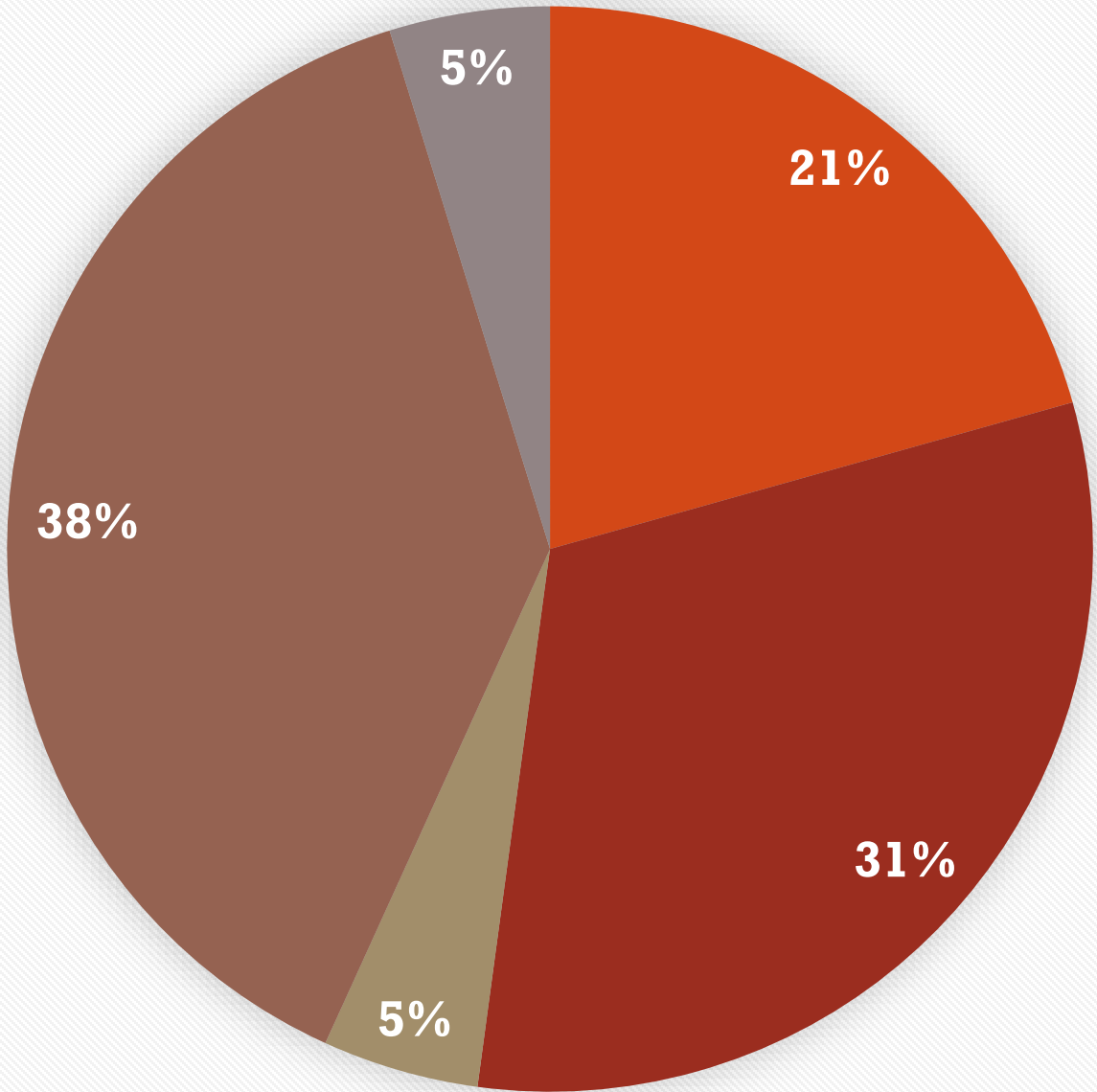




ELIGIBILITY



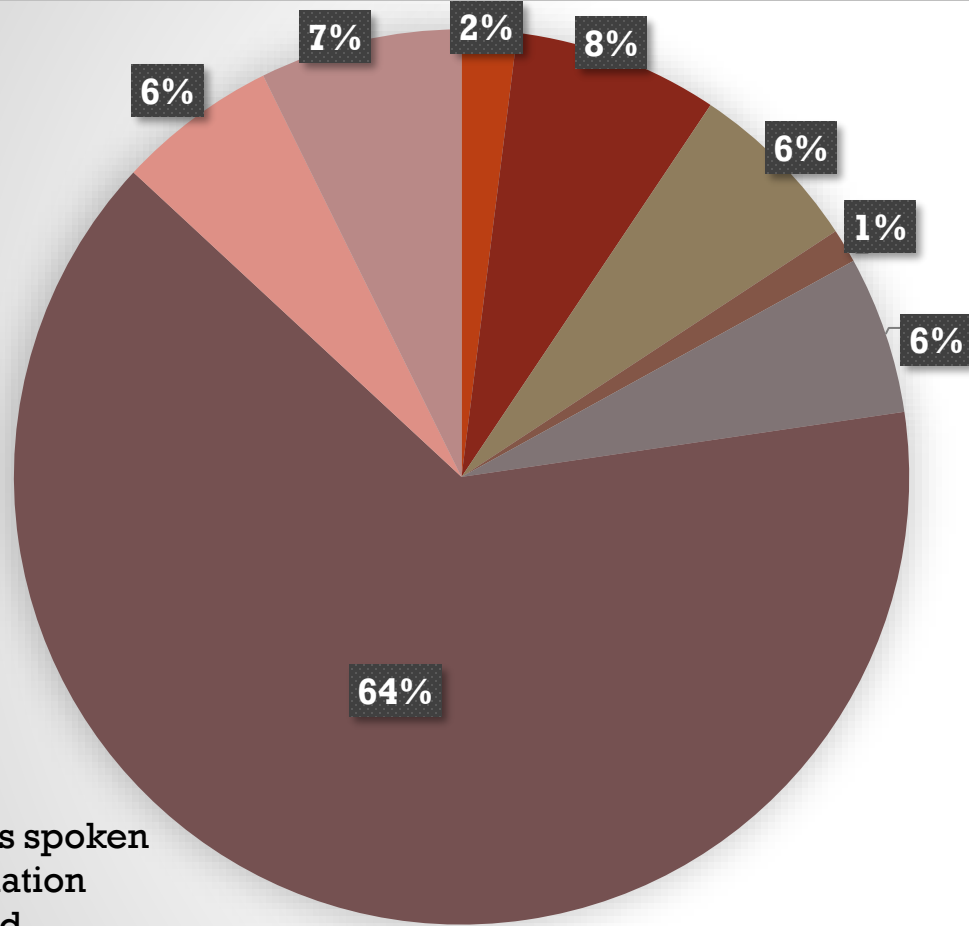
WHO DDA SERVES BY AGE



■ 0<3 ■ 3<18 ■ 18<21 ■ 21<62 ■ >=62

DDA JULY 2024 Caseload and Cost Report





- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian/Other Pacific Islander
- Other
- White
- Two or More Races
- Client chooses not to report/unable to report

14.5% of clients identify as Hispanic or Latino

96 different languages spoken
 3,580 with Tribal affiliation
 152 tribes represented

WHO DDA SERVES: RACE & ETHNICITY



WASHINGTON STATE RANKS 38TH IN PER CAPITA SPENDING FOR I/DD SERVICES



- 19,138 DDA clients receive NO paid services

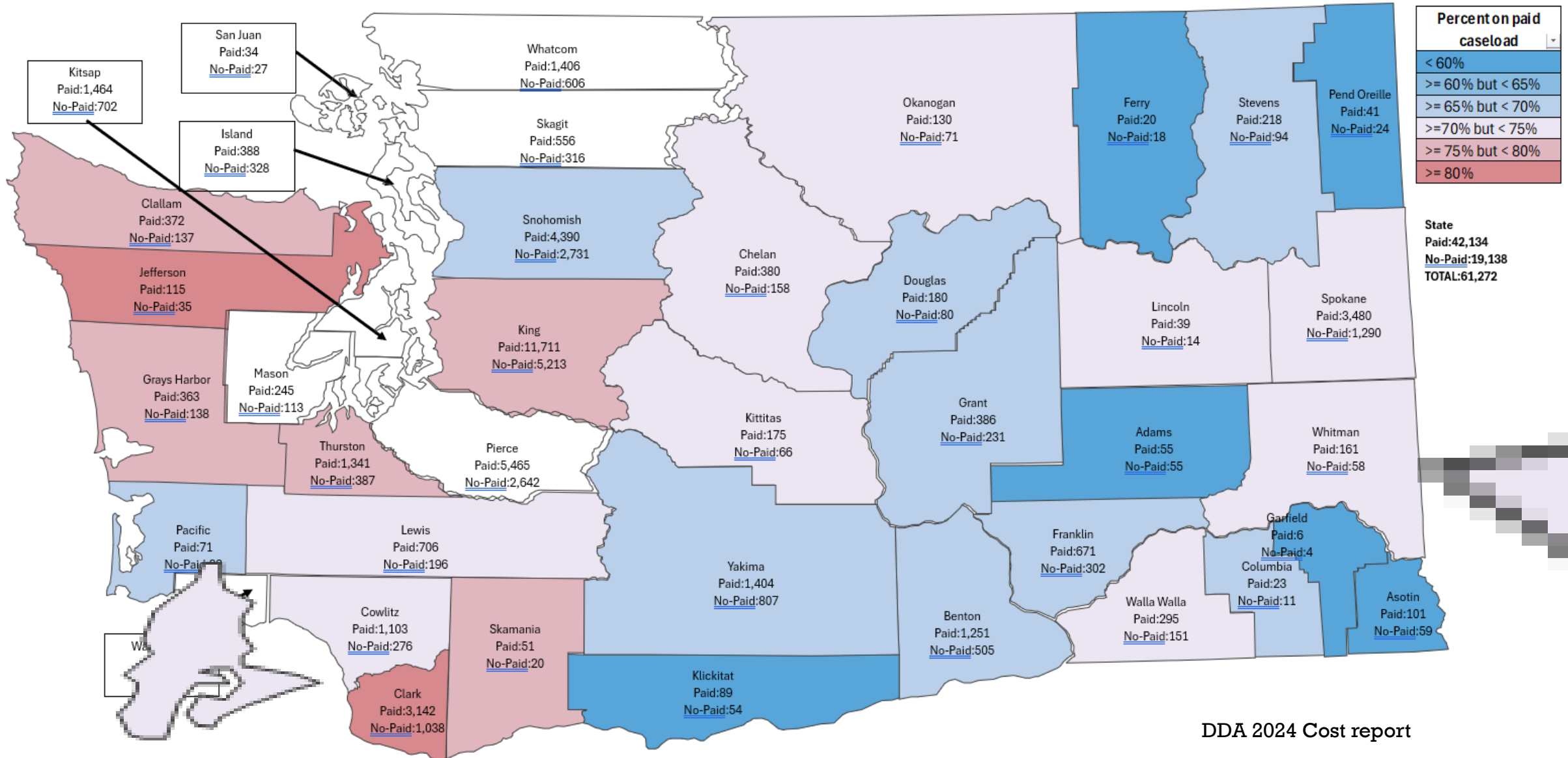
WASHINGTON
US STATE

DDA JULY 2024 Caseload and Cost Report



PAID VS. NO PAID SERVICES BY COUNTY

County and Caseload Type - 2024



DDA'S BUDGET

Field Services-\$310.9
6%

Residential
Habilitation
Centers-\$513.3
10%

State Operated
Community
Residential-
\$231
4%

Community Residential-\$1929
36%

Other Community & Professional Services-\$113.4
2%

Consolidated Maintenance and Operations-\$41.6
1%

Central Office - Program Support-\$12.7
0%

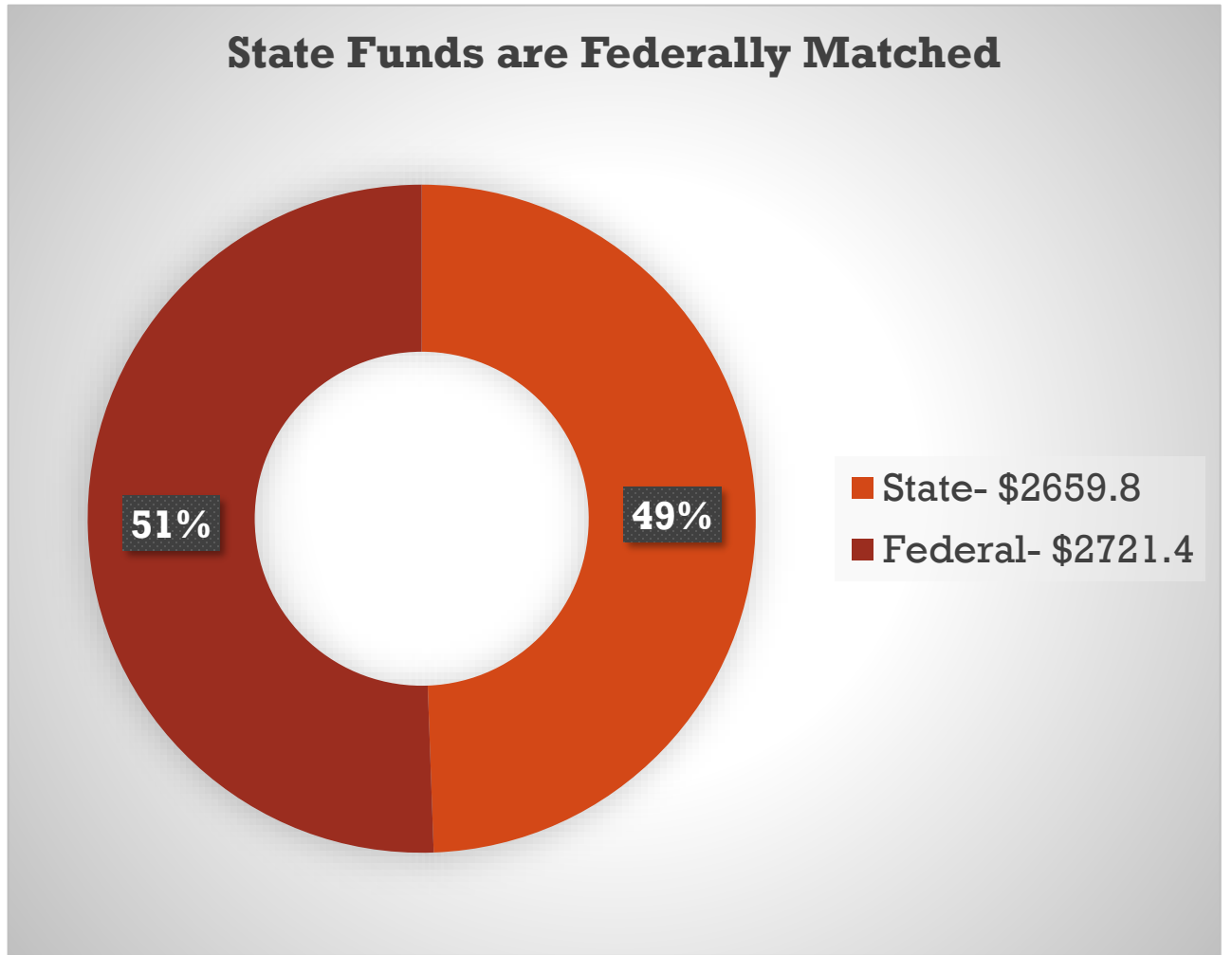
In-Home Services &
Supports- \$2229.3
41%

- In-Home Services & Supports- \$2229.3
- Community Residential-\$1929
- State Operated Community Residential-\$231
- Residential Habilitation Centers-\$513.3
- Field Services-\$310.9
- Other Community & Professional Services-\$113.4
- Consolidated Maintenance and Operations-\$41.6
- Central Office - Program Support-\$12.7

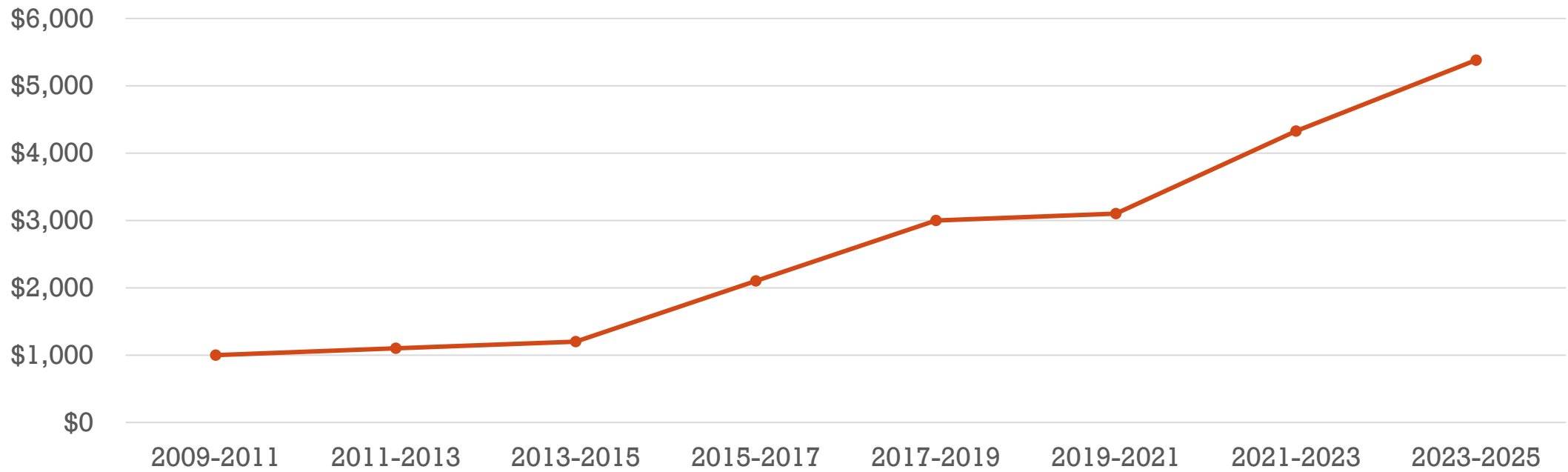
TOTAL: \$5381.2 Million

\$2,659.8 Million State Funds, \$2721.4 Million Federal Funds





Total: \$5,381.2 million

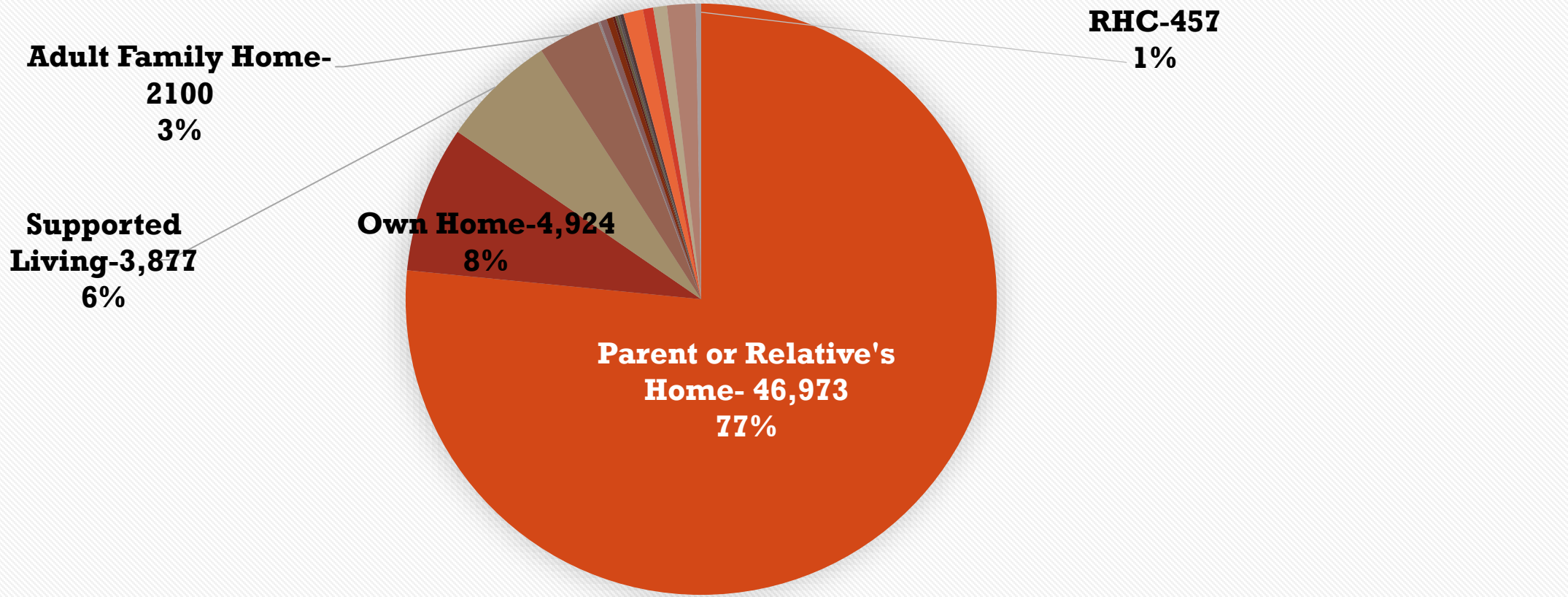


In Millions

DDA BUDGET GROWTH



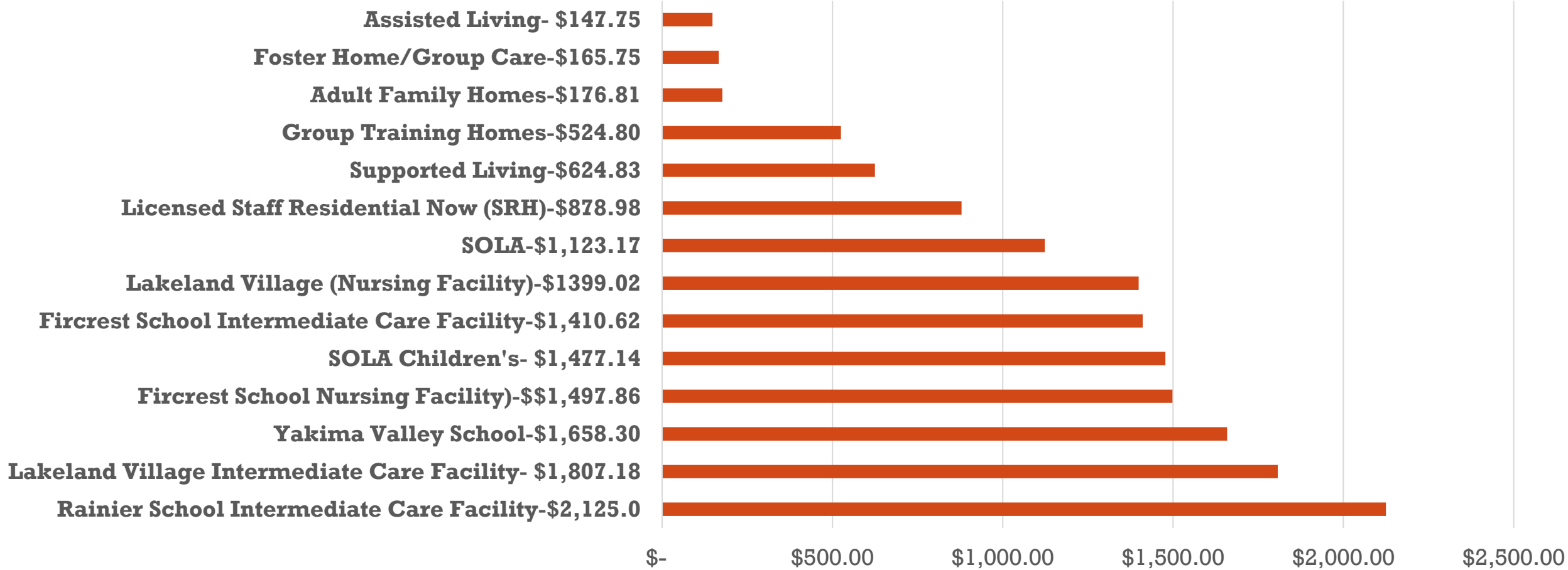
Where Do People Live?



- Parent or Relative's Home- 46,973
- Adult Family Home-2100
- SOLA-Adult-212
- SOLA- Child-10
- DCYF- Foster Care-660
- Other/Unknown-959

- Own Home-4,924
- Alternative Living- 75
- Companion Home-83
- Assisted Living-75
- Other Facilities-345
- Homeless-181

- Supported Living-3,877
- DDA Group Home-224
- Adult Residential Care-85
- DDA Out of Home Services-114
- RHC-457

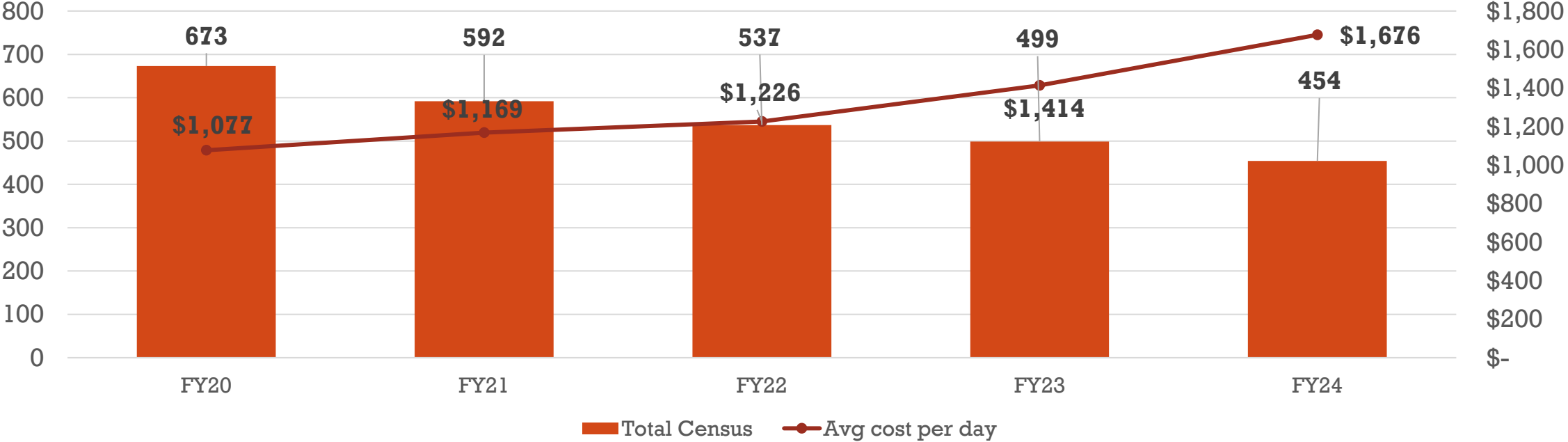


COST PER DAY BY RESIDENTIAL SETTING



RHC CENSUS AND COST

Residential Habilitation Centers (RHCs) Budget and Census



Approximately 1% of DDA clients live in an RHC

The RHCs are 10% of the DDA budget

CMS has emphasized the “intermediate” aspect of institutional care. It is the responsibility of the RHC not to house and protect people, but rather to be actively preparing them for leaving the RHC and integrating into the community



HOME & COMMUNITY BASED SERVICES: WHAT'S A WAIVER & WHAT ARE YOU WAIVING?

Home and Community Based Services (HCBS) waivers are set of Medicaid Services that are available for a specific population of people

Waives services in an institution to receive services in the community

Children: Waives the parental income to become Medicaid qualified

WA currently has 5 DDA Medicaid Waivers

Waiver services are state specific

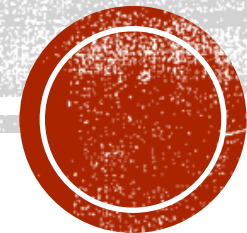
The number of DDA Waiver slots are capped

Waivers funding is federally matched 50/50

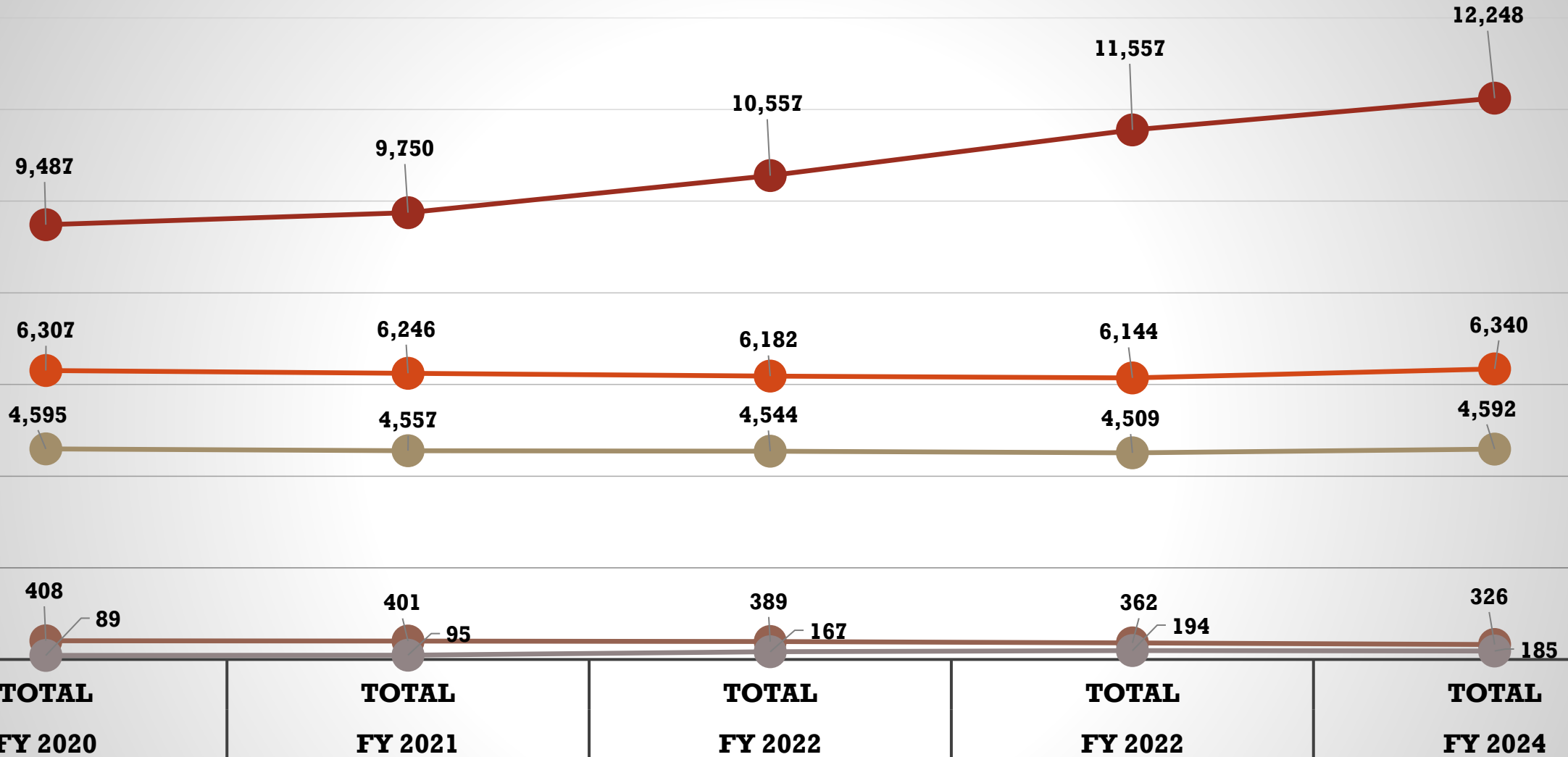


Waiver	FY 2024			Waiver Capacity
	Adult	Child	Total	
Individual and Family Services (IFS)	2,162	4,178	6,340	8000
Basic Plus	11,375	873	12,248	13,000
Core	4,547	45	4,592	5702
Community Protection	326		326	504
Children's In-home Intensive Behavioral Supports	48	137	185	200
Total	18,458	5,233	23,691	27,406

WAIVERS BY THE NUMBERS



WAIVER GROWTH



—● Individual & Family Services
 —● Basic Plus
 —● Core
 —● Community Protection
 —● Children's In Home Intensive Behavior Supports

**AVERAGE MONTHLY
WAIVER COST**

**Community First Choice, Medicaid
and CHIP Personal Care**

16,361

\$4,899

**Individual and Family Services
Waiver**

4,606

\$143

Basic Plus Waiver

9,850

\$1,020

CIIBS*

105

\$2,478

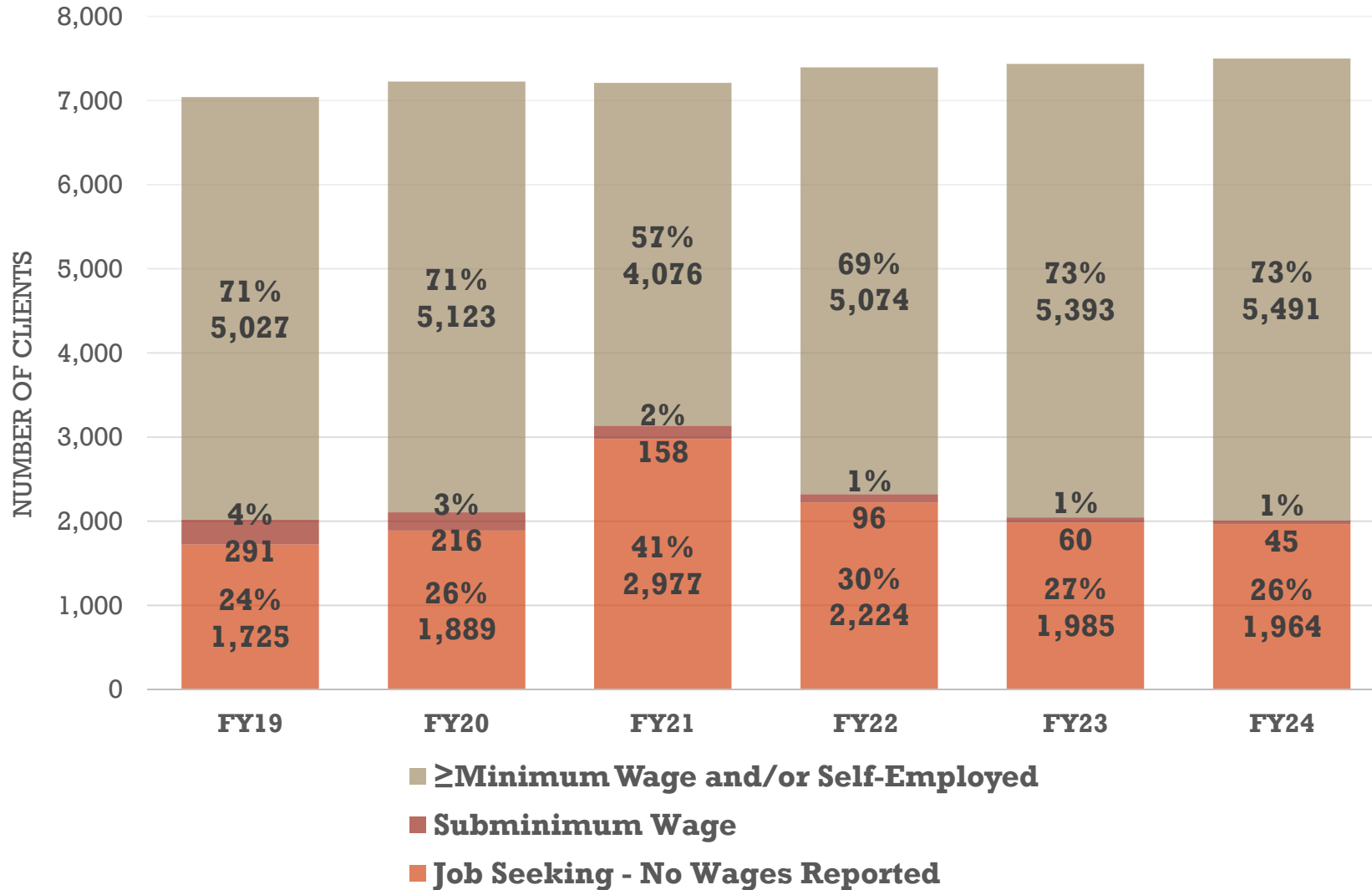
Core Waiver Residential**

3,828

\$17,709

■ Average Monthly Paid Caseload ■ Average Monthly Cost per Client

PEOPLE WORKING

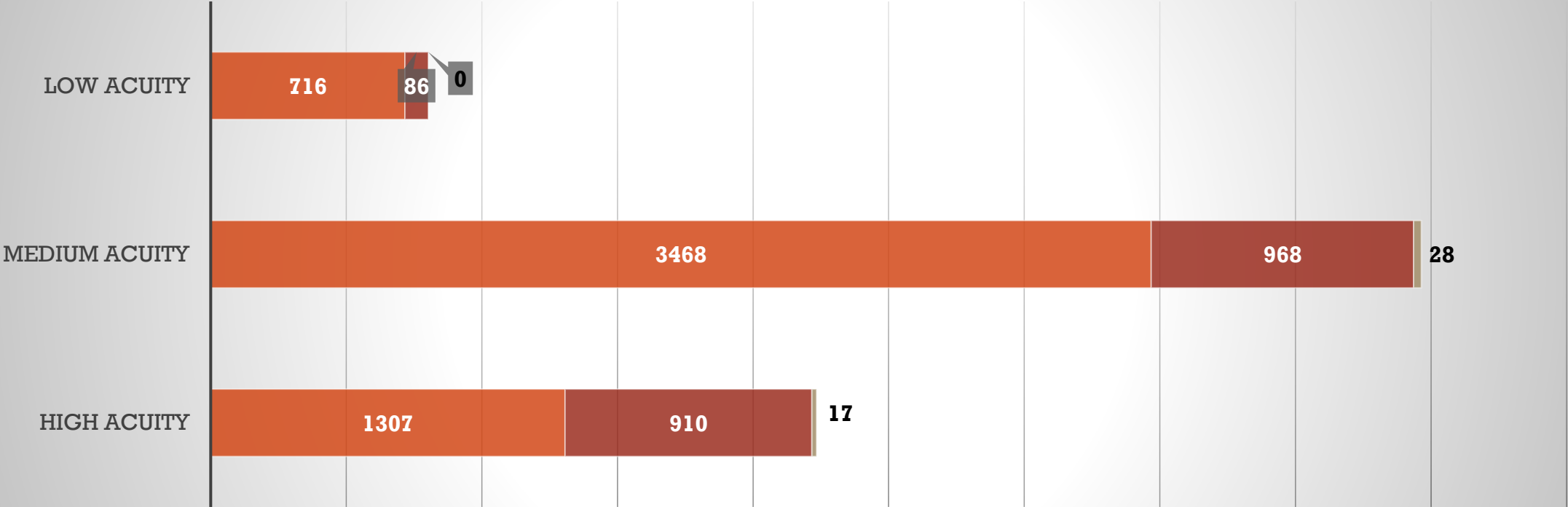




Service	Support Hours Per Week	Work Hours Per Week	Wages Per Week
Individual Employment	2.4	10	180.7
Group Supported Employment	2.4	7.6	125.78

WAGES & ACUITY LEVEL

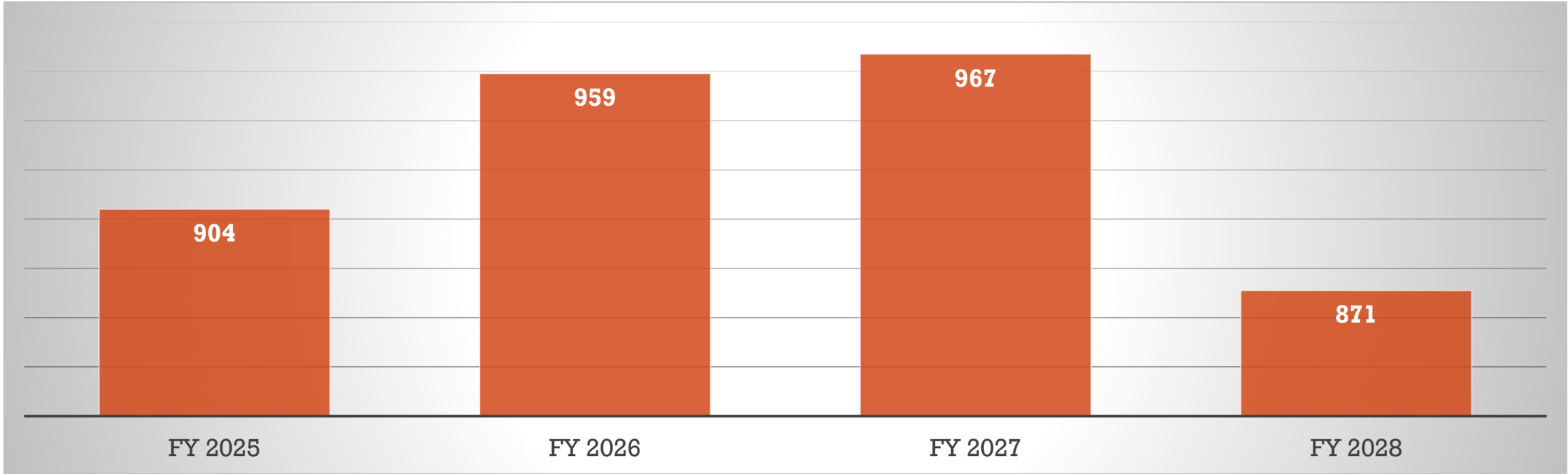
Fiscal Year 2024



Number of Clients

■ ≥ Minimum Wage or Self Employed ■ Job Seeking /No Wage ■ Subminimum Wage





TOTAL: 3701

PROJECTED TRANSITION AGE STUDENTS





ACCESS TO THE COMMUNITY

Community Inclusion
Average Support Hours
Per Week: 2.2

Number of Individuals
served: 2526

CHALLENGES



LACK OF CAPACITY



LACK OF CAPACITY LEADS TO CRISIS



- **Individuals**
 - don't get the care they need
 - end up isolated
 - end up in the hospital or jail
- **Families**
 - have to quit work
 - go into financial crisis
 - are separated
- **Agencies**
 - can't adequately serve new people
 - go out of business
- **Students**
 - don't get an appropriate education
 - Are isolated and/or restrained
 - get sent out of state



WORKFORCE





**LACK OF APPROPRIATELY AND
ADEQUATELY TRAINED
PROFESSIONALS**



LOW WAGES/RATES



ACROSS ALL SERVICES

- Healthcare
- Mental Health
- Behavioral Health
- Employment
- Local Community Programs
- Homecare
- Residential Services
- Childcare
- Education





HOUSING

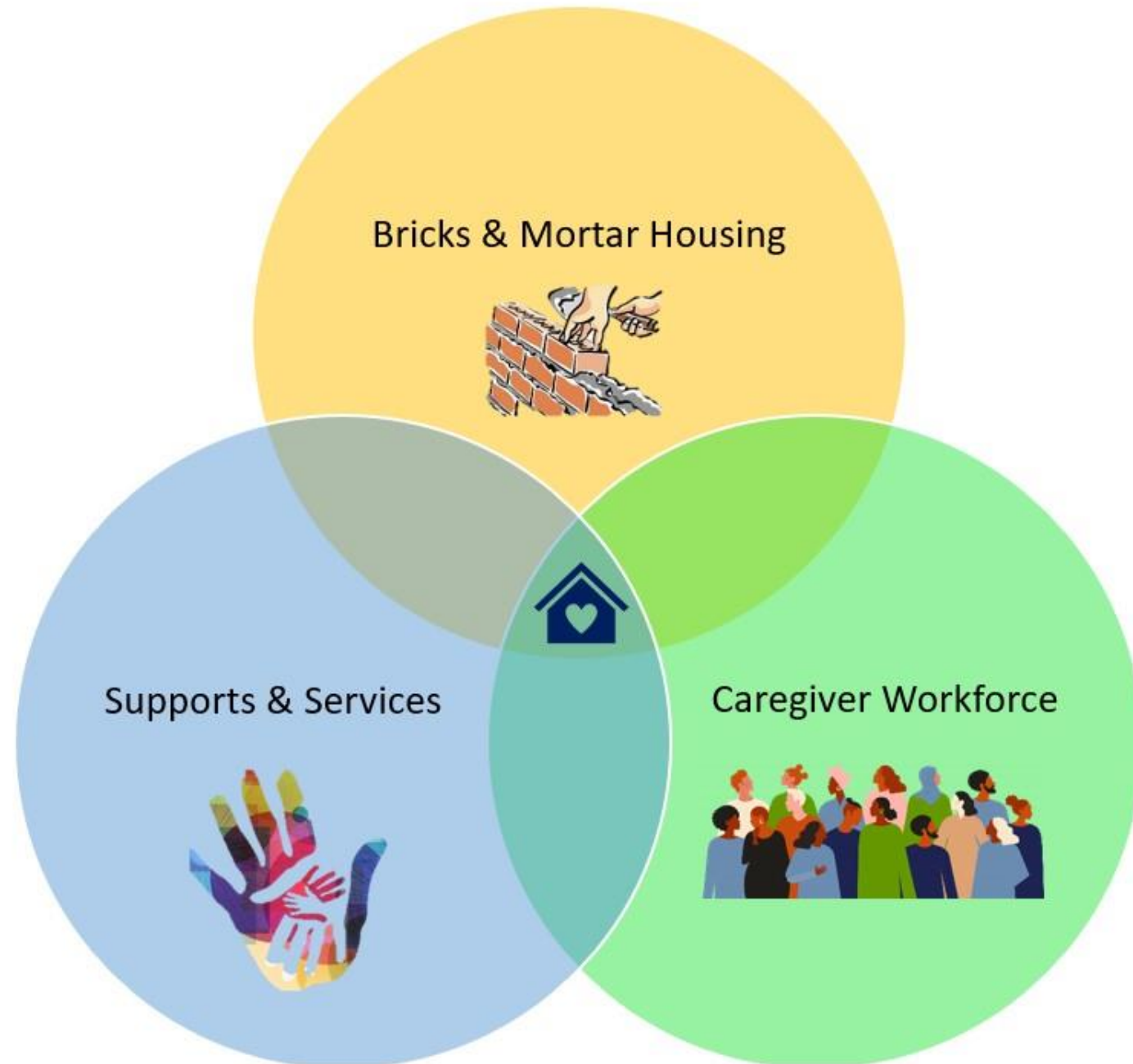


OUR POPULATION

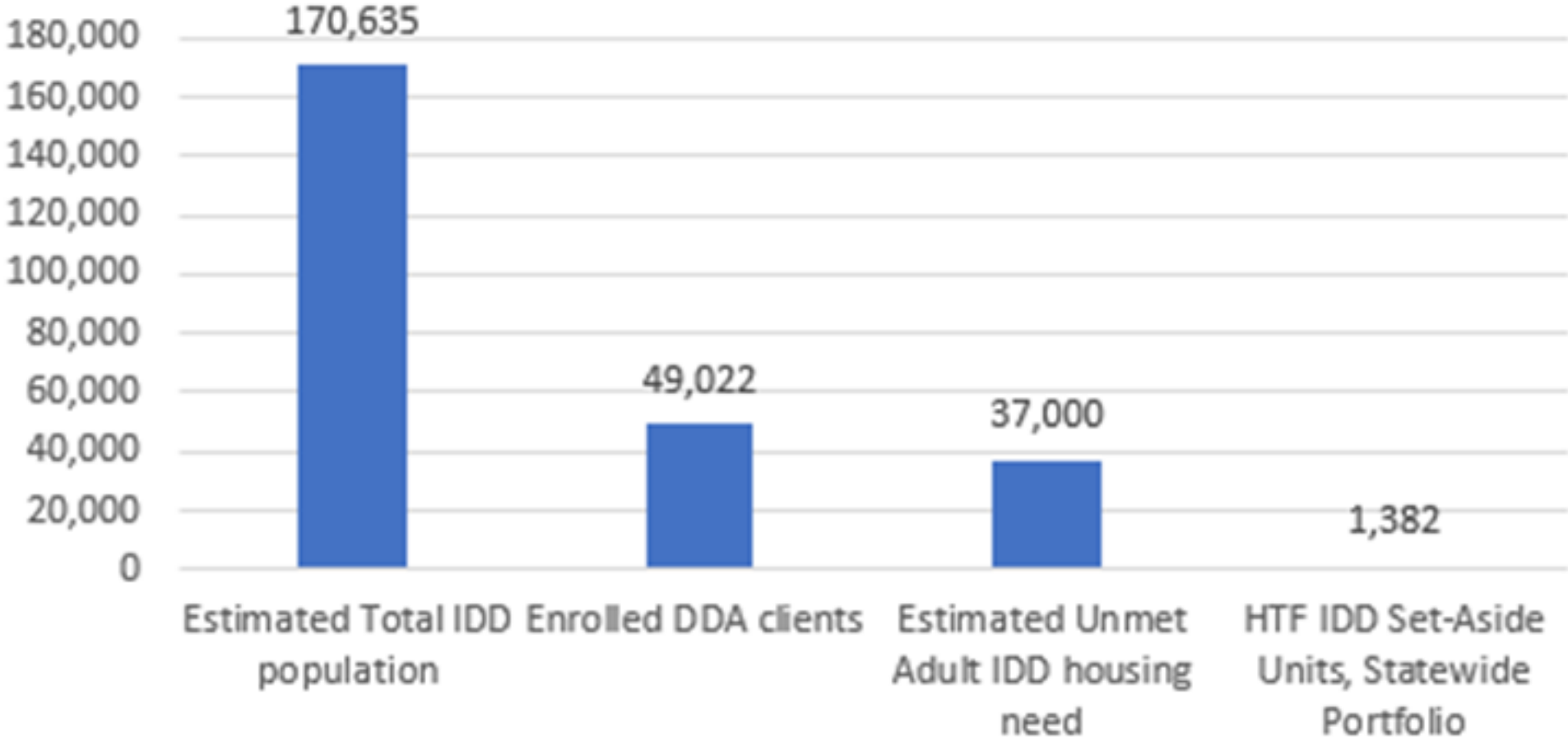


- Extremely low-income SSI= \$943 a month
- \$2000 asset limit SSI
- 30-40% of people with IDD have a concurrent mental health diagnosis –
- About 15% of people with IDD served in Supported Living need to live alone/have 1 person in the home





2021 Washington State IDD Population and Housing at a Glance





PRICED OUT

- There is no United States housing market in which a person living solely on Supplemental Security Income can afford a safe, decent apartment without rental assistance.

**Technical Assistance Collaborative, 2024 Priced Out report*



WHAT IS NEEDED?



- Affordable
- Accessible
- Integrated





FAMILY SUPPORTS

- Families are the long-term care system for individuals with I/DD
- **16,306 (55.5%) Adult DDA clients** live with and receive care from a **parent** or a **relative**
- It is estimated that more than 2000 individuals over the age of 40 are living with parent

FAMILIES NEED

- Affordable, Accessible Reliable Childcare and after-school programs
- Adequate funding for supports that give individuals meaningful things to do while family members work which provides financial stability to the family
- An occasional break from caregiving (respite)
- A reliable network of well trained, care providers
- Timely and easy to use services
- Information & support
- Assistance navigating systems



AGING FAMILY CAREGIVERS NEED

- Support to plan for the future
- Assurance there will be things in place when they are no longer able to provide care





EDUCATION REFORM IS NEEDED

- Washington is 44th in the nation in use of inclusive practices
- Washington continues to send many of our high acuity students with I/DD out of state.
- Washington continues to restrain and isolate students with disabilities disproportionately
- Washington continues to place a funding “cap” on school districts



TRANSPORTATION

- Individuals with disabilities often are unable to drive
- They need reliable, accessible public transportation to get to:
 - Work
 - The store
 - Medical appointments
 - Recreation
 - To church
 - To visit friends and family

To live the lives they want....



PROTECT DD SERVICES



- Individuals need these services to live
- The state has a moral obligation to ensure this population is cared for
- Individuals with I/DD receive services from many agencies, so they end up taking multiple cuts
- Equal cuts across state agencies are not equitable for people with I/DD

#Cuts #Cause #Crisis





CAN YOU HELP?

