

Developmental Disabilities Administration Fact Sheets

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Enhanced Respite Services

ERS enable Developmental Disabilities Administration-enrolled children access to short-term respite in a state-contracted and licensed staffed-residential setting. Services assist with behavioral stabilization and provide families with a data summary report upon discharge which recommends effective supports and strategies to address the child's challenging behaviors. ERS provide a break in caregiving for the families/caregivers.

A child may access ERS up to thirty days per calendar



Eligibility Requirements

- The child is determined eligible for DDA services per Chapter 388-823 WAC
- The child is at high risk of institutionalization and/or out-of-home placement
- The parents/caregivers have accessed available services the client is eligible for, including those available through private insurance, medicare, the medicaid state plan, and DDA The child must be at least eight years of age, or between ages 18 and 20 and enrolled in school

Quality Assurance Oversight

- Center for Medicare and Medicaid Services
- Department of Children, Youth, and Families
- Washington State Department of Health
- DDA Office of Compliance, Monitoring, and Training
- DDA Office of Quality Assurance and Communications

Stakeholders

- Individuals receiving services
- Families of program participants
- Advocacy organizations
- Contracted Enhanced Respite Services providers
- Department of Children, Youth, and Families
- DSHS' Behavioral Health Administration
- Washington State Health Care Authority
- Pediatric hospitals

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In 2020, Enhanced Respite Services were provided in multiple locations statewide to more than 21 clients. This number is lower than previous years due to the COVID-19 pandemic.

Washington State Department of Social and Health Services

Overnight Planned Respite Services

OPRS is a community-based service for Developmental Disabilities Administration-enrolled adults living with their primary caregivers. The service offers a break in caregiving and provides individualized activities and support to the client. Services are provided in a community setting (home or apartment) and are staffed by contracted, certified providers. Each respite setting serves one person at a time, using a person-centered plan developed with the primary caregiver to create a schedule with activities that meet the person's needs. Clients are able to access up to 14 days of support in a calendar year.



To be eligible for OPRS, a client must:

- Be eligible for DDA services per WAC [388-823](#);
- Be 18 years or older;
- Be living at home with a primary caregiver and not currently receiving residential habilitation services under the core waiver; and
- Identify a backup caregiver to respond in an emergency if the primary caregiver is unavailable.

Quality Assurance Oversight

- DDA Office of Compliance, Monitoring, and Training
- DDA Office of Quality Assurance and Communications
- DSHS's Adult Protective Services
- Washington State Department of Health

Stakeholders

- Individuals receiving services
- Families of program participants
- Advocacy organizations
- Certified overnight planned respite service providers

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[Overnight Planned Respite](#) locations exist statewide with a current total of 11 beds. Locations include: Spokane, Bellingham, Shoreline, Lynnwood, Tacoma, Olympia and Vancouver. Approximately 266 overnight planned respite stays occurred in 2020 .