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(360) 357-5596 *option 2*

WA State Parent to Parent (P2P) Newsletter: March 2023

[View All P2P Programs](#)

[Join Us On Facebook](#)



Welcome Spring...

Welcome March!

Counties, is getting ready for our annual SPRING TRAINING. This training will be held in mid-May at the Rainbow Lodge Retreat Center in North Bend. We've met virtually over the last 3 years and are so excited to be back together in-person, and in such a beautiful place! We have some great educational and networking opportunities planned and know our time together will bring rejuvenation for a group that does SO MUCH for SO MANY. Also, we have adapted a special title for this annual training. Starting this year, our title is: The Susan Atkins Annual P2P Coordinator's Training, in honor of Susan Atkins who poured her love, passion and advocacy into the Washington Parent to Parent Network for decades. Susan built a strong foundation for us that continues to carry us forward as we serve Washington families. We're grateful to the Washington Department of Health, CYSHCN Program, and the Developmental Disabilities Administration for supporting this training.

And, why we do what we do? This caregiver quote from a recent satisfaction survey sums it up perfectly:

'Joining P2P has been an amazing experience. The camaraderie and support has been essential, especially as a single mom whose young son was diagnosed with pervasive developmental delays and autism during the pandemic. The members have helped me learn about services, get connected with resources, and apply to programs. They have so much experience and knowledge that I rely on regularly. I recommend P2P to the other parents of young children with disabilities I meet through my son's school and therapies and am always surprised when I have not seen so many of these other parents in meetings. I am so grateful for my local group and could not have imagined negotiating the last two years without them'.

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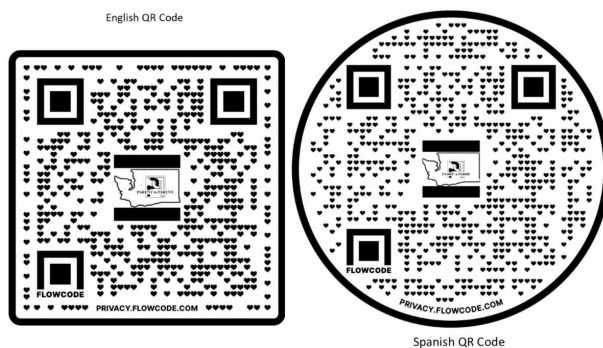
Welcome back Fabiola Solis, Multicultural Outreach Specialist for Skagit County P2P.

~~~Tracie, Theresa, Patricia and Jackie

To share your feedback or story about Parent to Parent, please visit (QR Codes below):

<https://www.surveymonkey.com/r/2KCJHF2> (English)

<https://www.surveymonkey.com/r/M5JZWW8> (Spanish)



Remember to check out our [Parent to Parent page](#) on The Arc of Washington's website ([P2P Map](#) & [Coordinator info](#) here). You can find up-to-date information about Coordinators and programs serving every County in Washington State!

[The Parent to Parent Family Stories](#) page on the website.



### Mission

We walk alongside those parenting children with developmental disabilities and/or special health care needs, connecting them with peer support and information so they can take the *next step*.

### Vision

All families of children with developmental disabilities and/or special health care needs deserve encouragement, inclusion and meaningful connections that support family well-being.

### Values

*We believe* parents and caregivers want the best for their families and have the creativity and capacity to overcome challenges and celebrate successes.

*We commit* to creating safe spaces for reflection, vulnerability, questioning and ongoing learning for parents and caregivers.

*We practice* inclusion and respect for all with a commitment to listen fully and learn from the diverse viewpoints of the families we serve.

*We honor* the rewarding and challenging work of parents, caregivers and community partners.

*We engage* community partnerships through outreach, listening and education to encourage inclusive communities where families can thrive.

*We promote* building communities that are equitable, non-biased and socially healthy where all families and children can live inclusive, safe and fulfilling lives.



## CONFERENCES / SEMINARS & SPECIAL EVENTS

### Welcome

The 2022 IECC conference will be held May 2-6, 2022 virtually via Zoom.



## 2020 Infant and Early Childhood Conference (IECC)

May 1-5, 2023



completely virtual via Zoom  
**SAVE the DATES**

~~IECC Partnership Opportunity~~

IECC is so thankful for its many community partners. Due to their support IECC has been able to shift its platform and offer the conference registration complimentary for all attendees the past few years. If your organization would be willing to partner with us please email the conference coordinator, Amanda Cardwell directly at [amandacardwell@frontier.com](mailto:amandacardwell@frontier.com).

\*IECC plans to offer STARS Credit and Clock Hours for this event.

For general conference information please visit [www.ieccwa.org](http://www.ieccwa.org). The purpose of the IECC Conference is to provide opportunities for families and service providers to come together to learn, share and advocate on behalf of all young children, especially those with developmental delays, disabilities and/or other special health care needs. Please direct all emails to [ieccreg@uoregon.edu](mailto:ieccreg@uoregon.edu) or [amandacardwell@frontier.com](mailto:amandacardwell@frontier.com)

## 2023 Public Policy Agenda

For People with Intellectual and Developmental Disabilities



**The Arc's vision is for people with intellectual and developmental disabilities (IDD) to be valued members of their communities with the opportunity to realize their full potential and a future that is secure.**

The Arc of Washington State has been advocating for individuals with intellectual and developmental disabilities (IDD) and their families since 1936. We work to ensure that the state knows the critical needs of both children and adults with IDD and that the necessary funding for those quality services and supports is consistently appropriated by the legislature.

The Arc of Washington State is committed to ensuring that individuals with IDD and their families have the information they need to have an active voice as legislative policies and budgets are crafted and passed each year.

### **This is a Biennium budget year for both capital and operating budgets.**

The Arc of Washington State has compiled input from members, stakeholders, and like-mission organizations and coalitions to identify legislative priorities for the 2023-2025 Operating and Capital budgets. The Arc works closely with the Developmental Disabilities Administration (DDA), the Governor's Office, and multiple agencies to provide input to agency Decision Packages and advocates for gaps in community-based services. The Arc works throughout the legislative session to track bills and provide education and information on the impact of legislation. There are also critical services used by people with IDD within other agency budgets. Throughout the session, you can find our "smiley face" Budget Side-by-Side chart on our website at <https://arcwa.org/billtracker/>. This will help with tracking bills and budget items throughout the legislative session.

**Respect.  
Dignity.  
Inclusion.**

For additional information:  
(888) 754-8798, ext. 6 or  
email [Diana@arcwa.org](mailto:Diana@arcwa.org)

August 2022

### **These Public Policies are Supported by:**

- The Arc of Washington State
- The Arc of Cowlitz County
- The Arc of Grays Harbor
- The Arc of King County
- The Arc of Snohomish County
- The Arc of Southwest WA
- The Arc of Spokane
- The Arc of Tri-Cities
- The Arc of Whatcom County



## 2023 Virtual Advocacy Days

**WE NEED YOUR FEEDBACK!**

[Click HERE](#) to let us know how each Advocacy Day was for you! Fill out the short form for each week you attend!



¡NECESITAMOS ESCUCHAR SU OPINIÓN!  
**Haz clic aquí** para dejarnos saber cómo le fue en cada uno de los Días de abogacía. Favor de llenar el cuestionario corto por cada semana que asistió.

## **Virtual Advocacy Days begin at 10:00 am.**

Spanish translators provided.  
Please register at the links below  
(different link for each week).

### **March 1st TEFRA & Waiver Services**

Register:  
[https://us02web.zoom.us/join/zoom/tZAKf-GqqD4rG9CUtEwF294ic3M\\_V7onAVT9](https://us02web.zoom.us/join/zoom/tZAKf-GqqD4rG9CUtEwF294ic3M_V7onAVT9)

### **March 8th Education Cap & Restraints**

Register:  
<https://us02web.zoom.us/join/zoom/tZcuf-quqjspGtan289WJcczzqhTaSjHEQoa>

### **March 15th Family and Senior Supports**

Register:  
<https://us02web.zoom.us/join/zoom/tZ0ufuCtpjsjGtbXydVA3QSEH7-FW3c1NJbR>

### **March 22nd Caseload Forecasting in the Budget**

Register:  
[https://us02web.zoom.us/join/zoom/tZ0sdO2grj0qHd3\\_WX5izcZYhtpt8J9bNzRW](https://us02web.zoom.us/join/zoom/tZ0sdO2grj0qHd3_WX5izcZYhtpt8J9bNzRW)

### **March 29th Workforce Shortage**

Register:  
<https://us02web.zoom.us/join/zoom/tZArd-uupz4iHNC3b-shnWgF0svgZZO6cP1F>

### **April 5th \*Residential Habilitation Centers (RHC)**

WASHINGTON STATE HANDS & VOICES

## **What's Up WEDNESDAY**

For families of DHH children

**Meet other families, ask questions, share  
support, celebrations and stories**

**Wed, Feb 22 7-8 PM  
Parent Advocacy &  
Self-Advocacy**

**Wed, Mar 22 7-8 PM  
The wonderful world of TEENS**

Join via Zoom <https://zoom.us/join>  
Meeting ID: 939 8330 9951  
Passcode: whatsapp

ASL Interpreted

## **Message from Washington's Hands and Voices**

Please share our recent news and updates with families of children who are deaf, deafblind, deaf plus or hard of hearing.

### **NEW DAY- What's Up Wednesday**

Last year families asked if we could plan our virtual family meet ups around sign language classes. After reaching out to organizations that offer sign classes, we have moved our virtual family meetings to the 4th Wednesday of the month.

Please share with families and professionals you know.

What's Up Wednesday is a meeting hosted by our Guide By Your Side team of Parent Guides and special guests for families (parents, extended family and caregivers) of children who are DHH to come together to meet other families, learn helpful tips and tools, ask questions, share support, celebrations and stories.

Captioning and ASL interpreting is provided.

Additional language interpreting upon request 2 weeks prior

**2023 dates**

Register:  
<https://us02web.zoom.us/join/registration/tZUodumgrj4iHdV7KWhJxGVIR25r2SCi-FFJ>

*\* Focus will be on the Rainier Lawsuit and downsizing with eventual closure*

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## Medically Complex Caregivers

Drop-in discussion group for foster and kinship caregivers of medically complex children.

Stop by for connections, resources, and fostering support.

**4th Tuesday  
of the Month**

**7:30 PM - 8:30 PM**

***Via Zoom with Meeting ID #  
8150 560 4085***

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## FREE TRAINING - TRAUMA- INFORMED SUPPORT OF INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES FOR DIRECT SUPPORT PROFESSIONALS

The University of Alaska Anchorage's Center for Human Development is offering the following free trainings by national expert Dr. Karyn Harvey:

**Sources of trauma for people with IDD.**

**March 11, 2023**

**10 a.m. to noon**

**Biological and psychological effects of trauma for people**

**for  
What's Up Wednesdays  
7-8 PM**

**Mar 22  
April 26  
May 24**

**Future topics include:**

- \* New to the Journey
- \* What's Safety Got to Do with It?
- \* Technologies that Support Access
- \* Understanding Parent Rights (Safeguards) and How to Use Them Effectively
- \* and more!

**Join: *Join Meeting - Zoom***

**ID: 939 8330 9951**

**Passcode: whatsapp**

For questions contact Christine Griffin  
Email (below):

[gbys@wahandsandvoices.org](mailto:gbys@wahandsandvoices.org)

Phone: 425-268-7087

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## 2023 Equity in Family Engagement Conference

*Click her for flyer*

**March 25th and 26th**

Virtual Conference

*Register here*

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## Seattle Children's 44th Annual Duncan Virtual Seminar Dismantling Ableism: Moving from Ally to Advocate

**March 31, 2023  
7:50 am - 4:15 pm**

Parents free  
Register by March 22nd  
*Register here*

See brochure below



with IDD.

April 8, 2023

10 a.m. to noon

Supporting individuals with IDD  
with the effects of trauma.

May 13, 2023

10 a.m. to noon



Supporting individuals with IDD  
to build a positive identity.

June 10, 2023

10 a.m. to noon

[Register Here](#)

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How to Register  
Online: <https://event.me/cuPvYt>  
Or contact: Seattle Children's Outreach Education  
[OutreachEducation@seattlechildrens.org](mailto:OutreachEducation@seattlechildrens.org)

Registration Fees  
Register by March 22, 2023  
Community.....\$100  
Professionals.....\$75  
Seattle Children's Employees.....\$50  
Students.....\$50  
Parents.....Free

Cancellation Fees and Refund Policies

- Cancellations received by March 22, 2023 will be issued a refund minus an administrative fee of \$25.00.
- There will be a \$50 administrative fee for cancellations received after March 22, 2023.
- We are unable to refund registration fees for no-shows or cancellations received on or after March 29, 2023.

Accreditation

- Provider approved by the California Board of Registered Nursing, Provider Number 8541 for 6.25 contact hours (pending). Participants will need to register through pdEnrollee with DSP1 to obtain clock hours.
- None of the speakers, planners, or faculty/content specialists have any conflict of interest nor will be discussing any off-label product use. This class has no commercial support or sponsorship, nor is it co-sponsored.



Seattle Children's Outreach Education

## 44th Annual Duncan Virtual Seminar

### Dismantling Ableism: Moving from Ally to Advocate

March 31, 2023  
7:50 am - 4:15 pm

#### Overview, Target Audience, and Course Objectives

The Duncan Seminar is an annual interdisciplinary conference focused on the care of persons with physical disabilities. It recognizes the major contributions of Doctor William Duncan, an orthopedic surgeon, to comprehensive interdisciplinary approaches to cerebral palsy in the Pacific Northwest.

Participants will be able to:

- Define ableism and types of ableism
- Examine how personal beliefs influence ableist policies
- Discuss how ableism exists within the healthcare system
- Identify how ableism intersects with education
- Identify ways to dismantle ableism

#### Faculty

Loraine Carney, FNP-BC, CNRN-BC, Nurse Practitioner, Madigan Army Medical Center, Tacoma, WA  
Heather Evans, PhD, Acting Assistant Professor, Department of Sociology, Disability Studies Program and The Juan Soto & Justice Department, University of Washington, Seattle, WA  
Heather Feldner, PhD, PT, MPT, Assistant Professor, Department of Rehabilitation Medicine, Core Faculty, Disability Studies Program, Associate Director, Center of Research and Education in Accessible Technology and Communication (CREAT), University of Washington, Seattle, WA  
Carrie Griffin Basas, JD, MEd, Executive Director, Disability Law Colorado, Denver, CO  
Silas James, MPH, Research Assistant, University of Washington Medical Center, Department of Rehabilitation Medicine, Seattle, WA  
Carmel Pacheco Jones, MEd, CPC, Executive Director, Health & Justice Recovery Alliance, Spokane, WA

#### Planning Committee

Angela Barnes, PhD, Developmental/Behavioral Pediatrician, Clinical Assistant Professor, Pediatrics, Seattle Children's, Seattle, WA  
Heather Carney, PhD, Developmental/Behavioral Pediatrician, Fellow, Madigan Army Medical Center, Joint Base Lewis-McChord, WA  
Sarah Colburn, MPH, RN, CNRN, Registered Nurse, Neurodevelopmental Clinic, Seattle Children's, Seattle, WA  
Ken Hesse, MD, PhD, MD, PhD, Pediatrician, Seattle Children's, Seattle, WA  
Shirley Feltner, PT, DPT, PCS, Physical Therapy Supervisor, Center for Human Development and Disability, University of Washington, Seattle, WA  
Alyssa Hsu, PhD, Assistant Professor, The Hagler Center, University of Washington, Seattle, WA  
Silas James, MPH, Research Assistant, University of Washington Medical Center, Department of Rehabilitation Medicine, Seattle, WA  
Kathleen Latham, PhD, Clinical Associate Professor, Psychiatry and Behavioral Sciences, UW, UW, Associate Director, Center on Human Development and Disability, University of Washington, Seattle, WA  
Jill McDermott, Program Director, Family & Family Health Information Center at UW, Tacoma, WA  
Emily F. Myers, MD, Developmental and Behavioral Pediatrician, Division of Developmental Medicine, Seattle Children's, Seattle, WA  
Yue-Yen Tang, MPH, RN, NPBC, Nurse Manager, Outreach Education, Seattle Children's, Seattle, WA  
Daniel Tolleson, MD, LTC, MC, USA, Chief of Developmental and Behavioral Pediatrics, Madigan



#### Course Agenda

|          |                                                                                                                                      |
|----------|--------------------------------------------------------------------------------------------------------------------------------------|
| 7:50 AM  | Welcome and Introduction<br>Emily F. Myers, MD                                                                                       |
| 8:00 AM  | What is Ableism? And Why Should You Care?<br>Silas James, MPH                                                                        |
| 9:05 AM  | How Ableism Intersects with Healthcare<br>Lorraine Carney, FNP-BC, CPNP-PC                                                           |
| 10:15 AM | Break                                                                                                                                |
| 10:30 AM | 44th Annual Duncan Award                                                                                                             |
| 10:45 AM | McLaughlin Keynote Lecture: Working Toward Disability Justice<br>Carrie Griffin Basas, JD, MEd                                       |
| 11:50 AM | Lunch                                                                                                                                |
| 12:25 PM | Intersectionality: Advancing Community Voices in Reform<br>Carmel Pacheco Jones, MEd, CPC                                            |
| 1:30 PM  | Break                                                                                                                                |
| 1:45 PM  | Next Steps: Activism Panel<br>Moderator: Kyann Flint                                                                                 |
| 2:45 PM  | Disability Allyship and Anti-Ableism in Healthcare<br>Education and Practice<br>Heather Evans, PhD and Heather Feldner, PhD, PT, MPT |
| 3:45 PM  | Ending in Beauty<br>Live Performance by Jennifer Msumba singing her song Dandelion                                                   |
| 4:00 PM  | Adjourn/Evaluation                                                                                                                   |



Kinderling embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage and the skills to soar.

KINDERLING



#### ONLINE FUTURE PLANNING WORKSHOP

Every parent of a person with a disability asks: "What will happen to my child when I am gone?" Siblings worry about the future and the roles they will play. The Sibling Support Project's Family Future Planning Workshop helps families find answers.

The workshop brings together individuals with disabilities, parents, siblings, and other involved family members and friends to explore legal, financial, residential, employment, and social considerations for the future. Families leave the workshop with an individualized letter of intent which serves as a roadmap for next steps in planning for a secure future for the loved one with a disability. This workshop is intended for individuals with disabilities age 18+ and their families.

##### Dates

All participants must attend each online session in the month you select. Please choose one:

March Future Planning Workshop – March 1, 8, 15, 22 6:30-8:00pm

May Future Planning Workshop – May 4, 11, 18, 25 6:30-8:00pm

##### How much does it cost?

This workshop is offered at no cost to participants.

For additional information and registration, visit [kinderling.org/future-planning-workshop](http://kinderling.org/future-planning-workshop) or email us at [sibshops@kinderling.org](mailto:sibshops@kinderling.org).

BELLEVUE | BETHLEHEM | REDMOND | RENTON  
WWW.KINDERLING.ORG | (425) 747-4004



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KINDERLING



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BELLEVUE | BETHLEHEM | REDMOND | RENTON  
WWW.KINDERLING.ORG | (425) 747-4004

## Sibling Support - Online Future Planning Workshop (*English & Spanish* flyers)

Every parent of a person with a disability asks: "What will happen to my child when I am gone?" Siblings worry about the future and the roles they will play. The Sibling Support Project's Family Future Planning Workshop helps families find answers. The workshop brings together individuals with disabilities, parents, siblings, and other involved family members and friends to explore legal, financial, residential, employment, and social considerations for the future. Families leave the workshop with an individualized letter of intent which serves as a roadmap for next steps in planning for a secure future for the loved one with a disability. This workshop is intended for individuals with disabilities age 18+ and their families

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WASHINGTON STATE  
HANDS & VOICES

2023 Family Workshop Series

## LOOKING BEYOND OUR CHILDREN'S BEHAVIORS

This interactive online workshop series is for families of children who are deaf or hard of hearing

Two sessions remaining!

Sat, February 25 9:00-10:30 AM

**BRAIN-BODY PARENTING**

Learn about the work of Dr. Mona Delahooke, our nervous system and how the brain-body connection works – you'll start to understand the WHY behind your children's behaviors!

Sessions presented by  
**ROSANNE CARTER, LMFT**  
INFANT & EARLY CHILDHOOD MENTAL HEALTH THERAPIST

Rosanne Carter has worked with families of young children since 1999. For fourteen years at an early intervention center, Rosanne has been committed to helping children, families, early childhood providers, and direct service providers better understand the importance of social-emotional health, well-being, and how strong, positive relationships can help children and adults develop trust, empathy, compassion, and have a better sense of who they are.

Passionate about supporting relationships, Rosanne believes in cultivating relationships through connection. The cornerstone to her work is exploring the depths of social-emotional health in the parent-child relationship. In her work, Rosanne supports families, early childhood providers, and direct service providers in developing the capacity to experience, regulate, and express emotions, form close and secure interpersonal relationships, and explore the environment, within the context of family and community, and culture – how they all influence every aspect of human development.

As a CODA (Child of a Deaf Adult) and DHH herself, Rosanne brings this type of experience and knowledge to her work as it relates to families of children who are deaf, deafblind and hard of hearing. We are pleased to welcome Rosanne in sharing this information with attending families.

To register scan QR code or click link below  
<https://bivs.org/2023>

gbs@wahandsandvoices.org • 425.268.7087 • www.wahandsandvoices.org

ESTADO DE WASHINGTON  
MANOS Y VOICES

Serie de Talleres Familiares 2023

## VIENDO MÁS ALLÁ DEL COMPORTAMIENTO DE NUESTROS HIJOS

Esta serie de talleres interactivos en línea es para familias con niños sordos o hipoacúsicos

Quedan dos sesiones

Sábado 25 de febrero, 9:00-10:30 AM

**CRIANZA CEREBRO-CUERPO**

Aprende acerca del trabajo de la Dra. Mona Delahooke, nuestro sistema nervioso y cómo trabajan las conexiones del cerebro-cuerpo. ¡Empezarás a entender el POR QUÉ detrás del comportamiento de los niños!

Sesiones presentadas por  
**ROSANNE CARTER, LMFT**  
TERAPEUTA DE SALUD MENTAL PARA BEBÉS Y NIÑOS PEQUEÑOS

Rosanne Carter ha trabajado con familias de niños pequeños desde 1999. Durante catorce años, en un centro de intervención temprana, Rosanne se ha comprometido a ayudar a los niños, las familias, los proveedores de intervención temprana y los proveedores de servicios directos a comprender mejor la importancia de la educación socioemocional, salud, el bienestar, y cómo las relaciones fuertes y positivas pueden ayudar a los niños y adultos a desarrollar confianza, empatía, compasión y tener un mejor sentido de quiénes son.

Apasionada por el apoyo en las relaciones interpersonales, Rosanne cree en cultivar relaciones a través de la conexión. El pilar de su trabajo es explorar las profundidades de la salud socioemocional en la relación padre-hijo. En su trabajo, Rosanne apoya a familias, proveedores de intervención temprana y proveedores de servicios directos en el desarrollo de la capacidad de experimentar, regular y expresar emociones, crear relaciones interpersonales estrechas y seguras, y explorar el medio ambiente, dentro de los contextos de la familia, la comunidad y la cultura, y cómo todos ellos influyen en los aspectos del desarrollo humano.

Come CODA (hija de un adulto sordo) y ella misma DHH (con sordera y pérdida auditiva), Rosanne aporta esta base de experiencia y conocimiento a su trabajo en relación con las familias de niños sordos, sordociegos y con problemas de audición. Nos complace dar la bienvenida a Rosanne para compartir esta información con las familias asistentes.

Para registrarse escanee el código QR  
<https://bivs.org/2023>

Se proporcionará interpretación de ASL

Para requerimientos adicionales, comuníquese con Christine Griffin a más tardar 2 semanas antes de la sesión: [gbs@wahandsandvoices.org](mailto:gbs@wahandsandvoices.org)

gbs@wahandsandvoices.org • 425.268.7087 • www.wahandsandvoices.org

## Washington Hand and Voices - *Session 3 Looking Beyond Our Children's Behaviors-Self Regulation*

**Saturday  
March 25  
9:00-10:30 AM**

Learn why self-regulation is the answer to being able to provide co-regulation. Children need to be able to borrow your calm during their BIG feelings moment.

Click [here](#) to Register or scan the QR code at the bottom of the flyer  
ASL Interpreting provided

For additional accommodations contact Christine Griffin no later than 2 weeks prior to the session [gbs@wahandsandvoices.org](mailto:gbs@wahandsandvoices.org)

# Save the Date!

DSHS Developmental Disabilities Administration

## Is Proud to Announce Community Summit 2023

June 13 - 15, 2023  
Wenatchee, WA



# A Decade of Community

DSHS' Developmental Disabilities Administration is proud to announce Community Summit 2023. The Community Summit continues a long tradition of conferences that have focused on expanding access to supported employment, supported living, and assistive technology. Launched in 2013, the Community Summit was conceived as a way to continue the work of transforming systems and building inclusive communities where people can live the life they want for themselves. Standing on the shoulders of the work that has gone before, the Community Summit looks forward to another decade of hosting these vital conversations.

Please join us as we return to an in-person & hybrid conference!

**Wenatchee Convention Center**  
**Wenatchee, Washington June 13 - 15, 2023**

*Community Summit 2023: A Decade of Community | Informing Families*

Planning is underway! More information will be coming soon. To stay up to date and connected to our Summit team, please visit us at  
The Community Summit website and Facebook page.

[Community Summit Website](#)  
[Community Summit Facebook](#)

If you have questions about Community Summit 2023 or want to know how you can be involved, please contact the Community Summit coordinator:

Ron Bryan at [ronald.bryan@dshs.wa.gov](mailto:ronald.bryan@dshs.wa.gov)



## SURVEYS/Studies

### Study.com Student Scholarships Application Deadline May 1st

Study.com wants to help empower students who have physical disabilities, learning difficulties, and other impairments by providing some financial relief toward a college degree. To do that, we're offering several [Study.com Student Scholarships](#) for students with different types of disabilities pursuing degrees. Our scholarships award \$1,000 to help cover some of the costs of college. These scholarships include:

- [Study.com Scholarship for Students with Disabilities](#)
- [Study.com Scholarship for Students with ADHD](#)
- [Study.com Scholarship for Students on the Autism Spectrum](#)
- [Study.com Scholarship for Students with Dyslexia](#)

These scholarships all have an application deadline of May 1st, so we're trying to get the word out to help as many students with physical and learning disabilities as possible to pursue their college dreams.

Thank you for your consideration of our [Study.com Student Scholarships](#) and partnering with us to make education accessible to women in college.

[Study.com in the News](#)

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### *National Task Force Group (NTG)*

### *Survey on Intellectual Disabilities and Dementia Practices*

To help support families of individuals with I/DD and cognitive decline/dementia.

Here is the survey link that can be shared with families:  
<https://www.surveymonkey.com/r/TJ8T5DV>

### INFORMATION ABOUT THE SURVEY...

The NTG is undertaking an initiative to expand the available information on dementia for families, agencies, and others and is reaching out to family and other caregivers to help us better understand where they get their information and what information might be of most use to them.

We have developed a brief 13-item survey with questions tapping some key areas related to information and its access. Please share.



## RESOURCES

### 1.) Join us in observing Child Abuse Prevention month during April.

Please help us spread the word about [Pinwheels for Prevention!](#)

The Department of Children, Youth & Families (DCYF) is observing April 2023 as Child Abuse Prevention (CAP) month by raising awareness in communities about child abuse and neglect prevention. As the Prevent Child Abuse Washington State Chapter we encourage you to join the Pinwheels for Prevention initiative. This initiative uses pinwheels - a timeless symbol for childhood - to represent its campaign.

Last year DCYF distributed around 15,000 pinwheels to communities around the state. Pinwheels for Prevention is a reminder that it is not enough to respond to child abuse and neglect - we must build and support strong families through community engagement, programs, and policies. This movement works towards developing communities that are healthy, safe, and nurturing for all children and all families.

Please place your order for pinwheels using the form found [here](#). Pinwheels are available on a first come, first serve basis.

This year there is also the option to plant a virtual pinwheel garden with the national office [here](#). Virtual pinwheels start \$10 each and you can dedicate them to a person or organization as well as customize a message or donation amount to either the national Prevent Child Abuse America organization or our Washington State Chapter.

We will have a Pinwheel for Prevention bulletin board kit and seed packets available with each order. Please indicate on the order form if you would like one or both in the space provided. These are free of charge.

Let us know if you have any questions at [strengtheningfamilies@dcyf.wa.gov](mailto:strengtheningfamilies@dcyf.wa.gov). Thank you.

### 2.) [Earned Income Tax Credit 2022](#)

If you are a taxpayer with a disability or have a child with a disability, you may qualify for a refund that puts extra dollars in your pocket. The IRS estimates that as many as 1.5 million people with disabilities miss out on a valuable credit for low to moderate-income workers because they fail to file a tax return.



To learn more [click here](#).

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### 3.) [Therapeutic Equipment and Supplies: A Guideline to Writing a Referral Letter](#)

Therapeutic equipment and supplies are medical equipment to help keep you or a loved one stay safe and healthy in your home and non-medical items are to help you follow a therapeutic plan designed by a professional. If you or a loved one have this as part of a treatment plan, you may need to receive a recommendation or referral from your professional healthcare provider to provide to your DDA case manager.

To learn more about the process and steps [click here](#).

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### 4.) [ASSISTIVE TECHNOLOGY OPPORTUNITY FOR DDA CLIENTS](#)

Did you know that funding was provided to purchase 4,394 phones to share with DDA clients and providers? The purpose is for clients and providers to have access to the technology needed to engage fully in remote services.

DDA currently has 2,700 iPhones with a service plan from 18 to 24 months (depending on when the phone is given out) with unlimited data, text, and Wi-Fi hotspot capability. These phones are ready to be distributed to clients and or providers who may not otherwise have access to participate in remote services.

To learn more on how to apply [click here](#).

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### 5.) [The Employment and Community Inclusion Services bulletin is now available in Spanish!](#)

Effective January 1, 2023, eligible clients can use Community Inclusion and DDA Supported Employment services at the same time.

[To view the bulletin in Spanish click here.](#)

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### 6.) [Dan Thompson Memorial Community Service Account Updates](#)

The DSHS' Developmental Disabilities Administration and the Developmental Disabilities Council are excited to provide an update regarding the status of awardees and expenditures from the Dan Thompson Memorial Developmental Disabilities Community Service Account. To date, DDA has awarded just over \$9 million on 35 executed contracts across the state. Four additional contracts are currently pending, and many more signed contracts are expected to be finalized later in the upcoming months.

[Click here for the rest of the article.](#)

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### 7.) [The Department of Social and Health Services Developmental Disabilities Administration is in the process of preparing amendments for waivers funded by the Centers for Medicare and Medicaid Services.](#)

Stakeholders have an opportunity to review and comment on the draft waiver amendments before the amendments are sent to CMS.

**The official 30-day public comment is February 15 through March 16, 2023.**

Affected waivers include:

- Individual and Family Services.
- Basic Plus.
- Core.
- Community Protection.
- Children's Intensive In-Home Behavioral Support.

[Please Click for attached letter for details.](#)

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### 8.) [Summer Camps Resource Information](#)

<https://arcwa.org/parent-to-parent/info-resources/camp-resources/>

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### 9.) [Camp Beausite Northwest - CAMP VIDEO](#)

Are you curious about CBNW programs? What we do at camp? How much fun it is to be a part of our camp family? Check it out. *Camp Beausite Northwest* is such a special place, we hope you will join us for weekend and summer camps, our Women's caregiver retreat, and FAMILY CAMP!!! See you soon!

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### 10.) [Community Listening Sessions: Developing Inclusionary Modules](#)

Dates vary throughout February 2023 and March 2023. Visit the link below to pick a specific date.

The Haring Center in partnership with Developmental Disabilities Administration

"What would you like more training on? What do you wish your program could offer as part of onboarding? What do you wish your child's coach/teacher/camp counselor/ etc. knew more about? What do you need as a provider? Please share your thoughts, feedback, and ideas with our team as

we create free, professional development online modules on inclusionary practices! The goal of these listening sessions is for our team to learn about the community's priorities, hopes, and needs when it comes to professional development on inclusionary practices."

To register for the event [click here](#).

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11.) **[FREE RESIDENTIAL ASSESSMENT](#)**

- What does your Loved One need to live outside the family home?
- Who will they live with?
- How will you afford it?

Our Residential Assessment helps families discover some answers to these important questions. Now, thanks to a grant from the Dan Thompson Memorial Fund, families in Washington State with Loved Ones 17 1/2 and older can [claim their FREE Residential Assessment](#).

Hundreds of families have already signed up to begin the process. Don't let this important opportunity slip by!

(Not a Washington State resident? We can still help.)

[Claim your free RA today!](#)

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12.) Our research has shown that people living with disabilities face numerous challenges in securing employment. According to the U.S. Bureau of Labor Statistics, only 17.9% of people with a disability are employed. To help level the playing field our team has created a comprehensive step-by-step guide that can help people with disabilities create an impactful resume that can highlight their skills and value to potential employers.

This guide includes important insight such as laws that protect their rights, workplace discrimination, and harassment to ensure they receive a fair chance at achieving their career goal.

You can view our guide here:

<https://www.resumebuilder.com/comprehensive-resume-and-career-guide-for-people-with-disabilities/>.

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13.) **[New to the Journey: On the journey of parenting a child who is Deaf or a Hard of Hearing](#)**



## New to the Journey

On the journey of parenting  
child who is Deaf or a Hard of Hearing

Guide By Your Side  
January 2023

Washington Hands & Voices



## Misión

Caminamos junto con los padres de niños con discapacidades del desarrollo y / o necesidades especiales de atención médica, conectándolos con el apoyo y la información con el compañerismo para que puedan dar *el siguiente paso*.

## Visión

Todas las familias de niños con discapacidades del desarrollo y / o necesidades especiales de atención médica merecen el ánimo, la inclusión y las conexiones significativas que apoyen el bienestar familiar.

## Valores

**Creemos que** los padres y cuidadores quieren lo mejor para sus familias y tienen la creatividad y la capacidad para superar los desafíos y celebrar los éxitos.

**Nos comprometemos a** crear espacios seguros de reflexión, vulnerabilidad, fuera de cuestionamiento y de aprendizaje continuo para padres y cuidadores.

**Practicamos** la inclusión y el respeto por todos con el compromiso de escuchar atentamente y aprender de los diversos puntos de vista de las familias a las que servimos.

**Honramos** el trabajo gratificante y desafiante de los padres, cuidadores y aliados comunitarios.

**Participamos en** asociaciones comunitarias a través de la publicidad, escuchando para fomentar la educación con inclusión en las comunidades donde las familias pueden prosperar.

**Promovemos** la construcción de comunidades que sean equitativas, sin prejuicios sociales y saludables donde todas las familias y los niños puedan vivir vidas con inclusión, seguras y satisfactorias.



1.) **Servicios de Empleo e Inclusión Comunitaria** ¿Qué está cambiando? A partir del 1 de enero de 2023, los clientes elegibles pueden usar Inclusión Comunitaria y DDA. Servicios de Empleo con Apoyo al mismo tiempo. El objetivo es apoyar a las personas con discapacidades del desarrollo para trabajar y conectarse con sus comunidades....([Enlace de enlace para el artículo](#))

.....  
2.) **¿Campamentos de Verano, será esta una opción para las personas con discapacidad y condiciones crónicas?**

([Enlace de enlace para el artículo](#))

.....  
3.) **UNA SERIE ESPECIAL DE RADIO EN ESPAÑOL DE KINDERING**





## UNA SERIE ESPECIAL DE RADIO EN ESPAÑOL DE KINDERING

Sintonice la estación de radio KKMO, El Rey 1360 AM o en línea en <https://www.elrey1360seattle.com/> a la 1 p.m. el martes 3 de enero 2023 para una transmisión especial en español presentada por Kindering para padres de niños con necesidades especiales. Durante este programa, hablaremos sobre los primeros hitos (metas) de la comunicación con Katherine Douglas, terapeuta del habla y del lenguaje de apoyo temprano en Kindering.

*Kindering acoge a todos los niños con diversas habilidades y a sus familias, al ofrecer una educación de alta calidad y terapias que cultivan la esperanza, el valor, y las habilidades necesarias para remontar el vuelo..*

## A SPECIAL SPANISH LANGUAGE RADIO SERIES FROM KINDERING

Tune in to radio station KKMO, El Rey 1360 AM or online at <https://www.elrey1360seattle.com/> at 1 p.m. on Tuesday, January 3, 2023 for a special Spanish-language broadcast presented by Kindering for parents of children with special needs. During this program we'll talk about early communication milestones with Katherine Douglas, Early Support speech-language pathologist at Kindering

*Kindering embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage and the skills to soar.*

Presented on:



BELLEVUE | BOTHELL | REDMOND | RENTON  
WWW.KINDERING.ORG | (425) 747-4004

XXXXXXXXXX

## NUEVO DÍA- Qué tal Miércoles

El año pasado las familias preguntaron si podríamos planear nuestras reuniones familiares en línea de acuerdo a las clases de lenguajes de señas. Después de contactar a las organizaciones que ofrecen clases de señas,

*(continuación)...*

Subtítulos e interpretación del Lenguaje de señas americano serán ofrecidos.

La interpretación de algún idioma adicional deberá solicitarse dos semanas previas a la reunión

movimos nuestras reuniones al cuarto miércoles de cada mes comenzando el 26 de octubre de 7-8 PM.

(La reunión de noviembre será el quinto miércoles del mes).

Por favor comparte con otras familias y profesionales que conozcas.

#### Los próximos temas incluyen:

- Nuevo en el camino
- ¿Qué tiene que ver la seguridad con esto?
- Tecnología que permite el acceso
- Entendiendo los derechos de los padres (garantías) y ¡cómo usar la terminología eficazmente y más!

Qué tal miércoles es una reunión organizada por el equipo de Guía a Su Lado de Padres Guías e invitados especiales para familias (padres, familia extendida y cuidadores) de niños sordos o hipoacúsicos para que se reúnan y conozcan otras familias, aprendan consejos y herramientas útiles, hagan preguntas, compartan apoyo, logros e historias.

**Fechas para Qué tal miércoles de 7-8 PM del 2023.**

22 de marzo

26 de abril

24 de mayo

Únete via Zoom <https://zoom.us/join>

ID de la reunión: 939 8330 9951

Contraseña: whatsapp

[elisa.torres@wahandsandvoices.org](mailto:elisa.torres@wahandsandvoices.org)

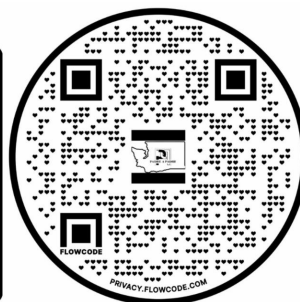
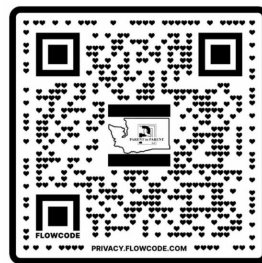
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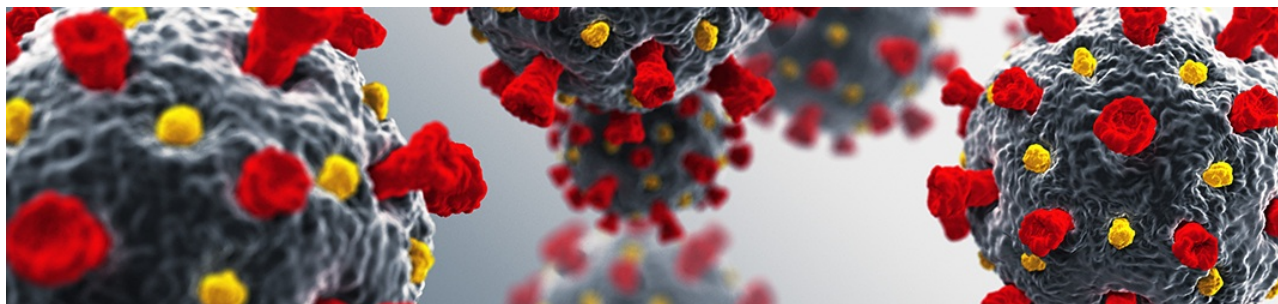
**Para compartir sus comentarios o historias participación en el programa de Padre a Padre, acceda al enlace o código QR que aquí les compartimos!**

<https://www.surveymonkey.com/r/M5JZWW8>

English QR Code



Spanish QR Code



## COVID - 19 Resources

COVID-19 resources for families on [HealthyChildren.org](https://www.healthychildren.org):

- [COVID Vaccines, Updated Boosters for Children Age 6 Months Through 4 Years: FAQs for Families](#)
- [COVID-19: Caring for Children & Teens With Special Health Care Need](#)

COVID Vaccine Factsheet are now posted on our website under family information: [Children with Special Health Care Needs Publications: Washington State Department of Health](#). Additional languages and updates will be posted there as they become available.



## Archived Mental/Behavioral Health

1. *Tips for Healthcare Professionals: Coping With Stress and Compassion Fatigue.*

This tip sheet explores stress and compassion fatigue, as well as signs of distress after a disaster. It covers strategies healthcare providers can use to reduce their stress during this time and information about coping with compassion fatigue.

.....  
2. *Finding Your Way in Community: Free Online Mindfulness Groups for Parents and Caregivers*  
(Supporting each other through meditation and communication.)



If you or your family is experiencing distress and needs support call:

- National Parent Helpline 1-855-4 A PARENT or 1-855-427-2736
- Info Children /Parent Helpline 1-778-782-3548
- National Suicide Prevention 9-8-8

9-8-8 services will be available for Native Americans, in Spanish, or interpretation services in over 250 languages.





**“A GOOD FRIEND IS LIKE A  
FOUR-LEAF CLOVER**



**HARD TO FIND  
AND LUCKY TO HAVE.”**

*— Irish Proverb*

***Fun St Paddy's Day (Healthy) Treats to make with your family's  
enjoyment...click here!***

***The Arc of Washington State***

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