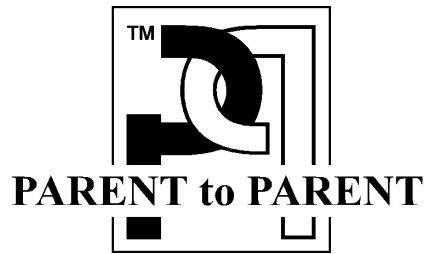


Check out our latest newsletter!



## WA State Parent to Parent (P2P) Newsletter: May 2019

[P2P Programs by County](#)

[Join us on Facebook today](#)



## Calendar of EVENTS

### 2019

#### May

5/1-5/3: [2019 Infant and Early Childhood Conference](#) (IECC). Save The Date May 1, 2, and 3, 2019 at the Tacoma Convention Center. Early Bird Registration [here](#).

5/6: [3rd annual Children's Behavioral Health Summit](#) will be held on May 6 in Yakima. Join parents, youth and system partners from across the state who will be discussing and identifying solutions to three common behavioral problems many struggling youth ages 8-21 experience. Conversations will center around:

\*Effective Behavior Support in Schools

\*Engaging Youth in Living a Healthy Life

\*Supporting Children to have Successful Transitions in home, school & life.

A full [agenda](#) and [meeting flier](#) is attached. Questions: [karenkelly@wsccsupport.org](mailto:karenkelly@wsccsupport.org)

This will be an excellent opportunity to learn from other parents and system partners about what works for them, identify gaps in resources, and create an action plan to help our state to ensure that all children have the opportunity to reach their full potential. Pre- Registration

required: <https://reg.planetreg.com/WSCCTHIRDANNUALCBHS>

5/5: [HEALTHY HUSKY SOWA OLYMPICS](#): Join UW Athletics and Special Olympics Washington for a day of celebration and fitness! Sunday MAY 5th, 2019, 9:30 am-12:30 pm, Dempsey Indoor Center @ University of Washington. Check out the flyer and email [TBJORK@SOWA.ORG](mailto:TBJORK@SOWA.ORG) to register!

5/10-5/12: [32nd Annual Canadian Down Syndrome Conference](#) that will be held in nearby Victoria, British Columbia from May 10-12, 2019. The conference will cover a wide range of topics for all different age groups and stages of life. [Registration information](#).

#### June

6/1: Washington Autism Alliance & Advocacy - WAAA's event [2019 It Takes a Village Conference](#) Saturday, June 1, 2019 at 9 AM - Vancouver, WA

6/2: [Fathers Network Photo Event](#) Woodinville

6/9: [Fathers Network Gaming Event](#) Seattle

6/11-6/13: Washington State DSHS Developmental Disabilities Administration is pleased to announce Community Summit 2019: Enriching Lives!

[More information](#) will be available upon registration in spring 2019  
(Registration opens in March).

6/14-6/16: [Fathers Network Campout](#)

6/15-6/22: [Autism Campus Inclusion](#) (ACI) [Summer Leadership Academy flyer](#)  
submit [application](#) by February 24th - [watch video of past alumlis](#)

6/25: Disability Resource & Service Fair "[Getting & Staying Connected](#)" Mt Tahoma High School 4634 South 74th Street, Tacoma 98409 from 9 am to 3 pm. Register at [www.PartnerCafebtgas.org](http://www.PartnerCafebtgas.org)

6/25: 1st Annual Self-Advocate Disability Summit - Presenters, speakers and volunteers are needed.  
[Learn more here](#) .

#### August

8/4-8.9: 2019 Youth Leadership Forum (YLF)-YLF is at the Dumas Bay Centre in Federal Way, WA. There is no cost for students to attend! Students must be 16 years of age prior to the start of YLF and under the age of 22. Registration Deadline February 1, 2019  
[Application](#)

## October

10/5-10/7: [Dad's Training Weekend](#) - Systems navigation, IEPs, parenting techniques, DE-escalation, reward systems, sibling issues, etc. There is a \$30 registration fee, which includes lodging and meals from Friday evening to Sunday checkout (noon).

## November

11/6: The Lewis County Autism Coalition will host its 9th annual Southwest Washington Autism Conference on November 6, 2019 - at Centralia College in Centralia, WA. - and invites you to share your experience and knowledge as a presenter.

Workshops will be aligned with our 2019 conference theme Inclusion: School - Work - Community and advance the success of individuals with disabilities, families, and professionals. To participate, please complete the Call for Presenters form and send to [conference@lcautism.org](mailto:conference@lcautism.org) by April 15, 2019. Early submission is encouraged.

[Download the Save The Date Flyer](#)

## Educational Events

- 1.) [Parent Partners IEP Trainings](#) (Seattle) Dates through May 28th [info](#)
- 2.) The WA State Fathers Network "Telling Your Story with a Purpose" workshops. This is a workshop designed to help you pinpoint an issue you want to advocate for and show you how to get your point across to a decision maker.  
Click the link for the following scheduled workshops to get more information and to register:
  - [Pullman](#), May 11
  - [Longview](#), June 1

If you would like to have this workshop conducted in your community, contact Louis Mendoza at [louis.mendoza@kinderling.org](mailto:louis.mendoza@kinderling.org) or at 425-653-4286.

## RESOURCES

1. "Think College" resources- Look for more information on these meetings coming soon to be part of the work to create high expectations, and increase inclusive, equitable higher education opportunities for college students with intellectual disability in the northwest. Use the Think College resource [Building Inclusive Campus Communities: A Framework for Inclusion](#)  
Visit our website [abicommunity.org](http://abicommunity.org) for more information. If you are on Facebook search for the Think Inclusive College (West Coast Coalition) and send a request to be added.

- [www.nwdsa.org](http://www.nwdsa.org)
- [www.abicommunity.org](http://www.abicommunity.org)
- [www.facebook.com/nwdsa/](https://www.facebook.com/nwdsa/)

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2. [SPARK](#) is the largest genetic study of autism ever. The Simons Foundation Autism Research Initiative (SFARI) has launched a landmark autism research project in the U.S. This long-term online [study](#) is called SPARK, which stands for 'Simons Foundation Powering Autism Research for Knowledge.' The mission of SPARK is simple: we want to speed up research and advance our understanding of autism to help improve lives. The entire autism community is invited to participate. SPARK is fully funded by SFARI. This means that you will never be contacted for a donation or a financial contribution of any kind. Questions? Learn more about SPARK by visiting our [FAQ](#) page.  
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3. The Sibling Leadership Network is conducting a [survey](#) about the experiences of siblings of individuals with disabilities. By distributing this flyer, you can help us learn more about supports for siblings of individuals with disabilities. Notably, in this study, we are asking siblings to complete an online survey that will take no more than 20-30 minutes to complete. To participate in this survey study, please go to the following link: <http://bit.ly/adultsiblingssurvey> If you have any questions about the survey, please feel free to contact Meghan Burke at [meghanbm@illinois.edu](mailto:meghanbm@illinois.edu) or 217-300-1226  
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4. Transition Took Kit- The Autism Speaks Transition Tool Kit will help guide you on the journey from

adolescence to adulthood. Topics covered include self-advocacy skills, legal issues, housing and employment options. [Download the free Transition Tool Kit](#)

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5. [Help Us Disseminate a Short Housing Survey!](#) The Arc has partnered with [The Council on Quality and Leadership](#) to conduct research to find out where people with intellectual and developmental disabilities (I/DD) and their families live and why they decided to live there.

Who qualifies for this survey?

- A person with I/DD
- A family member of a person with I/DD 18 years and older

Participants will be compensated with a \$15 gift card

Please share this survey with people in your network:

<https://c-q-l.org/news-and-events/new-survey-tell-us-about-where-you-live-and-why>

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6. The Arc of the US has a library of informative webinars on a huge variety of topics related to developmental disabilities. ([The Arc's Family Support Research and Training Center Webinar Archive](#))

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# BEING A MOTHER

*is learning about*

## STRENGTHS

YOU DIDN'T KNOW

YOU HAD

*and dealing with*

## FEARS

YOU NEVER

KNEW EXISTED.



*Linda Wooten*

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## Links for Archived Newsletters

(Click to read [archived past editions](#) through August 2016 of the P2P Newsletter!)

[Past Newsletters Parent to Parent \(bottom of the page\)](#)

WA State Parent to Parent (P2P) | The Arc of Washington State | 1-800-821-5927 |  
parent2parentwa@gmail.com | [info@arcwa.org](mailto:info@arcwa.org)

Website: [http://arcwa.org/index.php/getsupport/parent\\_to\\_parent\\_p2p\\_programs](http://arcwa.org/index.php/getsupport/parent_to_parent_p2p_programs)

Friend us on Facebook:

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