



# WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS SITES AND COORDINATORS – December 2018

## STATE PARENT TO PARENT OFFICE

**SUSAN ATKINS, State Coordinator**  
Washington State P2P Programs  
2638 State Avenue NE, Olympia, WA 98506  
VOICE: (425) 641-7504, CELL: (425) 269-3267  
Toll Free: (800) 821-5927  
E-MAIL: [parent2parentwa@gmail.com](mailto:parent2parentwa@gmail.com)  
SPONSORING AGENCY: The Arc of Washington State  
Jackie Thomason, Administrative Assistant  
E-MAIL: [info@arcwa.org](mailto:info@arcwa.org)  
VOICE: (360) 357-5596 option 2 Toll-Free: (888) 754-8798  
Fax: (360) 357-3279 website: [www.arcwa.org](http://www.arcwa.org)  
Facebook: <https://www.facebook.com/parentto.parent.9>

### Parent Support Program Seattle Children's

MARIA CERVANTES, Family Support Specialist | Family Support Services  
Seattle Children's (Spanish also)  
OFFICE: 4800 Sand Point Way NE, Seattle, WA, 98105  
MAIL: M/S RB.7.420; PO Box 5371; Seattle, WA 98145-5005  
VOICE: (206) 987-1119  
FAX: (206) 987-2235  
E-MAIL: [maria.cervantes@seattlechildrens.org](mailto:maria.cervantes@seattlechildrens.org)  
Website: <http://cshcn.org/support-connections/support-and-connection-for-families/> or <http://www.seattlechildrens.org/>

## CENTRAL REGION

### Chelan/Douglas Counties

SHANNON COX, Coordinator  
23 South Wenatchee Avenue, Suite 203  
Wenatchee, WA 98801  
**Program Activities:** Support, information, Sibshops, newsletter, social activities, and referrals provided. Helping Parent trainings once per year.  
CELL (509) 423-8527  
E-MAIL: [p2pcoordinator@chelandouglasp2p.com](mailto:p2pcoordinator@chelandouglasp2p.com)  
SPONSORING AGENCY: Chelan Douglas Developmental Disabilities  
Website: [www.chelandouglasp2p.com](http://www.chelandouglasp2p.com)  
Facebook: <https://www.facebook.com/chelandouglasparent2parent/>

### Okanogan County (New)

SHANNON MENDOZA, Developmental Disabilities Lead  
Okanogan Behavioral Healthcare  
1007 Koala Drive  
Omak, WA 98841  
**Program Activities:** TBA  
VOICE: (509) 826.8497  
FAX: (509) 826.5094  
E-MAIL: [smendoza@okbhc.org](mailto:smendoza@okbhc.org); [Tcardwell-burns@co.douglas.wa.us](mailto:Tcardwell-burns@co.douglas.wa.us)  
SPONSORING AGENCY: Chelan Douglas Developmental Disabilities

### Grant/Adams Counties

JENNIFER NEWHOUSE, Coordinator  
CHRISTI DIERINGER, Outreach Coordinator  
ANNA ALVAREZ, Hispanic Outreach Coordinator  
605 Coolidge Street  
Moses Lake, WA 98837  
**Program Activities:** Family Social Events, Mom's Night Out, Café Chat, Book Club, Weekly Parent Meetings, Home Equipment Loan Program, Lending Library, Quarterly Newsletter, Disability Awareness Training, Facebook Pages & Groups  
VOICE: (509) 764-7424, to reach Anna Alvarez: (509) 346-5523  
FAX: (509) 765-5838  
E-MAIL: [jnewhouse@mlchc.org](mailto:jnewhouse@mlchc.org), [cdieringer@mlchc.org](mailto:cdieringer@mlchc.org)  
SPONSORING AGENCY: Moses Lake Community Health  
Website: [www.mlchc.org](http://www.mlchc.org)

### Kittitas County

MICHELLE WILLIAMS, Coordinator  
PO Box 837 / 111 East University Way  
Ellensburg, WA 98926  
**Program Activities:** Parent Support Meetings, Family Social Events, Newsletters, Workshops, Information and Referral  
VOICE: (509) 929-7277  
E-MAIL: [kittitascountyparent2parent@gmail.com](mailto:kittitascountyparent2parent@gmail.com)  
SPONSORING AGENCY: Kittitas Valley Opportunities

### Yakima County

TRACIE HOPPIS, Supervisor  
AMY BERKHEIMER, Program Specialist  
GLORIA URNESS, Program Specialist  
MARIA PULIDO, Hispanic Outreach  
3801 Kern Road  
Yakima, WA 98902  
**Program Activities:** English and Spanish Parent Group, Hispanic Outreach, Sibshops, Recreational Program, Teen Club, Disability Awareness, Neonatal Intensive Care Unit Support Project, Newsletter, Autism Support Group, Family Social Events, New Diagnosis Support Group,  
VOICE: (509) 574-3263  
FAX: (509) 574-3210  
E-MAIL: [traciehoppis@yvmh.org](mailto:traciehoppis@yvmh.org), [amyberkheimer@yvmh.org](mailto:amyberkheimer@yvmh.org), [GloriaUrness@yvmh.org](mailto:GloriaUrness@yvmh.org), [mariapulido@yvmh.org](mailto:mariapulido@yvmh.org)  
SPONSORING AGENCY: Virginia Mason Memorial  
Website: <https://www.yakimamemorial.org/>

## EAST REGION

### Benton/Franklin Counties

MELISSA BROOKS, RN, Coordinator  
MARIA VILLARREAL, Hispanic Outreach Coordinator  
1455 Fowler Street  
Richland, WA 99352  
**Program Activities:** Parent Support group with Educational classes, Activities for families, quarterly newsletter with The Arc of Tri-Cities, Senior Caregiver Project, provide education and social activities for parents and youth.  
VOICE: (509) 783-1131, ext. 108  
FAX: (509) 735-7706  
E-MAIL: [p2p@arcofricities.com](mailto:p2p@arcofricities.com), [maria@arcofricities.com](mailto:maria@arcofricities.com)  
SPONSORING AGENCY: The Arc of Tri-Cities  
Website: [arcofricities.com](http://arcofricities.com)  
Facebook: <https://www.facebook.com/p2ptricities/?fref=nf>

### Ferry County (No P2P Program currently)

### Pend Oreille (No P2P Program currently)

### Spokane/Lincoln/Whitman Counties (New)

SHELLEY GACUSANA, Spokane Coordinator  
DEBBIE CHAPMAN, Lincoln & Whitman Coordinator  
320 East 2<sup>nd</sup> Avenue  
Spokane, WA 99202  
**Program Activities:** Parent Support Group & Workshops, Parents 4 Life monthly meetings, Newsletter, Lending Library, Transition Support, Guardianship & IEP referrals, Annual Holiday Party & Summer Picnic, Annual Family Support Conference in the spring  
VOICE: (509) 328-6326, ext. 8323 (Shelley) (253) 335-6835 (Debbie)  
FAX: (509) 328-6342  
E-MAIL: [SGacusana@arc-spokane.org](mailto:SGacusana@arc-spokane.org), [dchapman@arc-spokane.org](mailto:dchapman@arc-spokane.org) (Debbie)  
SPONSORING AGENCY: The Arc of Spokane  
Website: [www.arc-spokane.org](http://www.arc-spokane.org)  
Facebook: <https://www.facebook.com/SpokaneP2P/>

### Steven's County (No P2P Program currently)





# WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS SITES AND COORDINATORS – December 2018

## **Walla Walla/Columbia/Garfield/Asotin Counties**

ANGIE WITT, Coordinator  
YSABEL FUENTES, Co-Coordinator & Hispanic Parent Outreach  
PO Box 1918  
Walla Walla, WA 99362  
**Program Activities:** Support, information, newsletter and referral provided.  
Helping Parent trainings once per year.  
VOICE: (509) 540-9880; to contact Ysabel, (509) 301-0679  
FAX: N/A  
E-MAIL: [p2p@wvvdn.org](mailto:p2p@wvvdn.org), [p2pespanol@wvvdn.org](mailto:p2pespanol@wvvdn.org),  
SPONSORING AGENCY: Walla Walla Valley Disability Network-Cyndy Knight  
ED [admin@wvvdn.org](mailto:admin@wvvdn.org)  
Website: [www.wvvdn.org](http://www.wvvdn.org)  
Facebook: <https://www.facebook.com/WallaWallaParent2Parent/?fref=ts>

## **NORTHWEST REGION**

### **Island County**

TIFFANY WHEELER-THOMPSON, Coordinator  
PO Box 5000  
Coupeville, WA 98239  
**Program Activities:** Support, resources, networking opportunities and referral options, monthly newsletters and events, latest research, legislative activity and support group information. Sponsors or co-sponsors several support groups including Spanish all over Whidbey Island.  
VOICE: (360) 632-7539  
FAX: (360) 679-7377  
E-MAIL: [t.wheeler-thompson@co.island.wa.us](mailto:t.wheeler-thompson@co.island.wa.us)  
SPONSORING AGENCY: Island County Human Services  
Website: <https://www.islandcountywa.gov/Humanservices/>  
Facebook: <https://www.facebook.com/islandcountyparent2parent/?fref=ts>

### **San Juan County (No P2P Program currently)**

### **Skagit County**

HEATHER MILLIREN, Coordinator ext. 1013  
AMANDA SLOAN, Assistant Coordinator ext. 1016  
FABIOLA SOLIS, Hispanic Outreach Specialist ext. 3999  
320 Pacific Place  
Mt. Vernon, WA 98273  
**Program Activities:** Resources, lending library, support meetings, educational workshops, recreational activities, annual Helping Parent Training, annual moms' events and Spanish translation available.  
VOICE: (360) 416-7570  
FAX: (360) 416-7580  
E-MAIL: [p2p@sparckids.org](mailto:p2p@sparckids.org), [Amanda@sparckids.org](mailto:Amanda@sparckids.org),  
[Hispanicp2p@sparckids.org](mailto:Hispanicp2p@sparckids.org)  
SPONSORING AGENCY: SPARC  
Website: [www.p2pskagit.org](http://www.p2pskagit.org)  
Facebook: <https://www.facebook.com/SkagitP2P/>

### **Snohomish County**

JAMIE COONTS, Coordinator, ext. 104  
ALAINA KUBE, Coordinator, ext. 111  
LYNNEA RIMANDO, Coordinator, ext. 106  
MELY CERVANTES, Hispanic Outreach Coordinator, ext. 114  
NICHOLAS WRIGHT, Coordinator, ext. 122  
2500 Hewitt Avenue, Suite 300  
Everett, WA 98201  
**Program Activities:** Helping Parent, Mothers Network, Fathers Network, Autism Support Group, English & Spanish Parent Groups, Monthly Parent Speaker Night, Lego Club, Family Activities, Sibshops, Special Education Speakers & Support, Caregiver Support Group, Weekly/Bi-weekly Arc Happenings e-mail Newsletter with events & resources, Website Calendar, Book & Video Lending Library  
VOICE: (425) 258-2459

FAX: (425) 252-8232  
E-MAIL: [jamie@arcsno.org](mailto:jamie@arcsno.org), [alaina@arcsno.org](mailto:alaina@arcsno.org), [Lynnea@arcsno.org](mailto:Lynnea@arcsno.org),  
[mely@arcsno.org](mailto:mely@arcsno.org), [Nicholas@arcsno.org](mailto:Nicholas@arcsno.org)  
SPONSORING AGENCY: The Arc of Snohomish County  
Website: [www.arcsno.org](http://www.arcsno.org)

### **Whatcom County**

KARLENE UмбаUGH, Coordinator, ext. 302  
MELISSA ABRAHAM, Parent Assistant ext. 301  
MARTA MEJIA, Latino Community Coordinator, ext. 308  
2602 McLeod Road  
Bellingham, WA 98225  
**Program Activities:** Monthly Newsletter, Monthly Support Meetings, Family Inclusive Events, Parent Workshop, Super Sitter Training, Helping Parent Training, Sibshops, Hispanic Outreach Family Events, Book & Video Lending Library, and Parent Matches.  
VOICE: (360) 715-0170  
FAX: (360) 715-8522  
E-MAIL: [karlene@p2pwhatcom.org](mailto:karlene@p2pwhatcom.org), [melissa@p2pwhatcom.org](mailto:melissa@p2pwhatcom.org),  
[info@p2pwhatcom.org](mailto:info@p2pwhatcom.org), [familia@p2pwhatcom.org](mailto:familia@p2pwhatcom.org)  
SPONSORING AGENCY: Arc of Whatcom County – Beverly Porter, ED  
[beverlyp@arcwhatcom.org](mailto:beverlyp@arcwhatcom.org)  
Website: [www.p2pwhatcom.org](http://www.p2pwhatcom.org)  
Facebook: <https://www.facebook.com/ParenttoParentWhatcom/>

## **PENINSULA REGION**

### **Clallam County**

SHAWNDA HICKS, Coordinator  
301 East Lopez Avenue # 4  
Port Angeles, WA 98362  
**Program Activities:** Parent support, seminars, social activities and information  
VOICE: (360) 406-1215 Shawnda or (360) 797-3602 Priya  
E-MAIL: [shawnda.mosaic@gmail.com](mailto:shawnda.mosaic@gmail.com), [priya.mosaic@gmail.com](mailto:priya.mosaic@gmail.com)  
SPONSORING AGENCY: Clallam Mosaic; Priya Jayadev, Executive Director  
Website: [www.clallammosaic.org](http://www.clallammosaic.org)  
Facebook: <https://www.facebook.com/groups/750626038422099/>

### **Grays Harbor/Pacific Counties (New)**

CHARLENE McCARTY- P2P/Parent Coordinator  
AMBER COOK, P2P Pacific Coordinator  
523 West First Street  
PO Box 1794  
Aberdeen, WA 98520  
**Program Activities:** Parent and Family emotional support and guidance in navigating our complex system, Informational Resource & Referral via phone, e-mail, Facebook and website. Quarterly Arc Newsletter and bi-monthly email bulletin, Educational workshops and presentations on schools I.E.P. (Individual Education Plan) and 504 plans, Transition Services, Guardianship, Wills & Trusts, and other topics. Life Skills and Social events, Summer Youth Employment program, Annual Helping Parent Training  
VOICE: (360) 537-7000  
FAX: (360) 537-8816  
E-MAIL: [charlenem@arcgh.org](mailto:charlenem@arcgh.org), [amberg@arcgh.org](mailto:amberg@arcgh.org)  
SPONSORING AGENCY: The Arc of Grays Harbor  
Website: [www.arcgh.org](http://www.arcgh.org)  
Facebook: <https://www.facebook.com/groups/515908978594356/>

### **Kitsap/Jefferson Counties**

KIMBERLY ADAMS, Kitsap Coordinator  
DIANE PORTER, Jefferson Coordinator  
3243 North Perry Avenue  
Bremerton, WA 98310  
**Program Activities:** newsletter, workshops, resources  
VOICE: Kitsap (360) 516-8276, Jefferson (360) 801-1623  
E-MAIL: [KAdams@penarc.org](mailto:KAdams@penarc.org); [DPorter@penarc.org](mailto:DPorter@penarc.org)  
SPONSORING AGENCY: The Arc of the Peninsulas-Website: [www.penarc.org/](http://www.penarc.org/)  
Facebook: <https://www.facebook.com/thearcofkitsapandjeffersoncounties/>





# WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS SITES AND COORDINATORS – December 2018

## Thurston/Mason Counties

SYLVIA DAVENPORT, Coordinator

South Sound Parent to Parent

2108 Caton Way SW

Olympia, WA 98502

**Program Activities:** Spanish Language Line, Helping Parent, P2P Support Groups, Cheers to You Support Group, Down Syndrome Support and activities, Mom to Mom, Sibshops, Family Activities, Annual Family Picnic, Buddy Walk, Infant/Toddler Early Intervention Program (ESIT), Transition/IEP Support, Toy/Equipment/Book lending program, Information and referral, website, monthly newsletter, Parent Education

VOICE: (360) 352-1126 (main line & Spanish Language Line)

Toll Free: (877) 352-1126

FAX: (360) 352-0761

E-MAIL: [sdavenport@ssp2p.org](mailto:sdavenport@ssp2p.org)

SPONSORING AGENCY: 501(C) 3 Parent to Parent of Thurston County

Website: [www.ssp2p.org](http://www.ssp2p.org)

Facebook: <https://www.facebook.com/SSP2P/>

## PIERCE / KING REGION

### King County

RACHEL NEMHAUSER, Supervisor

PATRICIA GONZALEZ, Coordinator for Latino & Spanish Speaking Families

RICHARD MULLEN, African American Coordinator

233 6th Avenue North

Seattle, WA 98109

**Program Activities:** Parent Support groups, Information and referral, Email support and information groups, Parent education, family events in English, Spanish and for African American families

VOICE: (206) 829-7053

SPANISH: (206) 829-7030

Contact info:

Rachel Nemhauser: (206) 829-7046 or [RNemhauser@arcofkingcounty.org](mailto:RNemhauser@arcofkingcounty.org)

Patricia Gonzalez: (206) 829-7027 or [pgonzalez@arcofkingcounty.org](mailto:pgonzalez@arcofkingcounty.org)

Richard Mullen: (206) 829-7036 or [RMullen@arcofkingcounty.org](mailto:RMullen@arcofkingcounty.org)

FAX: (206) 364-8140

SPONSORING AGENCY: The Arc of King County

Website: [www.arcofkingcounty.org](http://www.arcofkingcounty.org)

Facebook: <https://www.facebook.com/arcofkingcounty/>

### Pierce County

MICHELE LEHOSKY, Coordinator ext. 104

DOREEN VANDERVORT, Co-Coordinator ext. 107

6316 South 12th Street

Tacoma, WA 98465

**Program Activities:** Parent Information & Education, On-line Support Group, List serve support, Down Syndrome Support group, Mom's Night Out, Person Centered Planning Workshops, Spanish Support Group, PURPAS Autism Group, Coffee or Tea with P2P, Helping Parent Training Leadership & Advocacy Program, Community Family Events

VOICE: (253) 565-2266, Mon.-Fri. 1:00 – 4:30

V/TTY: (253) 565-2266 OR 1-800-5PARENT

FAX: (253) 566-8052

E-MAIL: [P2P@wapave.org](mailto:P2P@wapave.org)

SPONSORING AGENCY: PAVE

Website: <http://wapave.org/>

Facebook: <https://www.facebook.com/washingtonpave/>

Help Request: [www.wapave.org/get-help](http://www.wapave.org/get-help)



## SOUTHWEST REGION

### Clark

THERESA VAN PELT, Coordinator

PO Box 820681

Vancouver, WA 98682

**Program Activities:** Social Gatherings, Support Groups, Newsletter, Lending Library

VOICE: (360) 823-2247 ext. 109 or (Spanish 360.823.2247 ext 103)

FAX: TBA

E-MAIL: [P2PCC@peacenw.org](mailto:P2PCC@peacenw.org)

SPONSORING AGENCY: Parents Empowered And Communities Enhanced (PEACE); Darla Helt, Executive Director [darlah@peacenw.org](mailto:darlah@peacenw.org)

Facebook: <https://www.facebook.com/CCP2P/>

### Cowlitz County

LACEY CAIRNS, Coordinator

906 New York Street

Longview, WA 98632

**Program Activities:** Monday Playgroup, Weekly Respite Program, Outreach, Information and Referral, Parent/Family Support Services, Support with DDA, SSI, Guardianship and Trusts, IEP/504 School Support and Advocacy Services, Annual Family Day Camp, Fins of Fury Swim Camp, Transition Services, Helping Parent Training, Disability Awareness, Facebook Parent Support Group-Closed Group, Holland Graduates, Holland Program, Parent Advisory Group, Parent Workgroups,

VOICE: (360) 425-5494

FAX: (360) 577-9137

E-MAIL: [laceycairns@lifeworkswa.org](mailto:laceycairns@lifeworkswa.org)

SPONSORING AGENCY: LifeWorks WA

Website: <http://www.lifeworkswa.org/>

Facebook: <https://www.facebook.com/groups/1807729746114125/> closed group

The Arc of Cowlitz County page: [https://www.facebook.com/pg/The-Arc-of-Cowlitz-County-387884154662446/posts/?ref=page\\_internal](https://www.facebook.com/pg/The-Arc-of-Cowlitz-County-387884154662446/posts/?ref=page_internal)

### Klickitat County/Skamania Counties (New)

GAIL LAMPERS, Coordinator

Mailing Address (PEACE):

PO Box 820681

Vancouver, WA 98682

**Program Activities:** Newsletter, Coffee Chat, Informational Teaching Series

VOICE: (509) 774-7472 or (Spanish 360.823.2247 ext 103)

E-MAIL: [klickitatcountyp2p@gmail.com](mailto:klickitatcountyp2p@gmail.com)

SPONSORING AGENCY: Parents Empowered And Communities Enhanced

(PEACE); Darla Helt, Executive Director [darlah@peacenw.org](mailto:darlah@peacenw.org)

Facebook: <https://www.facebook.com/ParenttoParentofKlickitatCounty/>

### Lewis County

TAMARA BARTEL, Coordinator

PO Box 870

203 West Reynolds Avenue

Centralia, WA 98531

**Program Activities:** Monthly Parent Support meetings, Newsletter, Resource & Referral Service, Video & Book Lending Library, Educational Trainings and Family Events, Transition Support, Community Education.

VOICE: (360) 520-9299

FAX: (360) 330-1663

E-MAIL: [TBartel@reliableenterprises.org](mailto:TBartel@reliableenterprises.org)

SPONSORING AGENCY: Reliable Enterprises

Website: [www.reliableenterprises.org](http://www.reliableenterprises.org)

Facebook: <https://www.facebook.com/lewiscountyparent2parent/?fref=ts>

### Wahkiakum County (No P2P Program currently)