



WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS SITES AND COORDINATORS – April 2019

STATE PARENT TO PARENT OFFICE

SUSAN ATKINS, State Coordinator
Washington State P2P Programs
2638 State Avenue NE, Olympia, WA 98506
VOICE: (425) 641-7504, CELL: (425) 269-3267
Toll Free: (800) 821-5927
E-MAIL: parent2parentwa@gmail.com

TRACIE HOPPIS, Co-State Coordinator
VOICE: (509) 574-3263
E-MAIL: traciehoppis@yvmh.org
SPONSORING AGENCY: The Arc of Washington State

Jackie Thomason, Administrative Assistant
E-MAIL: info@arcwa.org
VOICE: (360) 357-5596 option 2 Toll-Free: (888) 754-8798
Fax: (360) 357-3279 website: www.arcwa.org
Facebook: <https://www.facebook.com/parentto.parent.9>

Parent Support Program Seattle Children's
MARIA CERVANTES, Family Support Specialist | Family Support Services
Seattle Children's (Spanish also)
OFFICE: 4800 Sand Point Way NE, Seattle, WA, 98105
MAIL: M/S RB.7.420; PO Box 5371; Seattle, WA 98145-5005
VOICE: (206) 987-1119
FAX: (206) 987-2235
E-MAIL: maria.cervantes@seattlechildrens.org
Website: <http://cshcn.org/support-connections/support-and-connection-for-families/> or <http://www.seattlechildrens.org/>

CENTRAL REGION

Chelan/Douglas/Okanogan Counties

SHANNON COX, Coordinator
TAMARA CARDWELL, (Okanogan)
23 South Wenatchee Avenue, Suite 203
Wenatchee, WA 98801
Program Activities: Support, information, Sibshops, newsletter, social activities, and referrals provided. Helping Parent trainings once per year.
CELL (509) 423-8527
E-MAIL: p2pcoordinator@chelاندouglas2p.com, Tcardwell-burns@co.douglas.wa.us
SPONSORING AGENCY: Chelan Douglas Developmental Disabilities
Website: www.chelاندouglas2p.com
Facebook: <https://www.facebook.com/chelاندouglasparent2parent/>

Grant/Adams Counties

JENNIFER NEWHOUSE, Coordinator
CHRISTI DIERINGER, Outreach Coordinator
ANNA ALVAREZ, Hispanic Outreach Coordinator
RUTH ANN LUNDERVILLE, Media Outreach Specialist
605 Coolidge Street
Moses Lake, WA 98837
Program Activities: Family Social Events, Mom's Night Out, Café Chat, Book Club, Weekly Parent Meetings, Home Equip. Loan Program, Lending Library, Monthly Newsletter, Disability Awareness Training, Facebook Pages & Groups
VOICE: (509) 764-7424, to reach Anna Alvarez: (509) 346-5523
FAX: (509) 765-5838
E-MAIL: jnewhouse@mlchc.org, cdieringer@mlchc.org, rlunderville@mlchc.org
SPONSORING AGENCY: Moses Lake Community Health
Website: www.mlchc.org



Kittitas County

MICHELLE WILLIAMS, Coordinator
PO Box 837 / 111 East University Way
Ellensburg, WA 98926
Program Activities: Parent Support Meetings, Family Social Events, Newsletters, Workshops, Information and Referral
VOICE: (509) 929-7277
E-MAIL: kittitascountyparent2parent@gmail.com
SPONSORING AGENCY: Kittitas Valley Opportunities

Yakima County

TRACIE HOPPIS, Supervisor
AMY BERKHEIMER, Program Specialist
GLORIA URNESS, Program Specialist
MARIA PULIDO, Hispanic Outreach
3801 Kern Road
Yakima, WA 98902
Program Activities: English & Spanish Parent Groups, Hispanic Outreach, Sibshops, Recreational Program, Teen Club, Disability Awareness, Neonatal Intensive Care Unit Support Project, Newsletter, Autism Support Group, Family Social Events, New Diagnosis Support Group
VOICE: (509) 574-3263
FAX: (509) 574-3210
E-MAIL: traciehoppis@yvmh.org, amyberkheimer@yvmh.org, GloriaUrness@yvmh.org, mariapulido@yvmh.org
SPONSORING AGENCY: Virginia Mason Memorial
Website: <https://www.yakimamemorial.org/>

EAST REGION

Benton/Franklin Counties

MELISSA BROOKS, RN, Coordinator
MARIA VILLARREAL, Hispanic Outreach Coordinator
1455 Fowler Street
Richland, WA 99352
Program Activities: Parent Support group with Educational classes, Family Activities, Newsletter with The Arc of Tri-Cities, Senior Caregiver Project, Education & Social Activities for parents and youth.
VOICE: (509) 783-1131, ext. 108
FAX: (509) 735-7706
E-MAIL: p2p@arcofricities.com, maria@arcofricities.com
SPONSORING AGENCY: The Arc of Tri-Cities
Website: arcofricities.com
Facebook: <https://www.facebook.com/p2ptricities/?fref=fb>

Ferry, Pend Oreille & Steven's Counties (No P2P Program currently)

Spokane/Lincoln/Whitman Counties

SHELLEY GACUSANA, Spokane Coordinator
DEBBIE CHAPMAN, Lincoln & Whitman Coordinator
320 East 2nd Avenue
Spokane, WA 99202
Program Activities: Parent Support Group & Workshops, Parents 4 Life monthly meetings, Newsletter, Transition Support, Guardianship & IEP referrals, Annual Holiday Party & Summer Picnic, Annual Family Support Conference in the spring
VOICE: (509) 328-6326, ext. 8323 (Shelley) (253) 335-6835 (Debbie)
FAX: (509) 328-6342
E-MAIL: SGacusana@arc-spokane.org, dchapman@arc-spokane.org (Debbie)
SPONSORING AGENCY: The Arc of Spokane
Website: www.arc-spokane.org
Facebook: <https://www.facebook.com/SpokaneP2P/>



WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS SITES AND COORDINATORS – April 2019

Walla Walla/Columbia/Garfield/Asotin Counties

ANGIE WITT, Coordinator
YSABEL FUENTES, Co-Coordinator & Hispanic Parent Outreach
PO Box 1918
Walla Walla, WA 99362
Program Activities: Support, information, newsletter and referral provided.
Helping Parent trainings once per year.
VOICE: (509) 540-9880; to contact Ysabel, (509) 301-0679
E-MAIL: p2p@wvwdn.org, p2pespanol@wvwdn.org,
SPONSORING AGENCY: Walla Walla Valley Disability Network-Cyndy Knight
ED admin@wvwdn.org
Website: www.wvwdn.org
Facebook: <https://www.facebook.com/WallaWallaParent2Parent/?fref=ts>

NORTHWEST REGION

Island County

TIFFANY WHEELER-THOMPSON, Coordinator
PO Box 5000
Coupeville, WA 98239
Program Activities: Support, resources, networking opportunities and referral options, monthly newsletters and events, latest research, legislative activity and support group information. Sponsors or co-sponsors several support groups including Spanish all over Whidbey Island.
VOICE: (360) 632-7539 FAX: (360) 679-7377
E-MAIL: t.wheeler-thompson@co.island.wa.us
SPONSORING AGENCY: Island County Human Services
Website: <https://www.islandcountywa.gov/Humanservices/Pages/Parent-to-Parent.aspx>
Facebook: <https://www.facebook.com/islandcountyparent2parent/?fref=ts>

San Juan County (No P2P Program currently)

Skagit County

HEATHER MILLIREN, Coordinator ext. 1013
FABIOLA SOLIS, Hispanic Outreach Specialist ext. 3999
320 Pacific Place
Mt. Vernon, WA 98273
Program Activities: Resources, lending library, support meetings, educational workshops, recreational activities, annual Helping Parent Training, annual moms' events and Spanish translation available.
VOICE: (360) 416-7570 FAX: (360) 416-7580
E-MAIL: p2p@sparckids.org, Hispanicp2p@sparckids.org
SPONSORING AGENCY: SPARC
Website: www.p2pskagit.org
Facebook: <https://www.facebook.com/SkagitP2P/>

Snohomish County

JAMIE COONTS, Coordinator, ext. 104
ALAINA KUBE, Coordinator, ext. 111
LYNNEA RIMANDO, Coordinator, ext. 106
MELY CERVANTES, Hispanic Outreach Coordinator, ext. 114
NICHOLAS WRIGHT, Coordinator, ext. 122
2500 Hewitt Avenue, Suite 300
Everett, WA 98201
Program Activities: Helping Parent, Mothers Network, Fathers Network, Autism Support Group, English & Spanish Parent Groups, Monthly Parent Speaker Night, Lego Club, Family Activities, Sibshops, Special Education Speakers & Support, Caregiver Support Group, Weekly/Bi-weekly Arc Happenings e-mail Newsletter with events & resources, Website Calendar, Book & Video Lending Library
VOICE: (425) 258-2459 FAX: (425) 252-8232
E-MAIL: jamie@arcsno.org, alaina@arcsno.org, Lynnea@arcsno.org, mely@arcsno.org, Nicholas@arcsno.org
SPONSORING AGENCY: The Arc of Snohomish County
Website: www.arcsno.org

Whatcom County

KARLENE UMBAUGH, Coordinator, ext. 302
MELISSA ABRAHAM, Parent Assistant ext. 301
MARTA MEJIA, Latino Community Coordinator, ext. 308
2602 McLeod Road
Bellingham, WA 98225
Program Activities: Monthly Newsletter, Monthly Support Meetings, Family Inclusive Events, Parent Workshop, Super Sitter Training, Helping Parent Training, Sibshops, Hispanic Outreach Family Events, Book & Video Lending Library, and Parent Matches.
VOICE: (360) 715-0170 FAX: (360) 715-8522
E-MAIL: karlene@p2pwhatcom.org, melissa@p2pwhatcom.org, info@p2pwhatcom.org, familia@p2pwhatcom.org, beverlyp@arcwhatcom.org
SPONSORING AGENCY: Arc of Whatcom County – Beverly Porter, ED
Website: www.p2pwhatcom.org
Facebook: <https://www.facebook.com/ParenttoParentWhatcom/>

PENINSULA REGION

Clallam County

SHAWNDA HICKS, Coordinator
301 East Lopez Avenue # 4
Port Angeles, WA 98362
Program Activities: Parent support, seminars, social activities and information
VOICE: (360) 406-1215 Shawnda or (360) 797-3602 Priya
E-MAIL: shawnda.mosaic@gmail.com, priya.mosaic@gmail.com
SPONSORING AGENCY: Clallam Mosaic; Priya Jayadev, Executive Director
Website: www.clallamosaic.org
Facebook: <https://www.facebook.com/groups/750626038422099/>

Grays Harbor/Pacific Counties

CHARLENE McCARTY- P2P/Parent Coordinator
AMBER COOK, P2P Pacific Coordinator
523 West First Street
PO Box 1794
Aberdeen, WA 98520
Program Activities: Parent and Family emotional support and guidance in navigating our complex system, Informational Resource & Referral via phone, e-mail, Facebook and website. Quarterly Arc Newsletter and bi-monthly email bulletin, Educational workshops and presentations on schools I.E.P. (Individual Education Plan) and 504 plans, Transition Services, Guardianship, Wills & Trusts, and other topics. Life Skills and Social events, Summer Youth Employment program, Annual Helping Parent Training
VOICE: (360) 537-7000 FAX: (360) 537-8816
E-MAIL: charlenem@arcqh.org, amberg@arcqh.org
SPONSORING AGENCY: The Arc of Grays Harbor
Website: www.arcqh.org
Facebook: <https://www.facebook.com/groups/515908978594356/>

Kitsap/Jefferson Counties

KIM BUSHNELL, P2P Supervisor
KIMBERLY ADAMS, Kitsap Coordinator
DIANE PORTER, Jefferson Coordinator
3243 North Perry Avenue
Bremerton, WA 98310
Program Activities: Parent and Family Support, Parent and Caregiver Support Groups, Family Activities and Events, Meet ups, Monthly Newsletter, Trainings, Workshops
VOICE: Amanda (360) 377-3473 x-104, Kitsap (360) 516-8276, Jefferson (360) 801-1623
E-MAIL: KAdams@penarc.org; DPorter@penarc.org; KBushnell@penarc.org
SPONSORING AGENCY: The Arc of the Peninsulas-Website: www.penarc.org/
Facebook: <https://www.facebook.com/thearcofkitsapandjeffersoncounties/>





WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS SITES AND COORDINATORS – April 2019

Thurston/Mason Counties

SYLVIA DAVENPORT, Coordinator

South Sound Parent to Parent

2108 Caton Way SW

Olympia, WA 98502

Program Activities: Spanish Language Line, Helping Parent, P2P Support Groups, Cheers to You Support Group, Down Syndrome Support and activities, Mom to Mom, Sibshops, Family Activities, Annual Family Picnic, Buddy Walk, Infant/Toddler Early Intervention Program (ESIT), Transition/IEP Support, Toy/Equipment/Book lending program, Information and referral, website, monthly newsletter, Parent Education

VOICE: (360) 352-1126 (main line & Spanish Language Line)

Toll Free: (877) 352-1126

FAX: (360) 352-0761

E-MAIL: sdavenport@ssp2p.org

SPONSORING AGENCY: 501(C) 3 Parent to Parent of Thurston County

Website: www.ssp2p.org

Facebook: <https://www.facebook.com/SSP2P/>

PIERCE / KING REGION

King County

RACHEL NEMHAUSER, Supervisor

PATRICIA GONZALEZ, Coordinator for Latino & Spanish Speaking Families

RICHARD MULLEN, African American Coordinator

233 6th Avenue North

Seattle, WA 98109

Program Activities: Parent Support groups, Information and referral, Email support and information groups, Parent education, family events in English, Spanish and for African American families

VOICE: (206) 829-7053

SPANISH: (206) 829-7030

Contact info:

Rachel Nemhauser: (206) 829-7046 or RNemhauser@arcofkingcounty.org

Patricia Gonzalez: (206) 829-7027 or pgonzalez@arcofkingcounty.org

Richard Mullen: (206) 829-7036 or RMullen@arcofkingcounty.org

FAX: (206) 364-8140

SPONSORING AGENCY: The Arc of King County

Website: www.arcofkingcounty.org

Facebook: <https://www.facebook.com/arcofkingcounty/>

Pierce County

MICHELE LEHOSKY, Coordinator ext. 104

DOREEN VANDERVORT, Co-Coordinator ext. 107

LIZ SARMIENTO, Hispanic Outreach Coordinator

6316 South 12th Street

Tacoma, WA 98465

Program Activities: Parent Information & Education, On-line Support Group, List serve support, Down Syndrome Support group, Mom's Night Out, Person Centered Planning Workshops, Spanish Support Group, PURPAS Autism Group, Coffee or Tea with P2P, Helping Parent Training Leadership & Advocacy Program, Community Family Events

VOICE: (253) 565-2266, Mon.-Fri. 1:00 – 4:30

V/TTY: (253) 565-2266 OR 1-800-5PARENT

FAX: (253) 566-8052

E-MAIL: P2P@wapave.org

SPONSORING AGENCY: PAVE

Website: <http://wapave.org/>

Facebook: <https://www.facebook.com/washingtonpave/>

Help Request: www.wapave.org/get-help



SOUTHWEST REGION

Clark/Skamania Counties

THERESA VAN PELT, Clark Coordinator

JENNEL CALKINS, Skamania Coordinator

TANYA ENGLISH, Multi-Cultural Outreach (English/Spanish)

PO Box 820681

Vancouver, WA 98682

Program Activities: Social Gatherings, Support Groups, Newsletter, Lending Library

VOICE: (360) 823-2247 ext. 109 or (Spanish 360.823.2247 ext 103)

E-MAIL: P2PCC@peacenw.org; p2pskamania@peacenw.org (Skamania);

culturaloutreach2@peacenw.org

SPONSORING AGENCY: Parents Empowered And Communities Enhanced

(PEACE); Darla Helt, Executive Director darlah@peacenw.org

Facebook: <https://www.facebook.com/CCP2P/>;

<https://www.facebook.com/peacemulticultural/>

Cowlitz County

LACEY CAIRNS, Coordinator

906 New York Street

Longview, WA 98632

Program Activities: Monday Morning Playgroup, School Support and Lay-Advocacy Services, Holland Program, Transition Program, Helping Parent Training, Together We Can Transition Conference, Family and Community Supports and Services, Educational Trainings, Autism Awareness Walk, Play Beyond the System-Game Night, Information, referral and outreach.

VOICE: (360) 425-5494

FAX: (360) 577-9137

E-MAIL: laceycairns@lifeworkswa.org

SPONSORING AGENCY: LifeWorks WA

Website: <http://www.lifeworkswa.org/>

Facebook: <https://www.facebook.com/groups/1807729746114125/> closed group

The Arc of Cowlitz County page: https://www.facebook.com/pg/The-Arc-of-Cowlitz-County-387884154662446/posts/?ref=page_internal

Klickitat County

GAIL LAMPERS, West Klickitat Coordinator

KIMBERLY MICHAEL, East Klickitat Coordinator

Mailing Address (PEACE):

PO Box 820681

Vancouver, WA 98682

Program Activities: Newsletter, Coffee Chat, Informational Teaching Series

VOICE: (509) 774-7472 or (Spanish 360.823.2247 ext 103)

E-MAIL: klickitatcountyp2p@gmail.com (West),

P2Pgoldendale@peacenw.org (East)

SPONSORING AGENCY: Parents Empowered And Communities Enhanced

(PEACE); Darla Helt, Executive Director darlah@peacenw.org

Facebook: <https://www.facebook.com/ParenttoParentofKlickitatCounty/>

Lewis County

TAMARA BARTEL, Coordinator

PO Box 870

203 West Reynolds Avenue

Centralia, WA 98531

Program Activities: Monthly Parent Support meetings, Newsletter, Resource & Referral Service, Video & Book Lending Library, Educational Trainings and Family Events, Transition Support, Community Education.

VOICE: (360) 520-9299

FAX: (360) 330-1663

E-MAIL: TBartel@reliableenterprises.org

SPONSORING AGENCY: Reliable Enterprises

Website: www.reliableenterprises.org

Facebook: <https://www.facebook.com/lewiscountyparent2parent/?fref=ts>

Wahkiakum County (No P2P Program currently)



**WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS
SITES AND COORDINATORS – April 2019**

COORDINADORES ALCANZANDO HISPANOS

¿Hablas Español? Para información y recomendaciones, llama:

A tu municipio abajo:

P2P EASTERN WASHINGTON –

County (Municipio)	Name (NOMBRE)	Number (NUMERO)
Benton/Franklin	Maria Villarreal mariar@arcofricities.com	(509) 783-1131 ext. 108
Grant/Adams	Anna Alvarez Hispanic Outreach Coordinator	(509) 346-5523
Walla Walla/Columbia/ Garfield/Asotin	Ysabel Fuentes p2pespanol@wwvdcn.org	(509) 525-9435
Yakima	Maria Pulido mariapulido@yvmh.org	(509) 574-3200

P2P WESTERN WASHINGTON –

Clark/Klickitat/Skamania	Tanya English Apoyo para Padres Ayudante (& Helping Parent Support) culturaloutreach2@peacenw.org	(360) 823-2247 ext. 103
King	Patricia González pgonzalez@arcofkingcounty.org	(206) 829-7027
Seattle’s Childrens Hospital	María Cervantes Especialista de Apoyo Familiar /Servicios de Apoyo Familiar maria.cervantes@seattlechildrens.org	(206) 987-1119
Skagit	Fabiola Solís hispanicp2p@sparckids.org	(360) 416-7570
Pierce	Liz Sarmiento P2P@wapave.org	(253) 565-2266
Snohomish	Mely Cervantes mely@arcsno.org	(425) 258-2459 ext. 114
Thurston	Línea en Español (Spanish Language Line)	(360) 352-1126
Whatcom	Marta Mejía familia@p2pwhatcom.org	(360) 715-0170 ext. 308

