

PARENT-TO-PARENT SUPPORT PROGRAMS

Emotional support, information, referral and systems navigation.

Toll-free (State Office) (888) 754-8798 x 2

CENTRAL REGION

Chelan/Douglas (509) 888-0902

Español (509) 415-9896

Grant/Adams (509) 764-7424

Español (509) 764-7424

Kittitas (509) 929-7277

Yakima English & Español (509) 574-3200

EAST REGION

Benton/Franklin (509) 783-1131 x 108

Lincoln/Whitman (253) 335-6835

Okanogan (509) 429-4400

Spokane/ (509) 789-8797

Stevens/Pend Oreille/Ferry (509) 78908782

Walla Walla/Columbia/ (509) 540-9880

Garfield/Asotin (509) 301-0679

NORTHWEST REGION

Island (360) 632-7539

San Juan (360) 622-0326

Skagit (360) 416-7570 x 1013

Español (360) 416-7570 x 3999

Snohomish (425) 258-2459

Español (425) 258-2459 x 114

Whatcom (360) 715-0170

Español (360) 715-0170 x 308

PENINSULA REGION

Clallam (360) 406-1215

Grays Harbor/Pacific (360) 537-7000

Kitsap (360) 516-8276

Jefferson (360) 377-3473

Thurston/Mason/Español (360) 352-1126 & Lang. Line

PIERCE/KING REGION

King (206) 829-7053

Español (206) 829-7027

Pierce English & Español (253) 565-2266

SOUTHWEST REGION

Clark & (360) 823-2247 x 109

Klickitat & (360) 231-9414

Skamania (360) 443-1235

Español (360) 823-2247 x 103

Cowlitz/Wahkiakum (360) 425-5494

Lewis (360) 736-4359

Seattle CHILDREN'S (206) 987-1119**The Arc of Washington State**

Advocacy, information and referral, education of policy makers and the public.

State Office (360) 357-5596

Toll-free (888) 754-8798

Local Arc Chapters

Cowlitz County (360) 425-5494

Grays Harbor (360) 537-7000

King County (206) 364-6337

Peninsulas (K/J Co) (360) 377-3473

Snohomish County (425) 258-2459

Spokane County (509) 328-6326

Tri-Cities (509) 783-1131

Whatcom (360) 715-0170

Autism Centers

Seattle Childrens (206) 987-8080

Seattle (UW) (206) 221-6806

Tacoma (UW) (253) 692-4721

Spokane (509) 328-1582

Autism Outreach Project

Information and referral (888) 704-9633

Autism Society of Washington

Information, referral and support (888) 279-4968

Bates Para-educator Training Program

Information and registration (253) 680-7161

Brain Injury Association of Washington

Information and referral (877) 824-1766

CHADD Northwest Chapter

Information and referral (800) 233-4050

Center for Change in Transition Services

(206) 296-6494

Community Services Office (CSO)

(877) 501-2233

Dental Education in Care of Persons with Disabilities

(DECOD) Program of (UW) School of Dentistry that treats persons with severe disabilities

Contact (206) 543-4619

Department for Services for the Blind

Toll-free (800) 552-7103

Department of Early Learning

Toll-free (866) 482-4325

Developmental Disabilities Adminwww.dshs.wa.gov/dda**Developmental Disabilities Council (DDC)**

Information and referral (800) 634-4473

Disabilities Rights Washington

Legal advocacy and information (800) 562-2702

Division of Behavioral Health & Recovery (MH)

Jeannette Barnes-Parent Advocate (360) 725-1313

Division of Vocational Rehabilitation (DVR)

Toll-free (800) 637-5627

Down Syndrome Community of Puget Sound

Information and referral (206) 527-7191

Early Support for Infants & Toddlers

Information and referral (360) 725-3500

Easter Seals Society of Washington

Training, information and direct service. (206) 281-5700

Education Ombudsman

Help with education issues statewide-Trainings available (866) 297-2597

END HARM

(866)3634276

Epilepsy Foundation Northwest

Programs and services (800) 752-3509

Evergreen Spina Bifida Association

Information and referral (888) 289-3700

Family Health Hotline

Toll-free (800) 322-2588

Family to Family Health Information Center

Information and referral about special health care needs and insurance (800) 572-7368

FEAT of Washington (Families for Effective Treatment of Autism)

Information and referral (425) 223-5126

Learning Disabilities Association—State Office

Information and referral (425) 882-0820

NOFAS Washington

Information, referral and support regarding Fetal Alcohol Syndrome

Toll-free (206) 940-5126

Office of Education Ombudsman (OEO)

Toll-free (866) 297-2597

Office of Deaf & Hard of Hearing (ODHH)

Toll-free (800) 422-7930

Parent Coalitions-Legislative Advocacy

- Benton/Franklin- Sharon Adolphsen (509) 967-3974
- Clark County- Darla Helt (360) 823-2247 x 102
- Grant/Adams/Lincoln Debbie Chapman (509) 659-4173
- Grays Harbor- Christie Chiles (360) 537-7000
- King County- Cathy Murahashi (206) 829-7039
- Kitsap County- Melissa Lund (360) 373-2502 x 100
- Kittitas County- Michelle Williams (509) 929-7277
- Lewis County- Dot Workman (360) 623-9022
- Pierce County- Beth Ann Garteiz (253) 564-0707 x 107
- Skagit County (206) 235-1236
- Snohomish County- Megan Edmonds (425) 258-2459 x 107
- Spokane County- Jennifer Ranney (temp) (509) 789-8321
- Whatcom County- Monica Burke (360) 715-0170
- Yakima County- Linda Fox (509) 731-7761

PAVE

(Partnerships for Action; Voices for Empowerment)

Workshops, resources and referral regarding Special Education
Toll-free (800) 572-7368

People First (800) 758-1123

Self-Advocacy (SA) Organizations

King County (SA) (206) 632-4633

Self-Advocates in Leadership (SAIL)

(888) 754-8798 x3

Self Advocates of WA (253) 571-8665

Sibling Support Project (206) 297-6368

Special Education Technology (509) 963-3350

Social Security Administration (SSA/SSI) & Supplemental Security Income (800) 772-1213

Special Olympics Of WA State
Information (206) 362-4949

Tourette's Syndrome Association
Information and referral 206) 621-2108

WA Access Fund (877) 428-5116

WA Apple Health & Apple Health for Kids
(800) 562-3022

WA Assistive Technology Act Program (WATAP)
(800) 214-8731

WA Autism Alliance & Advocacy
Information and referral (425) 894-7231

WA NAMI (Mental Illness)
Advocacy, information and support (206) 783-4288

WA Prescription Drug Discount Card
Information (800) 913-4146

WA State Father's Network
Support and resources for Fathers (425) 653-4286

WA State Hands & Voices
Emotional support for families with children who are deaf, deaf-blind or hard of hearing.
(425) 268-7087

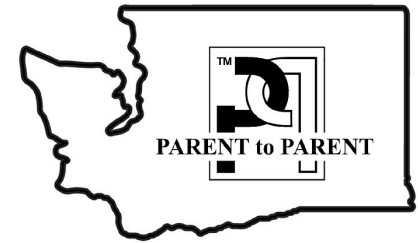
WA State Sensory Disability Services
Information, technical assistance and resources
(800) 572-7000

WISE—WA Employment Opportunities
(206) 343-0881

WithinReach
Information and referral (206) 284-2465



Revised November 2021



PARENT TO PARENT (P2P) SUPPORT PROGRAMS of WASHINGTON STATE

Providing information, systems navigation, education and support to families who have a child with a special health care need and/or disability

Toll Free 1.888.754.8798 x 2

P2PUSA Alliance State Member