1. If you have a personal connection or professional experience with someone who has a developmental disability, would you describe its impact on you?

As a nurse, I've worked closely with patients with developmental disabilities and their family members. Through these patients, as well as through several friends who have children with developmental disabilities, I've witnessed the frustrating challenges presented to them. While some have access to great resources, many are left with inadequate care and lack of critical resources to meet fundamental needs. This lack of quality care and resources is exactly why I'm running for office. We need advocates in Olympia who will understand the experiences of these families and strive for better systems, ones that guarantee safety and quality care for every Washingtonian.

2. What are your top three legislative priorities and how would you help people with developmental disabilities in them?

Housing and Affordability - prioritize living in community. People with disabilities should be able to stay in their homes and communities and the government should give them the support they need. With rising housing costs, we need to make sure there are ample affordable housing options for people with disabilities that meet their specific needs.

Affordable Healthcare Access - ensure quality care for those with disabilities during COVID and increase funding for other healthcare needs. We need to be vigilant about discrimination in healthcare treatment both during the COVID-19 pandemic and outside of it. We must make sure people with I/DD have equitable access to lifesaving equipment. Similarly, our national mental health crisis has extreme economic and social costs, and as we address it, we must include people with developmental disabilities as well. An estimated 35% of those with I/DD also suffer from a mental health disorder. We need to fund mental health services tailored for those with disabilities.

Fair Wages and Workplaces - demand fair compensation and economic opportunity for people with I/DD and supportive living providers. We should increase funding for employment services for people with disabilities. Those with I/DD deserve a living wage. Similarly, we must ensure supported living providers receive good wages and economic support. As over the past 5 years, the turnover rate for supported living providers has increased by more than 50% percent. This is disruptive to high quality care and must be addressed.

3. With the current economic crisis, how would you protect services that people with I/DD and their families need?

I do not believe in relying on cuts to get out of this budgetary shortfall - I will stand up for protecting programs that our communities trust and rely on. I support new progressive revenue - paid for by closing tax loopholes on large, profitable corporations - to protect and enhance services and programs.
Similarly, we must make changes to ensure people with I/DD are getting the support they need at this challenging time. There is a long list of people (more than 13,000 in Washington) who qualify for Developmental Disabilities Administration services, but are not receiving support due to lack of funding and an overwhelmed No Paid Services caseload. We need to fund case managers and implement self evaluations so we know exactly what services each individual needs and then fund them.

4. Is there other information you’d like constituents with developmental disabilities and their family and friends to know?

I am committed to representing all of my constituents - and look forward to working closely with this community to ensure high quality care and better economic outcomes for people with developmental disabilities. As trying as this pandemic has been, it also presents us with the opportunity to create real change in our healthcare and economic systems. I will bring the needed perspective of a nurse and working mom to the Senate to fight for healthy and vibrant communities.