



WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS SITES AND COORDINATORS – March 2020

STATE PARENT TO PARENT OFFICE

TRACIE HOPPIS, Washington State Coordinator
Washington State P2P Programs
2638 State Avenue NE, Olympia, WA 98506
DESK: (509) 574-3263
CELL: (509) 907-0873
E-MAIL: parent2parentwa@arcwa.org or traciehoppis@ymvh.org.

THERESA VAN PELT, Westside Coordinator
VOICE: (360) 823-2247 ext. 109
E-MAIL: P2PCC@peacenw.org
SPONSORING AGENCY: The Arc of Washington State

Jackie Thomason, Administrative Assistant
E-MAIL: info@arcwa.org
VOICE: (360) 357-5596 option 2
TOLL-FREE: (888) 754-8798
Fax: (360) 357-3279 website: www.arcwa.org
Facebook: <https://www.facebook.com/parentto.parent.9>

Parent Support Program Seattle Children's

MARIA CERVANTES, Family Support Specialist | Family Support Services
Seattle Children's (Spanish also)
OFFICE: 4800 Sand Point Way NE, Seattle, WA, 98105
MAIL: M/S RB.7.420; PO Box 5371; Seattle, WA 98145-5005
VOICE: (206) 987-1119
FAX: (206) 987-2235
E-MAIL: maria.cervantes@seattlechildrens.org
Website: <http://cshcn.org/support-connections/support-and-connection-for-families/> or <http://www.seattlechildrens.org/>

CENTRAL REGION

Chelan/Douglas Counties

This is open currently
TAMARA BURNS, DD County
23 South Wenatchee Avenue, Suite 203
Wenatchee, WA 98801
Program Activities: Support, information, Sibshops, newsletter, social activities, and referrals provided. Helping Parent trainings once per year.
CELL (509) 423-8527
E-MAIL: p2pcoordinator@chelاندouglas2p.com, Tcardwell-burns@co.douglas.wa.us
SPONSORING AGENCY: Chelan Douglas Developmental Disabilities
Website: www.chelاندouglas2p.com
Facebook: <https://www.facebook.com/chelاندouglasparent2parent/>

Grant/Adams Counties

JENNIFER NEWHOUSE, Coordinator
ANNA ALVAREZ, Hispanic Outreach/Adams Co Facilitator
ANJELICA DELGADO, Outreach Program Specialist/Multi-Cultural
RUTH ANN LUNDERVILLE, Media Outreach Specialist
605 Coolidge Street
Moses Lake, WA 98837
Program Activities: Family Social Events, Mom's Night Out, Café Chat, Book Club, Weekly Parent Meetings, Monthly Provider/Parent Meetings, Home Equip. Loan Program, Lending Library, Monthly Newsletter, Disability Awareness Training, Facebook Pages & Groups, Spanish Outreach, Sibling Support, Helping Parent Training
VOICE: (509) 764-7424, (509) 346-5523 (Anna, Spanish Outreach)
FAX: (509) 765-5838
E-MAIL: jnewhouse@mlchc.org, rlunderville@mlchc.org, ADelgado@mlchc.org
SPONSORING AGENCY: Moses Lake Community Health
Website: www.mlchc.org

Kittitas County

MICHELLE WILLIAMS, Coordinator
PO Box 837 / 111 East University Way
Ellensburg, WA 98926
Program Activities: Parent Support Meetings, Newsletters, Workshops, Information and Referral
VOICE: (509) 929-7277
E-MAIL: kittitascountyparent2parent@gmail.com
SPONSORING AGENCY: Kittitas Valley Opportunities

Yakima County

TRACIE HOPPIS, Supervisor
AMY BERKHEIMER, Program Specialist
GLORIA URNESS, Program Specialist
MARIA PULIDO, Hispanic Outreach
3801 Kern Road
Yakima, WA 98902
Program Activities: English & Spanish Parent Groups, Holland, Hispanic Outreach, Sibshops, Social Recreational Program, Teen Club, Disability Awareness, Neonatal Intensive Care Unit Support Project, Newsletter, Autism Support Group, Family Social Events, Down Syndrome group;
VOICE: (509) 574-3200
FAX: (509) 574-3210
E-MAIL: traciehoppis@ymvh.org, amyberkheimer@ymvh.org, GloriaUrness@ymvh.org, mariapulido@ymvh.org
SPONSORING AGENCY: Virginia Mason Memorial
Website: <https://www.yakimamemorial.org/>



EAST REGION

Benton/Franklin Counties

MELISSA BROOKS, RN, Coordinator
MARIA VILLARREAL, Hispanic Outreach Coordinator
1455 Fowler Street
Richland, WA 99352
Program Activities: Parent Support group with Educational classes, Family Activities, Newsletter with The Arc of Tri-Cities, Autism Resource Navigation Help Meetings, Education & Social Activities for parents and youth.
VOICE: (509) 783-1131, ext. 108
FAX: (509) 735-7706
E-MAIL: p2p@arcofricities.com, maria@arcofricities.com
SPONSORING AGENCY: The Arc of Tri-Cities
Website: arcofricities.com
Facebook: <https://www.facebook.com/p2ptricities/?fref=nf>

Lincoln/Whitman/Ferry/Okanogan/Pend Oreille/Stevens Counties

DEBBIE CHAPMAN, Coordinator
320 East 2nd Avenue
Spokane, WA 99202
Program Activities: TBD
VOICE: (253) 335-6835
E-MAIL: dchapman@arc-spokane.org
SPONSORING AGENCY: The Arc of Spokane
Website: www.arc-spokane.org
Facebook: <https://www.facebook.com/SpokaneP2P/>

Spokane County

SHELLEY GACUSANA, Spokane Coordinator
320 East 2nd Avenue
Spokane, WA 99202
Program Activities: Support groups, Holiday Party, Summer Picnic, Inclusive Education Conference, Sib-Shops, Parents Night Out, Housing Workshop, Guardianship Workshop, IEP Clinics, & Transition Support.
VOICE: (509) 328-6326, ext. 8323
FAX: (509) 328-6342
E-MAIL: SGacusana@arc-spokane.org



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Spokane County (Continued)

SPONSORING AGENCY: The Arc of Spokane

Website: www.arc-spokane.org

Facebook: <https://www.facebook.com/SpokaneP2P/>

Walla Walla/Columbia/Garfield/Asotin Counties

ANGIE WITT, Coordinator

YSABEL FUENTES, Co-Coordinator & Hispanic Parent Outreach

PO Box 1918

Walla Walla, WA 99362

Program Activities: Support, information, newsletter and referral provided.

Helping Parent trainings once per year.

VOICE: (509) 540-9880; to contact Ysabel, (509) 301-0679

E-MAIL: p2p@wvvdn.org, p2pespanol@wvvdn.org,

SPONSORING AGENCY: Walla Walla Valley Disability Network-Cyndy Knight

ED admin@wvvdn.org

Website: www.wvvdn.org

Facebook: <https://www.facebook.com/WallaWallaParent2Parent/?fref=ts>

NORTHWEST REGION

Island County

TIFFANY WHEELER-THOMPSON, Coordinator

PO Box 5000

Coupeville, WA 98239

Program Activities: Support, resources, networking opportunities and referral options, monthly newsletters and events, latest research, legislative activity and support group information. Sponsors or co-sponsors several support groups including Spanish all over Whidbey Island.

VOICE: (360) 632-7539

FAX: (360) 679-7377

E-MAIL: t.wheeler-thompson@co.island.wa.us

SPONSORING AGENCY: Island County Human Services

Website: <https://www.islandcountywa.gov/Humanservices/Pages/Parent-to-Parent.aspx>

Facebook: <https://www.facebook.com/islandcountyparent2parent/?fref=ts>

San Juan County

JEANINE LARSON, Coordinator

San Juan Family Resource Center

476 Market Street / PO Box 1981

Friday Harbor, WA 98250

VOICE: (253) 225-6105

E-MAIL: p2p.sjifrc@gmail.com, sjifrc@rockisland.com (Jennifer)

Program Activities: TBD

SPONSORING AGENCY: San Juan Island (SJI) Family Resource Center –

Jennifer Armstrong, Executive Director

Website: TBD

Facebook: TBD

Skagit County

HEATHER MILLIREN, Coordinator ext. 1013

FABIOLA SOLIS, Hispanic Outreach Specialist ext. 3999

320 Pacific Place

Mt. Vernon, WA 98273

Program Activities: Resources, lending library, support meetings, educational workshops, recreational activities, annual Helping Parent Training, annual moms' events and Spanish translation available.

VOICE: (360) 416-7570

FAX: (360) 416-7580

E-MAIL: p2p@sparckids.org, Hispanicp2p@sparckids.org

SPONSORING AGENCY: SPARC, Amanda Sloan, ED Amanda@sparckids.org

Website: www.p2pskagit.org

Facebook: <https://www.facebook.com/SkagitP2P/>



Snohomish County

JAMIE COONTS, Coordinator, ext. 104

ALAINA KUBE, Coordinator, ext. 111

LYNNEA RIMANDO, Coordinator, ext. 106

MELY CERVANTES, Hispanic Outreach Coordinator, ext. 114

NICKI SOLIE, Special Education Coordinator, ext. 110

ROSMEYRI ROMERO GAUDALUPE, Hispanic Outreach Coordinator-Assistant

2500 Hewitt Avenue, Suite 300

Everett, WA 98201

Program Activities: Helping Parent, IEP Parent Partner, Mothers Network, Fathers Network, Autism Support Group, English & Spanish Parent Groups, Monthly Parent Speaker Night, Lego Club, Family Activities, Sibshops, Special Education Speakers & Support, Caregiver Support Group, Weekly/Bi-weekly Arc Happenings e-mail Newsletter with events & resources, Website Calendar, Book & Video Lending Library

VOICE: (425) 258-2459

FAX: (425) 252-8232

E-MAIL: jamie@arcsno.org, alaina@arcsno.org, Lynnea@arcsno.org,

mely@arcsno.org, nicki@arcsno.org, rosmeyri@arcsno.org

SPONSORING AGENCY: The Arc of Snohomish County

Website: www.arcsno.org

Whatcom County

KARLENE UMBAUGH, Coordinator, ext. 302

MELISSA ABRAHAM, Parent Assistant ext. 301

MARTA MEJIA, Latino Community Coordinator, ext. 308

2602 McLeod Road

Bellingham, WA 98225

Program Activities: Monthly Newsletter, Monthly Support Meetings, Family Inclusive Events, Parent Workshop, Super Sitter Training, Helping Parent Training, Sibshops, Hispanic Outreach Family Events, Book & Video Lending Library, and Parent Matches.

VOICE: (360) 715-0170

FAX: (360) 715-8522

E-MAIL: karlene@p2pwhatcom.org, melissa@p2pwhatcom.org,

info@p2pwhatcom.org, familia@p2pwhatcom.org,

SPONSORING AGENCY: Arc of Whatcom County – Beverly Porter, ED

beverlyp@arcwhatcom.org

Website: www.p2pwhatcom.org

Facebook: <https://www.facebook.com/ParenttoParentWhatcom/>

PENINSULA REGION

Clallam County

CARAH PLESS, Coordinator

301 East Lopez Avenue # 4

Port Angeles, WA 98362

Program Activities: Parent support, seminars, social activities and information

VOICE: (360) 406.1215

E-MAIL: carah@clallammosaic.org

SPONSORING AGENCY: Clallam Mosaic; Priya Jayadev, Executive Director

Website: www.clallammosaic.org

Facebook: <https://www.facebook.com/groups/750626038422099/>

Grays Harbor/Pacific Counties

AMBER COOK, P2P Grays Harbor/Pacific County Parent Coordinator

CHRISTIE CHILES, P2P Grays Harbor Parent Coordinator

523 West First Street / PO Box 1794

Aberdeen, WA 98520

Program Activities: Parent and Family emotional support and guidance in navigating our complex system, Informational Resource & Referral via phone, e-mail, Facebook and website. Quarterly Arc Newsletter and bi-monthly email bulletin, Educational workshops and presentations on schools I.E.P. (Individual Education Plan) and 504 plans, Transition Services, Guardianship, Wills & Trusts, and other topics. Life Skills and Social events, Summer Youth Employment program, Annual Helping Parent Training



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Grays Harbor/Pacific Counties (continued)

VOICE: (360) 537-7000 FAX: (360) 537-8816

E-MAIL: amperc@arcgh.org, christiec@arcgh.org

SPONSORING AGENCY: The Arc of Grays Harbor - Join the Arc of Grays Harbor's Mailing list to receive our Quarterly Arc Newsletter and bi-monthly email bulletin by filling out the form at <https://forms.gle/HNTWrpHVAiSK4CeE6>
Website: <https://arcgh.org/>

Parent to Parent Facebook Groups: Grays Harbor Co.

<https://www.facebook.com/groups/515908978594356/>,

Pacific Co. <https://www.facebook.com/groups/227804754558701/>

Kitsap/Jefferson Counties

KIM BUSHNELL, P2P Supervisor

KIMBERLY ADAMS, Coordinator

3243 North Perry Avenue

Bremerton, WA 98310

Program Activities: Parent and Family Support, Parent and Caregiver Support Groups, Family Activities and Events, Meet ups, Monthly Newsletter, Trainings, Workshops

VOICE: (360) 377-3473 ext.-102;

Kitsap (360) 516-8276;

E-MAIL: KAdams@penarc.org; KBushnell@penarc.org

SPONSORING AGENCY: The Arc of the Peninsulas

Website: www.penarc.org/

Facebook: <https://www.facebook.com/thearcofkitsapandjeffersoncounties/>,

Kitsap County Parent to Parent <https://www.facebook.com/KitsapP2P>

Thurston/Mason Counties

SYLVIA DAVENPORT, Coordinator

South Sound Parent to Parent

2108 Caton Way SW

Olympia, WA 98502

Program Activities: Spanish Language Line, Helping Parent, P2P Support Groups, Parent Happy Hour, Mom to Mom, Dad to Dad Support Group Sibshops, Family Activities, Annual Family Picnic, Infant/Toddler Early Intervention Program (ESIT), Transition/IEP Support, Toy/Equipment/Book lending program, Information and referral, website, monthly newsletter, Parent Education, Teen Sibshops 13-18, Younger Sibshops 7-12

VOICE: (360) 352-1126 (main line & Spanish Language Line)

FAX: (360) 352-0761

E-MAIL: sdavenport@ssp2p.org

SPONSORING AGENCY: 501(C) 3 Parent to Parent of Thurston County

Website: www.ssp2p.org

Facebook: <https://www.facebook.com/SSP2P/>

PIERCE / KING REGION

King County

RACHEL NEMHAUSER, Supervisor

PATRICIA GONZALEZ, State Coordinator for Latino & Spanish Families

RICHARD MULLEN, African American Coordinator

233 6th Avenue North

Seattle, WA 98109

Program Activities: Parent Support groups, Information and referral, Email support and information groups, Parent education, family events in English, Spanish and for African American families

VOICE: (206) 829-7053

FAX: (206) 364-8140

SPANISH: (206) 829-7027

Contact info:

Rachel Nemhauser: (206) 829-7046 or RNemhauser@arcofkingcounty.org

Patricia Gonzalez: (206) 829-7027 or pgonzalez@arcofkingcounty.org

Richard Mullen: (206) 829-7036 or RMullen@arcofkingcounty.org

SPONSORING AGENCY: The Arc of King County

Website: www.arcofkingcounty.org

Facebook: <https://www.facebook.com/arcofkingcounty/>

Pierce County

3

MICHELE LEHOSKY, Program Director ext. 104

DOREEN VANDERVORT, Coordinator ext. 107

KATHERINE THORN, Family Specialist ext. 107

LIZ SARMIENTO, Hispanic Outreach Coordinator ext. 107

6316 South 12th Street

Tacoma, WA 98465

Program Activities: Parent Information & Education, English and Spanish parent groups, Community Family Events, Play dates and Meet Ups, Spanish Speaking Outreach, On-line Support Group, Sharing Down Syndrome in Pierce County, Person Centered Planning, PURPAS Autism Group, Helping Parent Training; Leadership & Advocacy Spark, Tools 4 success conference, Start Now!, Telling your story with a purpose, & Leadership training.

VOICE: Doreen VanderVort, Katherine Thorn & Liz Sarmiento (Español) (253)

565-2266 ext.-107 and Michele Lehosky ext.-104,

V/TTY: (253) 565-2266 or 1-800-5PARENT

Online Help Request: www.wapave.org/get-help

FAX: (253) 566-8052

E-MAIL: P2P@wapave.org, lsarmiento@wapave.org (Spanish)

SPONSORING AGENCY: PAVE

Website: <http://wapave.org/>

Facebook: <https://www.facebook.com/washingtonpave/>

SOUTHWEST REGION

Clark County

THERESA VAN PELT, Clark Coordinator

TANYA ENGLISH, Multi-Cultural Outreach (English/Spanish)

9414 NE Fourth Plain Boulevard

Vancouver, WA 98662

Program Activities: Social Gatherings, Support Groups, Newsletter, Lending Library

VOICE: Clark (360) 823-2247 ext. 109; (Spanish 360.823.2247 ext. 103)

E-MAIL: P2PCC@peacenw.org; culturaloutreach2@peacenw.org

SPONSORING AGENCY: Parents Empowered And Communities Enhanced (PEACE); Darla Helt, Executive Director darlah@peacenw.org

Facebook: <https://www.facebook.com/CCP2P/>;

<https://www.facebook.com/peacemulticultural/>

Cowlitz/Wahkiakum Counties

CHELSEA WILLIAMS, Coordinator

906 New York Street

Longview, WA 98632

Program Activities: Monday Morning Playgroup, School Support and Lay-Advocacy Services, Holland Program, Transition Program, Helping Parent Training, Together We Can Transition Conference, Family and Community Supports and Services, Educational Trainings, Autism Awareness Walk, Play Beyond the System-Game Night, Information, referral and outreach.

VOICE: (360) 425-5494

FAX: (360) 577-9137

E-MAIL: ChelseaWilliams@LifeWorksWA.org

SPONSORING AGENCY: LifeWorks WA

Website: <http://www.lifeworkswa.org/>

Facebook: <https://www.facebook.com/groups/1807729746114125/> closed group

The Arc of Cowlitz County page: https://www.facebook.com/pg/The-Arc-of-Cowlitz-County-387884154662446/posts/?ref=page_internal





WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS SITES AND COORDINATORS – March 2020

Skamania County

JENNELL CALKINS, Skamania/White Salmon Coordinator
TANYA ENGLISH, Multi-Cultural Outreach (English/Spanish)
9414 NE Fourth Plain Boulevard
Vancouver, WA 98662

Program Activities: Social Gatherings, Support Groups, Newsletter, Lending Library

VOICE: (360) 213-9682; (Spanish 360.823.2247 ext. 103)

E-MAIL: p2pskamania@peacenw.org; culturaloutreach2@peacenw.org

SPONSORING AGENCY: Parents Empowered And Communities Enhanced (PEACE); Darla Helt, Executive Director darlah@peacenw.org

Facebook: <https://www.facebook.com/CCP2P/>;

<https://www.facebook.com/peacemulticultural/>

Klickitat County

KIMBERLY MICHAEL, East Klickitat Coordinator (360) 213-9414

JENNELL CALKINS, West Klickitat Coordinator (360) 213-9682

TANYA ENGLISH, Multi-Cultural Outreach (English/Spanish)

Mailing Address (PEACE):

PO Box 820681

Vancouver, WA 98682

Program Activities: Newsletter, Coffee Chat, Informational Teaching Series

Program Activities (Goldendale): Parent Empowerment Group, Educational Trainings, Family Fun Nights, Transition Fair.

VOICE: (509) 774-7472

SPANISH: Spanish 360.823.2247 ext. 103

E-MAIL: klickitatcountyp2p@gmail.com (West),

P2Pgoldendale@peacenw.org (East), culturaloutreach2@peacenw.org

SPONSORING AGENCY: Parents Empowered and Communities Enhanced (PEACE); Darla Helt, Executive Director darlah@peacenw.org

Facebook: <https://www.facebook.com/ParenttoParentofKlickitatCounty/> &

<https://www.facebook.com/P2PGoldendale/>

Lewis County

SHAWNA HALLER, Coordinator

PO Box 870

203 West Reynolds Avenue

Centralia, WA 98531

Program Activities: Monthly Parent Support meetings, Newsletter, Resource & Referral Service, Video & Book Lending Library, Educational Trainings and Family Events, Transition Support, Community Education.

VOICE: (360) 736-4359

CELL: (360) 520-9299

FAX: (360) 330-1663

E-MAIL: shaller@reliableenterprises.org

SPONSORING AGENCY: Reliable Enterprises

Website: www.reliableenterprises.org

Facebook: <https://www.facebook.com/lewiscountyparent2parent/?fref=ts>





**WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS
SITES AND COORDINATORS – March 2020**

COORDINADORES ALCANZANDO HISPANOS

¿Hablas Español? Para información y recomendaciones, llama:

A tu municipio abajo: P2P EASTERN WASHINGTON –

County (Municipio)	Name (NOMBRE)	Number (NUMERO)
Benton/Franklin	Maria Villarreal mariar@arcofricities.com	(509) 783-1131 ext. 108
Grant/Adams	Anna Alvarez (Adams Co) Anjelica Delgado Hispanic/Multicultural Outreach Coordinators	(509) 346-5523 (509) 764-7424
Walla Walla/Columbia/ Garfield/Asotin	Ysabel Fuentes p2pespanol@wwvdcn.org	(509) 525-9435
Yakima	Maria Pulido mariapulido@yvmh.org	(509) 574-3200



P2P WESTERN WASHINGTON –

Clark/Klickitat/Skamania	Tanya English Apoyo para Padres Ayudante (& Helping Parent Support) culturaloutreach2@peacenw.org	(360) 823-2247 ext. 103
King	Patricia González State Multicultural Outreach Coordinator pgonzalez@arcofkingcounty.org	(206) 829-7027
Seattle’s Children’s Hospital	María Cervantes Especialista de Apoyo Familiar /Servicios de Apoyo Familiar maria.cervantes@seattlechildrens.org	(206) 987-1119
Skagit	Fabiola Solís hispanicp2p@sparckids.org	(360) 416-7570
Pierce	Liz Sarmiento lsarmiento@wapave.org	(253) 565-2266 ext. 107
Snohomish	Mely Cervantes & Rosmeyri Romero Gaudalupe mely@arcsno.org & rosmeyri@arcsno.org	(425) 258-2459 ext. 114
Thurston	Línea en Español (Spanish Language Line)	(360) 352-1126
Whatcom	Marta Mejía familia@p2pwhatcom.org	(360) 715-0170 ext. 308