

Check out our latest newsletter!



WA State Parent to Parent (P2P) Newsletter: December 2019

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Happy Holidays! Wishing you all a safe and warm holiday season!

As we approach a new year, new decade (!), and new legislative session, consider taking a moment to thank your legislators for working to ensure families raising children with special health and/or developmental needs in Washington State have the support (P2P) and resources they need to succeed. Parent to Parent has a well-established, growing network thanks to our legislators, the Arc of Washington, the Developmental Disabilities Administration and the Department of Health! We have much to be thankful for!

We are saying goodbye Nicholas Wright, Snohomish P2P, as he moves to New Jersey. We wish Nicholas well!

Decking the halls,

Tracie, Theresa and Jackie

[Calendar of EVENTS](#)

2019

December

12/5-12/7: The 2019 TASH conference is December in Phoenix, AZ, <https://2019tashconference.sched.com/info>

2020

February

2/11: The event, [Community Trauma and Child Well-Being: A Deeper Dive into the Future of Healing](#), is scheduled for Tuesday, February 11th, at the Washington State Convention Center and via Webstream.

May

5/6-8: Please make plans to attend the 2020 Infant and Early Childhood Conference (IECC).

May 6, 7, and 8, 2020 at the Tacoma Convention Center

*IECC plans to offer STARS Credit and Clock Hours for this event.

For general conference information please visit www.ieccwa.org

June



6/9-11: Community Summit Wenatchee, WA

2020 Advocacy Day Schedule ([Advocacy brochure](#))

- 1/22 I/DD Briefing - Statewide Legislative Reception
- 1/29 Community Residential
- 2/5 Self-Advocacy/Employment
- 2/12 Families in Crisis
- 2/19 Caseload Forecast DD Services
- 2/26 Budget Overview
- 3/4 Workforce Shortage

RESOURCES

1. We Are Unique! Unique is a small charity supporting, informing and networking with families living with a Rare Chromosome Disorder or some Autosomal Dominant Single Gene Disorders associated with learning disability and developmental delay, among other symptoms. Sound like your family? Explore our Families area.

<https://www.rarechromo.org/>

2. Here is the link to the [Wise 2018-19 Annual Technical Assistance and Training Report](#). This report contains information about our projects, partnerships, training and technical assistance.

3. [School Resource Model For How Peer Groups Can Help Students In Special Ed](#)

3. [School Becomes Model For How Peer Groups Can Help Students In Special Ed---](#)
A program pairing typically-developing middle school students with their peers in special education is attracting wide notice for how it's changing school culture.

4. [Changes to Public Charge Immigration Policy on Hold Indefinitely](#)

While changes to the Public Charge policy were scheduled to go into effect on October 15, 2019, Federal Judges have blocked implementation of the new Public Charge policy. This means the new policy has not gone into effect, and the hold on implementation is indefinite at this time. What families should know: The proposed Public Charge policy changes are no longer an imminent threat. Families should not be concerned about enrolling in benefit programs they are eligible for, including Part C/ESIT services. Families who are concerned about the impact of using public benefits should get advice from an [immigration attorney](#) or accredited representative.

5. The National Council on Disability (NCD) recently released "[Genetic Testing and the Rush to Perfection](#)," the third report in a series on [Bioethics and Disability](#). This report examines the range of scientific, commercial, professional and social factors that converge around prenatal genetic testing and their effect on the lives of people with disabilities; and it provides an update on the interaction between genetic testing and employment discrimination.

6. [P2P Roadmap \(USA\)](#)

7. [Lyft Offering Rides To Job Seekers With Disabilities](#) by Shaun Heasley

| November 4, 2019

In an effort to help people with disabilities access job training and get hired, one of the nation's leading ride-sharing services plans to offer free or discounted rides. (Click link to read the rest of the story...)

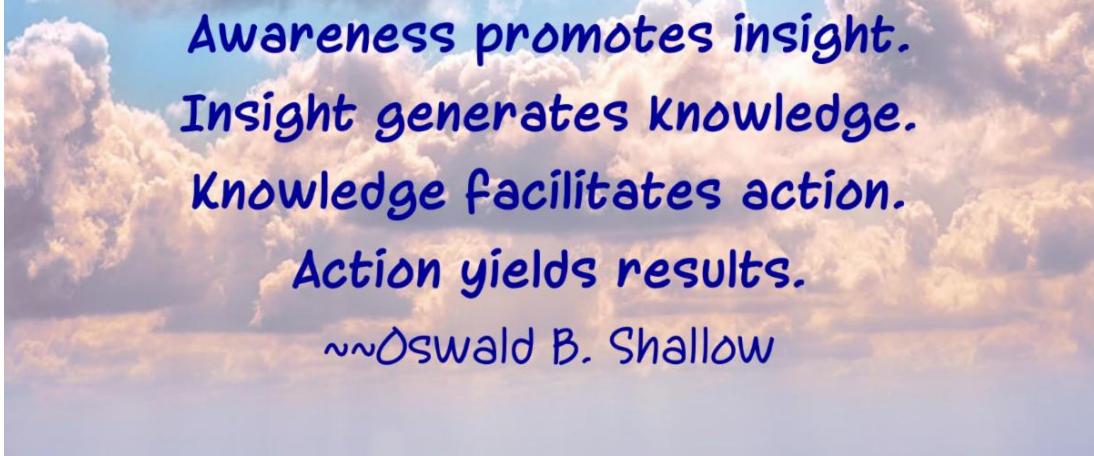
8. [Online Matching Service Pairs Adult Roommates With Developmental Disabilities](#)

An online service that's believed to be the first of its kind is helping people with developmental disabilities find compatible roommates and settle into homes independent from their families. (Click on the link to read more.)

9. [Ten Stress Relief Tips to Get You Through the Holidays: Self Care for Caregivers](#)

10. [Developmental Disabilities Administration Fact Sheets](#)





[NW Children's Foundation Forum 2020 Forum!](#)

The event, Community Trauma and Child Well-Being: A Deeper Dive into the Future of Healing, is scheduled for Tuesday, February 11th, at the Washington State Convention Center and via Webstream. Based on the overwhelmingly positive feedback from last year's Forum, we're thrilled to welcome back Dr. Shawn Ginwright, Professor of Education and Africana Studies at San Francisco State University, as our keynote speaker, and Seattle pediatrician Dr. Ben Danielson as our panel moderator. Together, they'll once again guide us through thought-provoking discussions, challenge our thinking, and share their expert perspectives.

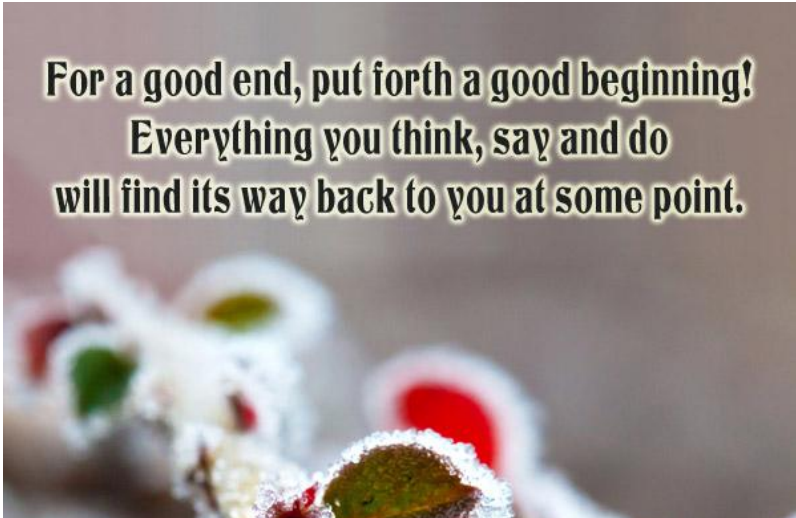
Historical and intergenerational trauma is real and far reaching. The cumulative emotional wounding from generation to generation can contribute to many negative health outcomes for individuals including PTSD, depression, and Type 2 diabetes - as well as impacting the community as a whole.

This year's Forum will focus on the "how" of our work. How can we best understand and begin to address community trauma? What practical tools are available for those of us who work with children, youth and families to start the healing process?

- * Delve into topics of racism, inequality, and poverty and explore more collective approaches to healing.
- * Hear from a panel of community leaders who focus on healing in their approach to working with individuals, communities and systems.
- * Walk away with concrete strategies that support children and youth (and the adults working with them) in a holistic, strength-based way.

Last year's Forum sold out quickly, so you may wish to secure your spot early (before our public launch next week). Please feel free to share this notice with interested colleagues. Learn more and find links to registration at nwcf.org/events/forum. We look forward to having you join us on February 11th.

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Links for Archived Newsletters

(Click to read [archived past editions](#) through August 2016 of the P2P Newsletter!)
[Past Newsletters Parent to Parent \(bottom of the page\)](#)

WA State Parent to Parent (P2P) | The Arc of Washington State | 1.888.754.8798 x-2
parent2parentwa@gmail.com | info@arcwa.org
Website: http://arcwa.org/index.php/getsupport/parent_to_parent_p2p_programs
For a current listing of Washington State Parent to Parent programs, please contact:
The Arc of Washington State at info@arcwa.org or call the above phone #.

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