

**Office of Deaf & Hard of Hearing (ODHH)**

Toll-free (800) 422-7930

**Parent Coalitions**-Legislative Advocacy

- Benton/Franklin- Sharon Adolphsen (509) 967-3974
- Clark County- Darla Helt (360) 823-2247 x 102
- Grant/Adams/Lincoln Debbie Chapman (509) 659-4173
- Grays Harbor- Charlene McCarty (360) 537-7000
- King County- Cathy Murahashi (206) 829-7039
- Kitsap County- Melissa Lund (360) 373-2502 x 100
- Kittitas County- Michelle Williams (509) 929-7277
- Lewis County- Dot Workman (360) 623-9022
- Pierce County- Beth Ann Garteiz (253) 564-0707 x 107
- Skagit County (206) 235-1236
- Snohomish County- Megan Edmonds (425) 258-2459 x 107
- Spokane County- Darci Ladwig (509) 789-8327
- Whatcom County- Monica Burke (360) 715-0170
- Yakima County- Linda Fox (509) 731-7761

**PAVE**

**(Partnerships for Action; Voices for Empowerment)**

Workshops, resources and referral regarding Special Education  
Toll-free (800) 572-7368

**People First** (800) 758-1123

**Self-Advocacy (SA) Organizations**

King County (SA) (206) 632-4633

**Self-Advocates in Leadership (SAIL)**

(888) 754-8798 x3

**Self Advocates of WA** (253) 571-8665

**Sibling Support Project** (206) 297-6368

**Special Education Technology** (509) 963-3350

**Social Security Administration (SSA/SSI) & Supplemental Security Income** (800) 772-1213

**Special Olympics Of WA State**  
Information (206) 362-4949

**Tourette's Syndrome Association**  
Information and referral 206) 621-2108

**WA Access Fund** (877) 428-5116

**WA Apple Health & Apple Health for Kids**  
(800) 562-3022

**WA Assistive Technology Act Program (WATAP)**  
(800) 214-8731

**WA Autism Alliance & Advocacy**  
Information and referral (425) 894-7231

**WA NAMI (Mental Illness)**  
Advocacy, information and support (206) 783-4288

**WA Prescription Drug Discount Card**  
Information (800) 913-4146

**WA State Father's Network**  
Support and resources for Fathers (425) 653-4286

**WA State Hands & Voices**  
Emotional support for families with children who are deaf, deaf-blind or hard of hearing.  
(425) 268-7087

**WA State Sensory Disability Services**  
Information, technical assistance and resources  
(800) 572-7000

**WISE—WA Employment Opportunities**  
(206) 343-0881

**WithinReach**  
Information and referral (206) 284-2465



Member of the Parent to Parent USA Alliance.  
Committed to Parent to Parent. USA Endorsed Practices.

<http://www.arcwa.org/getsupport/>

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**PARENT TO PARENT (P2P) SUPPORT PROGRAMS of WASHINGTON STATE**

**Providing information, systems navigation, education and support to families who have a child with a special health care need and/or disability**

**Toll Free 1.888.754.8798 x 2**

P2PUSA Alliance State Member

**PARENT-TO-PARENT SUPPORT PROGRAMS**

Emotional support, information, referral and systems navigation.

Toll-free (State Office) (888) 754-8798 x2

**CENTRAL REGION**

Chelan/Douglas (509) 423-8527

Grant/Adams (509) 764-7424

Español (509) 346-5523

Kittitas (509) 929-7277

Yakima (509) 574-3263

Español (509) 574-3200

**EAST REGION**

Benton/Franklin (509) 783-1131 x108

Español (509) 783-1131

Lincoln/Whitman/Okanogan/Ferry/Stevens/Pend Oreille

(253) 335-6835

Spokane (509) 328-6326 x8323

Walla Walla/Columbia/Garfield/Asotin

(509) 540-9880

Español (509) 301-0679

**NORTHWEST REGION**

Island (360) 632-7539

San Juan (253) 225-6105

Skagit (360) 416-7570 x 1013

Español (360) 416-7570 x 3999

Snohomish (425) 258-2459

Español (425) 258-2459 x 114

Whatcom (360) 715-0170

Español (360) 715-0170 x 308

**PENINSULA REGION**

Clallam (360) 797-3602

Grays Harbor/Pacific (360) 537-7000

Jefferson (360) 801-1623

Kitsap (360) 516-8276

Thurston/Mason/Español (360) 352-1126 &amp; Language Line

**PIERCE/KING REGION**

King (206) 829-7053

Español (206) 829-7030

Pierce English &amp; Español (253) 565-2266

**SOUTHWEST REGION**

Clark &amp; (360) 823-2247 x-109

Klickitat &amp; (509) 774-7472

Skamania (360) 213-9682

Español (360) 823-2247 x-103

Cowlitz/Wahkiakum (360) 425-5494

Lewis (360) 520-9299

**Seattle CHILDREN'S** (206) 987-1119**The Arc of Washington State**

Advocacy, information and referral, education of policy makers and the public.

State Office (360) 357-5596

Toll-free (888) 754-8798

**Local Arc Chapters**

Cowlitz County (360) 425-5494

Grays Harbor (360) 537-7000

King County (206) 364-6337

Peninsulas (K/J Co) (360) 377-3473

Snohomish County (425) 258-2459

Spokane County (509) 328-6326

Tri-Cities (509) 783-1131

Whatcom (360) 715-0170

**Autism Centers**

Seattle Childrens (206) 987-8080

Seattle (UW) (206) 221-6806

Tacoma (UW) (253) 692-4721

Spokane (509) 328-1582

**Autism Outreach Project**

Information and referral (888) 704-9633

**Autism Society of Washington**

Information, referral and support (888) 279-4968

**Bates Para-educator Training Program**

Information and registration (253) 680-7161

**Brain Injury Association of Washington**

Information and referral (877) 824-1766

**CHADD Northwest Chapter**

Information and referral (800) 233-4050

**Center for Change in Transition Services**

(206) 296-6494

**Community Services Office (CSO)**

(877) 501-2233

**Dental Education in Care of Persons with Disabilities**

(DECOD) Program of (UW) School of Dentistry that treats persons with severe disabilities

Contact (206) 543-4619

**Department for Services for the Blind**

Toll-free (800) 552-7103

**Department of Early Learning**

Toll-free (866) 482-4325

**Developmental Disabilities Admin**[www.dshs.wa.gov/dda](http://www.dshs.wa.gov/dda)**Developmental Disabilities Council (DDC)**

Information and referral (800) 634-4473

**Disabilities Rights Washington**

Legal advocacy and information (800) 562-2702

**Division of Behavioral Health & Recovery (MH)**Jeannette Barnes-Parent (360) 725-1313  
Advocate**Division of Vocational Rehabilitation (DVR)**

Toll-free (800) 637-5627

**Down Syndrome Community of Puget Sound**

Information and referral (206) 527-7191

**Early Support for Infants & Toddlers**

Information and referral (360) 725-3500

**Easter Seals Society of Washington**

Training, information and direct service (206) 281-5700

**Education Ombudsman**

Help with education issues statewide-Trainings available (866) 297-2597

**END HARM** (866)3634276**Epilepsy Foundation Northwest**

Programs and services (800) 752-3509

**Evergreen Spina Bifida Association**

Information and referral (888) 289-3700

**Family Health Hotline**

Toll-free (800) 322-2588

**Family to Family Health Information Center**

Information and referral about special health care needs and insurance (800) 572-7368

**FEAT of Washington (Families for Effective Treatment of Autism)**

Information and referral (425) 223-5126

**Learning Disabilities Association—State Office**

Information and referral (425) 882-0820

**NOFAS Washington**

Information, referral and support regarding Fetal Alcohol Syndrome

Toll-free (206) 940-5126

**Office of Education Ombudsman (OEO)**

Toll-free (866) 297-2597