WA State Parent to Parent (P2P) Newsletter:
October 2018

P2P Programs by County

Join us on Facebook today
Our Coordinator Training at South Sound Parent to Parent, Olympia was AMAZING! Thank you, Kim and Sylvia. Thirty-seven (37) Parent to Parent Coordinators and Culturally Diverse Outreach Coordinators attended. An inspiring group of parent leaders from around the state. I am always in awe of them and their passion and knowledge. And they are Nice also :o) Thank you to our Sponsor, The Arc of Washington State and Sue Elliott; and to DDA for funding Parent to Parent; and to DOH for funding support in past years.
~~Susan and Jackie
Calendar of EVENTS

October

10/1-10/3: 35th Annual Pacific NW Institute on Special Education and the Law will be held in Portland, Oregon at the Oregon Convention Center. Our headquarter hotel will be the Hilton Portland Downtown.

10/5-10/7: Dad's Training Weekend

10/6: Buddy Walk FREE Registration begins at 9 am Lacey, WA (Fire Station #34 on Steilacoom Road next to the RAC) Registration info

10/6: DSAMC Buddy Walk - Richland Registration info

10/7: Down Syndrome Outreach Buddy Walk - Bellingham Registration info

10/13: Buddy Walk 10 am - 12 noon Children's Village, Yakima, WA Registration Information

10/14: Puget Sound Buddy Walk - Seattle Registration info

10/18: Behavior and Down Syndrome Webinar with Dr. Stein 4 pm Cost and more Information

10/25: DDA Community Guide/Engagement Training 10 am - 3 pm Children's Village, Yakima Become a contracted DDA Community Guide Provider. Training is free. Registration is required. Contact Linda West DDC at 1.800.634.4473 or email linda.west@ddc.wa.gov

10/26: 8th annual Southwest Washington Autism Conference in Centralia (9-3)

It's time to register for the 8th annual Southwest Washington Autism Conference: Friday, Oct 26, 9 am to 3 pm at Centralia College in Centralia, WA.

10/27: Greater Wenatchee Valley Buddy Walk - Wenatchee Registration info

November

11/3: Early registration is now open for the 2018 WA State Fathers Network conference. This is a great opportunity for men who have a child with special health care needs in their life to meet other men on that same journey and get information that can be of help to them and their family.

The event will take place on Saturday, November 3rd in Bellevue, WA from 9:00 am to 5:00 pm. The early registration fee is $25 which will increase to $50 in October. Please see this flyer for more information and registration.

RESOURCES

1. The Arc of Whatcom ADA information sheet (September NL)

2. Jill's House celebrates children with special needs and provides relief to the extraordinary families who love...
2. Jill's House celebrates children with special needs and provides relief to the extraordinary families who love them through short-term, **overnight respite care**. Whether you are working through the intake process for Jill's House, have already sent your child to camp for the weekend, or work directly with families with special needs. [Click HERE](#) for more information about Weekend Adventures.

Where: Miracle Ranch, 15999 Sidney Rd SW, Port Orchard, WA 98367. For more information contact [Dani Zorn](#).

3. If you've been diagnosed with depression, anxiety, bipolar disease, schizophrenia or related conditions, [GeneSight](#) Psychotropic's genetic testing can help you shorten the road to recovery and escape the long and frustrating process of trying multiple medications for anxiety and depression and other conditions to find the one that works for you. I've attached a guide that shows the outcome printout. Here is the web site: [https://genesight.com/](https://genesight.com/)

4. Northwest Access Fund is now seeking nominations for our [Northwest Access Awards](#) given to individuals, businesses, and organizations that have made noteworthy efforts to include, serve, and support people with disabilities in Washington and Oregon this past year.

Our 2018 awardees will be recognized at our fifth Annual Awards Dinner on Thursday, November 15, 2018 at the University of Washington's Center for Urban Horticulture. Proceeds from the event help support our mission to provide funding for people with disabilities to purchase assistive technology and achieve greater independence. **Nominations are due by October 5, 2018.**

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“Soak up the good in life and build up a reservoir of happiness for when things feel bad. Fill that reservoir, and you have happiness that stays with you.”
KJ Dell’antonio from her book How to be a Happier Parent.
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**Links for Archived Newsletters**

(Click to read [archived past editions](#) through August 2016 of the P2P Newsletter!)

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