Check out our latest newsletter!

WA State Parent to Parent (P2P) Newsletter: November 2018

P2P Programs by County

Join us on Facebook today
Happy Thanksgiving everyone! Please welcome our two new coordinators, Nicholas Wright (Snohomish P2P) and Kimberly Adams (Kitsap P2P). Have a great month.

~~Susan and Jackie

Calendar of EVENTS

November

11/3: Early registration is now open for the 2018 WA State Fathers Network conference. This is a great opportunity for men who have a child with special health care needs in their life to meet other men on that same journey and get information that can be of help to them and their family.

The event will take place on Saturday, November 3rd in Bellevue, WA from 9:00 am to 5:00 pm. The early registration fee is $25 which will increase to $50 in October. Please see this [flyer](https://www.hca.wa.gov/health-care-services-supports/program-administration/premium-payment-program) for more information and registration.

11/28-11/30: [TASH Conference](https://www.hca.wa.gov/health-care-services-supports/program-administration/premium-payment-program), November 28-30 in Portland - brings together people who support, care for, and work with people with developmental disabilities to learn, share and network

RESOURCES

1. Premium payment program-
   [https://www.hca.wa.gov/health-care-services-supports/program-administration/premium-payment-program](https://www.hca.wa.gov/health-care-services-supports/program-administration/premium-payment-program)

   Find information about the Premium Payment Program that may provide reimbursement for private health insurance coverage for those receiving Apple Health (Medicaid), [WAC 182-558](https://www.hca.wa.gov/health-care-services-supports/program-administration/premium-payment-program).

   What is the Premium Payment Program?

   - Helps people on Washington Apple Health (Medicaid) take advantage of private health insurance in a way that saves the state money.
   - Reduce health care costs to the state.
   - Provides reimbursement for private health insurance coverage when an Apple Health (Medicaid) client has access to private health insurance coverage, such as through an employer or private policy.

2. DID YOU KNOW? You can keep your adult child with I/DD on your private healthcare plan after age 26

   Most healthcare plans exclude coverage for dependent children who are older than 26. However, in Washington dependent children who are 26 and who have a developmental or physical disability can be retained on a private insurance plan per RCW 48.44.200.

   While people with I/DD typically qualify for Medicaid, some families may choose to include their adult son or daughter on their private healthcare plan for better access to medical services. This law allows parents to do so past age 26.

   **RCW 48.44.200**

   Individual health care service plan contracts-Coverage of dependent child not to terminate because of developmental disability or physical handicap.

   An individual health care service plan contract, delivered or issued for delivery in this state more than one hundred twenty days after August 11, 1969, which provides that coverage of a dependent child shall terminate upon attainment of the limiting age for dependent children specified in the contract shall also provide in substance that attainment of such limiting age shall not operate to terminate the coverage of such child while the child is and continues to be both (1) incapable of self-sustaining employment by reason of developmental disability or physical handicap and (2) chiefly dependent upon the subscriber for support and maintenance, provided proof of such incapacity and dependency is furnished to the health care service plan corporation by the subscriber within thirty-one days of the child’s attainment of the limiting age and subsequently as may be required by the corporation but not more frequently than annually after the two year period following the child’s attainment of the limiting age.

3. Here are some useful CAREGIVER resources.

   [Arc of Washington State](https://www.hca.wa.gov/health-care-services-supports/program-administration/premium-payment-program)
“Soak up the good in life and build up a reservoir of happiness for when things feel bad. Fill that reservoir, and you have happiness that stays with you.”

KJ Dell Antonio from her book *How to be a Happier Parent.*

Links for Archived Newsletters

(Click to read archived past editions through August 2016 of the P2P Newsletter!)

<table>
<thead>
<tr>
<th>September 2016</th>
<th>October 2016</th>
<th>November 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 2016</td>
<td>January 2017</td>
<td>February 2017</td>
</tr>
<tr>
<td>March 2017</td>
<td>April 2017</td>
<td>May 2017</td>
</tr>
<tr>
<td>June 2017</td>
<td>July 2017</td>
<td>August 2017</td>
</tr>
<tr>
<td>September 2017</td>
<td>October 2017</td>
<td>November 2017</td>
</tr>
<tr>
<td>December 2017</td>
<td>January 2018</td>
<td>February 2018</td>
</tr>
<tr>
<td>March 2018</td>
<td>April 2018</td>
<td>May 2018</td>
</tr>
<tr>
<td>June 2018</td>
<td>July 2018</td>
<td>August 2018</td>
</tr>
<tr>
<td>September 2018</td>
<td>October 2018</td>
<td></td>
</tr>
</tbody>
</table>