

Check out our latest newsletter!



WA State Parent to Parent (P2P) Newsletter: August 2019

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We're so pleased to expand our network into Wahkiakum, San Juan, Ferry, Stevens and Pend Oreille Counties. This is thanks to all of you and the Arc of Washington... providing tremendous advocacy effort this last legislative session- THANK YOU.

Welcome...

Theresa Van Pelt (new westside Coordinator)

Jeanine Larson, San Juan P2P Coordinator and Jennifer Armstrong, ED (with new program for San Juan)

Chelsea Williams (new coordinator for Cowlitz County P2P)

Debbie Chapman, Arc of Spokane, is coordinating efforts in new counties: Stevens, Ferry and Pend Oreille, as well as Okanogan.

And, Goodbye...Lacey Cairns (Cowlitz County P2P)- you will be missed and we wish you much luck in your new adventure!

~~Tracie, Theresa and Jackie
State Parent to Parent

Calendar of EVENTS

2019

August

8/1-8/2: [Strengthening Families: Resilience & Empowerment](#)

Free Workshop 9:00 am - 4:00 pm

(Henry Beauchamp Community Center, 1211 South 7th Street, Yakima, WA 98901) [pdf](#)

8/4-8.9: 2019 Youth Leadership Forum (YLF)-YLF is at the Dumas Bay Centre in Federal Way, WA. There is no cost for students to attend! Students must be 16 years of age prior to the start of YLF and under the age of 22. Registration Deadline February 1, 2019

[Application Brochure](#)

8/9: [2nd Annual WA Fatherhood Summit](#) 8:00 am -3:00 pm King County Airport, Seattle WA
Theme: What Does a Father Need When His Baby is Born? [Agenda](#) and [more info](#)

October

10/5-10/7: [Dad's Training Weekend](#) - Systems navigation, IEPs, parenting techniques, DE-escalation, reward systems, sibling issues, etc. There is a \$30 registration fee, which includes lodging and meals from Friday evening to Sunday checkout (noon).

November

11/6: The Lewis County Autism Coalition will host its 9th annual Southwest Washington Autism Conference on November 6, 2019 - at Centralia College in Centralia, WA. - and invites you to share your experience and knowledge as a presenter.

Workshops will be aligned with our 2019 conference theme Inclusion: School - Work - Community and advance the success of individuals with disabilities, families, and professionals. To participate, please complete the Call for Presenters form and send to conference@lcautism.org by April 15, 2019. Early submission is encouraged.

[Download the Save The Date Flyer](#)

December

12/5-12/7: The 2019 TASH conference is December in Phoenix, AZ, <https://2019tashconference.sched.com/info>

RESOURCES

1. Calendar for PAVE events over the next few months. It has some great stuff including support groups, People First meetings and more.

<https://wapave.org/get-help/calendar/>

2. Park and Recreation have a few different passes to help families access the great outdoors this summer and all year long. Visit these websites to learn more.

<https://www.parks.state.wa.us/205/Passes>

https://www.nps.gov/planyourvisit/passes.htm#CP_JUMP_5088581

Also see attached list with locations to apply for the [National Land Pass](#).

[Summer Health and Safety Heat Alert](#) (Informing Families)

Residents who have been medically determined to have a permanent disability are eligible to receive a free life-time access pass to all US National Parks and Federal Recreational Lands. The US National Parks Disability Access Pass allows free entrance for the pass holder and the accompanying passengers in ONE motor vehicle into over 2,000 National Parks, National Wildlife Refuges and National Forests. To note, while the Access Pass itself is free- there is a \$10 processing charge that must be paid upon application.

Who Qualifies? <https://store.usgs.gov/access-pass>

*The US National Parks Disability Access Pass may be issued to U.S. citizens or permanent residents of any age that have been medically determined to have a permanent disability (does not have to be a 100% disability) that severely limits one or more major life activities. It is important to note that the disability requirements for the Access Pass are not based on percentage of disability- meaning that a person can be partially disabled and still qualify. To qualify for the Access Pass the disability must be permanent and limit one or more major life activities.

*A permanent disability is a permanent physical, mental, or sensory impairment that substantially limits one or more major life activities, such as caring for oneself, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working.

3. How and where to find a respite provider is one of the top questions family caregivers ask. Watch and hear what three moms have done to find respite for their family members in areas of the state where it's hard to locate providers.

If you work with families, please share as a way to help spark new ideas on how to fill this need in your community. Watch [Moms on Respite](#).

4. Tenemos recursos para cada etapa de la vida disponibles en español. [Clic para ver o descargar](#) en Formato de Documento Portable (PDF)

[Resources for every stage of life are now available in Spanish. [Click to view or download](#) in PDF.]

5. Use DDA's online Information & Service Request form to request:

- Information about DDA services
- DDA eligibility intake packet
- Services (for individuals who have been determined DDA eligible)

Go online and ask on your own time. [Click here](#) to get started.

Learn more about the [eligibility process and applying for DDA services](#) in Washington State.

6. University of Washington Recruiting Families with Young Children (0-3) with Disabilities or Delays To Serve as Family Mentors and Participate in Home Visiting and Play Group Experiences
As part of a new personnel project designed to effectively prepare early Interventionists from education and social work backgrounds, the University of Washington is recruiting families to serve as mentors and participate in monthly play groups. A goal of the project is to position families as educators and for our scholars to learn from caregivers with children served in Part C.
Please see the [attached flyer](#) for more information.

7. Kohl rolls out [clothing for children with special disability needs](#).

Halloween [adaptive costumes](#) for children with special needs (Target).

[CNN article](#) Kids with disabilities can now get special Halloween costumes at Target.

8. The Washington State Department of Health would like to hear from you about the needs of mothers, children, and families in your community and the state.

The Maternal and Child Health Discovery Survey will help the Department of Health build a statewide list of emerging and unmet needs and will be part of the information that will lead to a set of statewide priorities for using [Maternal and Child Health Block Grant](#) funding.

The survey is open through August 16, 2019. It is brief, does not ask for any confidential information, and is available in English and Spanish.

- [Discovery Survey - Maternal and Child Health in Washington State](#)
- [Encuesta de Descubrimiento - Salud Materna e Infantil en el estado de Washington](#)

[Here are details about the comprehensive needs assessment](#). If you have questions, please contact Kathy Estes at kathleen.estes@doh.wa.gov or (360) 236-3495.

We greatly appreciate and value anything you have to share on activities to improve the health of women, infants, children, adolescents, and their families.

Help make sure everyone is heard: Forward this message and the survey links to your distribution lists, post the survey links on your website (until August 16), and share with family and friends. We want to hear from anyone who has thoughts about what families in Washington need to thrive and reach their fullest potential!

9. Hello Fathers! We would like to learn more about your experiences with existing services and systems and invite you to participate in a survey. The goal of this survey is to inform future state policies and programs. To be eligible to take the survey you must identify as a father, be 18 or older, and live in Washington State. Please click on the following link to take the survey: https://uweducation.co1.qualtrics.com/jfe/form/SV_6Wlby0ZPwNrB4od

We know your time is valuable and limited, and we appreciate your participation.

Please complete the survey by Friday, August 2nd at 5:00 pm.

Thank you, University of Washington and Washington State Fatherhood Interagency Council
For questions, please contact: Holly Schindler-University of Washington Email: hschindl@uw.edu

Resources for SW Washington families:

Parents Empowered and Communities Enhanced for resources and support group dates in Vancouver, WA. <https://peacenw.org/>

NWDSA Buddy Fest NW is coming up on September 22nd, get all the details and find out more here: <https://nwdsa.org/>

Spectrum Life Magazine is another great website to find information and resources.
<https://www.spectrumlife.org/>

LOOK BACK AT
WHERE YOU CAME FROM
AND LET YOURSELF FEEL
PROUD ABOUT
YOUR PROGRESS.

You. Are. Killing. It.

Links for Archived Newsletters

(Click to read [archived past editions](#) through August 2016 of the P2P Newsletter!)

[Past Newsletters Parent to Parent \(bottom of the page\)](#)

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Website: <http://arcwa.org/index.php/getsupport/parent-to-parent-p2p-programs>

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