



## WA State Parent to Parent (P2P) Newsletter: June 2018

**H**appy **F**ather's **D**ay to all the fantastic men out there. Couldn't do it without you - in many ways.

Hope summer has come. Loving the weather.  
Take care of yourselves.  
~~Susan and Jackie



## 2018 Calendar of EVENTS

### June

6/4: [The Giving Care Taking Care Conference](#) for family caregivers is June 4, 2018 (9:00-4:30) at the Tukwila Community Center. This annual conference supports and connects unpaid family caregivers in all stages of caregiving.

The conference includes informative, interactive sessions on a range of topics, including dementia and brain health, legal considerations, caregiving tips, and nutrition. This year's keynote speaker Elaine Sanchez, co-founder of [caregiverhelp.org](#) will talk about Seven Survival Tips for Caregivers.

**NOTE: Registration in advance is required - there is no option to register at the door.**

Hosted by the Department of Social and Health Services, Full Life Care and Pierce County Human Services.

6/9: Washington Autism Alliance & Advocacy SW WA [It Takes a Village Conference](#) in Vancouver

6/12-6/14: [Community Summit 2018](#) "Click Forward: Refresh, Connect, Evolve"-SAVE the DATE!

Please join us June 12 through 14, 2018.

- In addition to the lineup of exceptional speakers and presentations which the Community Summit has become known for, we will be featuring an Assistive Technology Expo and technology related sessions throughout the conference schedule.
- Wenatchee Convention Center, 121 N Wenatchee Avenue, Wenatchee, Washington 98801 (509) 662-4411
- [Registration](#) begin March 2018.
- General Summit Registration \$225.00: \* Lodging not included
- Single Stipend- \$450: includes registration, limited meals and lodging June 12 & 13
- Double Stipend- \$375: includes registration, limited meals and lodging June 12 & 13 for each

6/26-6/28: [Beyond Paper Tigers Trauma Informed Conference](#) hosted by Community Resilience Initiative  
Resilience Trumps ACES June 26th 6:30 pm - June 28th 3:30 pm.  
Location: Red Lion Hotel in Pasco, WA. See link for times and more information.

Red Lion Hotel Pasco  
2525 North 20th Avenue  
Pasco, WA 99301

6/28: [I/DD and Dementia](#)-A forum for advocates, thought leaders, family members and creative thinkers. LEARN what we know about those with I/DD and dementia. CONNECT and network with leaders from various disciplines and systems that support people with I/DD. PLAN next steps we can take to better support those with I/DD in our state who develop dementia.

June 28, 2018  
Seatac Airport Conference Center  
10:00 am to 2:30 pm

6/28: 17th Annual Caregiver Support Conference: Where the Heart Is...

If you are a caregiver for an individual with a disability or someone who is aging, this conference can provide helpful insights, coping strategies and community. Keynote speaker, Wendy Lustbader, MSW, is the author of several books and essays that have earned her a national reputation in the field of aging. Currently, she teaches advanced practice classes in the Master's in Social Work curriculum at the University of Washington.

Thursday, June 28th  
8 am to 4 pm

Center Place;  
2426 North Discovery Place,  
Spokane Valley

The cost to attend is \$10 for unpaid caregivers and \$45 for agency-based community caregivers. Lunch is provided. CEUs are available. To register, call (509) 458-7450 (option 2). Sponsored by Aging and Long Term Care of Eastern Washington and Frontier Behavioral Health.

## July

7/1-7/6: Held in Seattle 2018 - [The Special Olympics USA Games](#)

The USA Games staff run all the events including opening ceremony-you can find all the [details here](#). Husky Stadium and tickets are \$20.

The 2018 Special Olympics USA Games will be held in Seattle, Washington July 1-6, 2018. More than 4,000 athletes and coaches representing 50 state Programs and the District of Columbia, along with the support of tens of thousands of volunteers and spectators, will compete in 14 Olympic-type team and individual sports.

- [Law Enforcement Torch-run](#) representatives nationwide carry the Special Olympics Flame of Hope that will light the cauldron at the Opening Ceremony (June 28th-July 1st 2018)
- [Events and Ceremonies](#)
- [View The Sports](#)

## August

8/5-8/10: [Youth Transition Summer Workshop](#)

The FREE Youth Transition Summer Workshop is for youth with all disabilities who are planning to live independently someday and have career or educational goals. Youth who have or had a 504 plan or IEP are encouraged to apply. **This is for ages 16-21 years old.** The individual who is interested in attending must be the one to call and request an application. Once we receive their application they will be contacted for an interview in June.

The workshop focuses on preparing for college and/or employment, and developing independent living skills including self-advocacy, financial management, etc. This is a great opportunity for youth to get connected with community resources and meet other youth with disabilities who plan to live independently.

We'll have motivational speakers, many of who lead productive and successful lives despite having disabilities. For a glimpse of our previous workshops please see our short video below.

[https://www.youtube.com/watch?v=NXX14H6WCt0&feature=em-share\\_video\\_user](https://www.youtube.com/watch?v=NXX14H6WCt0&feature=em-share_video_user)

8/6-8/10: University Autism Hiring event August 6th - 10th focused on [Software Engineer](#) candidates. Please apply by [sending resumes](#)

8/17-8/19: Summer Games August 17-19 Everett WA-Volunteer Positions available for new "Wellness Coordinators" to do health screenings at events and direct families to needed health services and supports. Contact-[Samantha Thompson](#) for information and application.



## ANNOUNCEMENT OF TRAININGS

### Free Family Navigation Online Training

#### On-line training moduals:

- Self-paced
- Easy-to-use
- Expert content on health care, private health insurance, and Medicaid
- Receive a Certificate of Completion

### Person Centered Planning No Cost Training Offered by The Developmental Disabilities Administration (DDA)

*This 2 day workshop will give you practical person centered thinking tools and skills needed day to day to help people have more choice and control in their life.*

*2 Trainings Offered-Lunch Provided*

*Where: The Radisson Hotel at SeaTac 18118 International Boulevard SeaTac, WA 98188*

*When: ([June flyer with information](#))*

*June 19th 2018, 9:30AM to 4:30PM*

*June 20<sup>th</sup> 2018 9:00AM to 4:00PM*

*[Registration Link](#) For This Workshop*

\*Each two-day workshop is limited to 50 individuals.

\*Register for just one workshop

\*Lunch and a light breakfast will be provided

\*CE credits *will not* be provided for this training



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Just when the caterpillar  
thought the world was over,  
it became a *Butterfly*

Butterfly



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### Links for Archived Newsletters

(Click to read [archived past editions](#) through August 2016 of the P2P Newsletter!)

[September 2016](#)

[October 2016](#)

[November 2016](#)

[December 2016](#)

[January 2017](#)

[February 2017](#)

[March 2017](#)

[April 2017](#)

[May 2017](#)

[June 2017](#)

[July 2017](#)

[August 2017](#)

[September 2017](#)

[October 2017](#)

[November 2017](#)

[December 2017](#)

[January 2018](#)

[February 2018](#)

[March 2018](#)

[April 2018](#)

[May 2018](#)

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WA State Parent to Parent (P2P) | The Arc of Washington State | 1-800-821-5927|

parent2parentwa@gmail.com | info@arcwa.org

Website: [http://arcwa.org/index.php/getsupport/parent\\_to\\_parent\\_p2p\\_programs](http://arcwa.org/index.php/getsupport/parent_to_parent_p2p_programs)

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