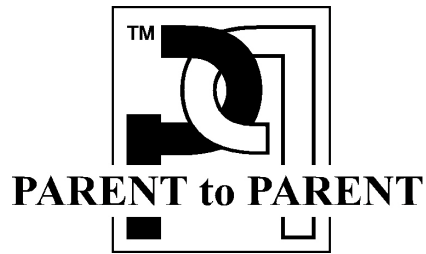


Check out our latest newsletter!



## WA State Parent to Parent (P2P) Newsletter: January 2018

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### Welcome Winter... let it snow let it snow.

Hope you had a wonderful holiday and stay warm as we head into the New Year. Welcome 2018.... and Hello to new Hispanic Outreach Coordinators- Chelan/Douglas, Miriam and Cynthia and in Skagit, Fabiola! We are excited.

Take care,  
Susan and Jackie

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### Calendar of Events 2018...

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#### January

1/17-1/18: Washington Employment Learning Network (WELN) [Introduction and History of Supported Employment, Discovery and Person Centered Employment Planning](#) in Yakima

1/22-1/26: Autism Hiring Event January 22nd - 26th. We will be having our next Autism event for all candidates the week of January 22nd. The event will be focused on Software Engineers. You can learn more about the role here [Please apply by sending resumes to: \[MSautism@microsoft.com\]\(mailto:MSautism@microsoft.com\)](#)

#### April

4/9-4/10: Join the National Down Syndrome Society (NDSS) in our nation's capital for the 2018 Annual Buddy Walk® on Washington and the First-Ever NDSS Adult Summit April 9-10, 2018!

The National Down Syndrome Society, the leading human rights organization for all individuals with Down syndrome, is excited to announce registration is OPEN! [You can use this link to register.](#)

## May

5/3-5/4: The [2018 IECC Conference](#) will be held May 2-4, 2018 in the Greater Tacoma Convention Center, Tacoma, WA with a preconference day on May 2.

## June

6/12-6/14: Community Summit 2018-SAVE the DATE! Please join us June 12 through 14, 2018 for Community Summit 2018: Click Forward: Refresh, Connect, Evolve. In addition to the lineup of exceptional speakers and presentations which the Community Summit has become known for, we will be featuring an Assistive Technology Expo and technology related sessions throughout the conference schedule.

Wenatchee Convention Center, 121 North Wenatchee Avenue, Wenatchee, Washington 98801 (509) 662-4411

Registration Costs:

General Summit Registration \$225.00: \* Lodging not included

Single Stipend- \$450: includes registration, limited meals and lodging June 12 & 13

Double Stipend- \$375: includes registration, limited meals and lodging June 12 & 13 for each attendee.

\*\*More information will be available upon registration in spring (March) 2018. \*\*

## July

7/1-7/8: Held in Seattle 2018- [The Special Olympics USA Games](#) more information to follow. The USA Games staff run all the events including opening ceremony - you can find all the [details here](#). Husky Stadium and tickets are \$20.

The 2018 Special Olympics USA Games will be held in Seattle, Washington July 1-6, 2018. More than 4,000 athletes and coaches representing 50 state Programs and the District of Columbia, along with the support of tens of thousands of volunteers and spectators, will compete in 14 Olympic-type team and individual sports.

- [Law Enforcement Torch-run](#) representatives nationwide carry the Special Olympics Flame of Hope that will light the cauldron at the Opening Ceremony (June 28th-July 1st 2018)
- [Events and Ceremonies](#)
- [View The Sports](#)



## ANNOUNCEMENT OF TRAININGS

January 6, 2018 - March 24, 2018: [January Parent Leadership Training Institute](#) (PLTI) at Everett Community College.

The PLTI is a free, 11-week course centered on democracy, respect, dignity, and a belief that when parents and adults caring for children are given knowledge and skills, they will actively improve their lives and the lives of their families and communities by seeking improved financial stability and educational and job opportunities.

NEW! [The Children's Leadership Institute](#) (CLI) is the two-generation companion program to the PLTI that WA Family Engagement is proud to bring to our State. Instead of childcare, children (ages 3 to 11 years old) of parents attending in the Parent Leadership Training Institute will receive age-appropriate, literacy-based leadership classes and a book to take home -- at every session. CLI teacher training will be taking place in two weeks in Everett.

**When; The PLTI begins January 6th and ends March 24th. Classes meet on Tuesdays from 6**

pm to 9 pm and on Saturdays from 9 am to 12 noon.

Where: Classes will be held at Everett Community College's Corporate & Continuing Education Center at 2333 Seaway Blvd, Everett.

Graduation: At the WA State Capitol

Free tuition and (no more just childcare!) The Children's Leadership Institute.

Apply now: [Registration](#)

[Visit our website and join our network.](#)



## New Resources

[National Network of Libraries of Medicine, Pacific NW Region!](#) Attached is [letter](#) and your [membership certificate](#), in recognition of our appreciation for your role in providing health information.

This network membership allows us lists of funding opportunities, calendar of events, directory of network members, links to training materials, the PNR blog (Dragonfly), and other current information.

Staff provides expertise about online health information, community partnerships, outreach program development and evaluation. Offer or sponsor distance and onsite training, and provide funding to libraries and community-based partners for health information-related projects.

Website: <https://nnlm.gov/pnr>

### [Apple Health, Private Insurance, DDA Waivers - Who's Got You Covered](#)

#### Fussy Baby Network Warmline

Sometimes parents want someone to listen and find support and resources without the red tape. Call if you

- Are concerned about your baby's crying, sleeping, or feeding
- Think your baby has colic
- Have questions about your infant's development
- Are exhausted or overwhelmed and would like to talk with someone

A simple call to our warmline connects you with an infant-parent specialist who will be there with support and information to help you care for your baby. We answer your calls Monday through Friday, from 9 a.m. to 5 p.m. Central time. On evenings and weekends, please leave a voice message or email us, and we will respond as soon as possible.

There is no charge for this service. Call 888-431-BABY (2229) [English and Spanish]

The Fussy Baby Network is an initiative of [Erikson Institute](#), the nation's premier graduate school in child development.

Girl Scouts of Western Washington has developed the attached [Inclusion Handbook](#). I think it presents a good example of what can be done by an organization to develop materials and information for staff and volunteers. All under the umbrella effort of providing equal access to the community for everyone. If you have organizations in your local area that you would like to help move toward an inclusive environment perhaps this handbook can be used to start the conversation. It is 51 pages and at the end there is place to call or contact for more information. Thanks to Louis from Fathers Network for this information.

## Autism 200

Autism 200 is a series of 90-minute classes for parents and caregivers of children with autism who wish to better understand autism spectrum disorder. Faculty from Seattle Children's and the University of Washington and community providers teach the classes. Each class includes time for questions. [Main link](#):

### Online lectures: 2016 LECTURES

[Autism 201: The State of Autism in 2016](#)

Raphael Bernier, PhD, and Jim Mancini, MS, CCC-SLP

[Autism 202: Addressing Challenging Behavior - Part 1 of 2: Use of Applied Behavior Analysis to Assess and Treat Disruptive Behavior](#)

Eric Boelter, PhD, BCBA-D

[Autism 203: Addressing Challenging Behavior Part 2 of 2: Strategies for Home and School](#)

Nancy Rosenberg, PhD, BCBA-D

[Autism 204: Helping Children with Autism who Struggle with Restrictive Eating: An Interdisciplinary Approach to Improving Mealtimes](#)

Danielle Dolezal, PhD, BCBA-D

[Autism 205: Understanding Developmental Disability Administration \(DDA\): New Pathways to the Future](#)

Ed Holen, executive director, Developmental Disabilities Council

[Autism 206: Transition to Adulthood - Community-Based Housing Options for Adults with Disabilities](#)

Instructors: Vicki Isett and Pam Blanton, Community Homes, Inc.

[Autism 207: Transition to Adulthood - Connecting to Vocational, Educational, Social and Wellness Resources](#)

Instructors: Ben Wahl, MSW, Aspiring Youth, and Therese Vafaezadeh, ARNP

[Autism 208: Transition to Adulthood - Social-Sexuality Education for Young People with Autism](#)

Instructor: Britta Saltonstall, PhD, BCBA

[Autism 209: Multicultural Issues and Autism Spectrum Disorder](#)

Instructors: Robin Tatsuda, MSW, ARC of King County, and Sayaka Omori, MEd, Open Doors for Multi-Cultural Families

[Autism 210: Benefits of Mindfulness](#)

Instructors: James Mancini, MS, CCC-SLP, and Felice Orlich, PhD

[Autism 211: In Our Own Words: A Panel of Adults With Autism Spectrum Disorder](#)

Gary Stobbe, MD, director the University of Washington Adult Autism Clinic

### **Online lectures: 2017 LECTURES**

[Autism 201: The State of Autism in 2017 With Jim and Raphe](#)

Instructors: Raphael Bernier, PhD, and Jim Mancini, MS, CCC-SLP

[Autism 202: Autism Genetics: What Parents Should Know](#)

Instructors: Heather Mefford, MD, and Jennifer Gerdts, PhD

[Autism 203: Making Friends on the Playground: Social Skills Support in School](#)

Instructor: Jill Locke, PhD

[Autism 204: Parent Training to Address Problem Behaviors of Youth with Autism Spectrum Disorder](#)

Instructor: Karen Bearss, PhD

[Autism 205: Autism and Police: Staying Safe Together](#)

Facilitator: Robin Tatsuda, MSW

[Autism 206: Transition to Adulthood: Finding a Job](#)

Instructors: Richard Wilson, MPA, and Maureen Roberts, MEd, CRC

[Autism 207: Transition to Adulthood: Keeping a Job](#)

Instructors: Gina Solberg, CESP, and Abbey Lawrence, MEd, BCBA

Autism 208: Screening for ASD: A Preventative Intervention Approach - *(video not yet available)* Instructor: Lisa Ibanez, PhD

[Autism 209: Early Intervention in Autism: An Overview of the Seattle Children's Autism Center Model](#)

Instructor: Mendy Minjarez, PhD

[Autism 210: Autism From a Sibling's Perspective: A Panel Discussion](#)

Facilitator: Tammy Mitchel, sister; manager, Alyssa Burnett Adult Life Center

You can view all Autism 200 Series lectures from the past two years on the

[Autism 200 Series playlist.](#)

Additional resources

For additional resources, visit the [Autism Center Resources](#) page or [The Autism Blog](#), authored by Seattle Children's Autism Center. The world of autism spectrum disorders is constantly changing and we at Seattle Children's Autism Center are eager to share with parents and caregivers what we continue to learn. The Autism Blog is designed to be a resource on autism as well as to give you an opportunity to comment on our posts and engage with our experts.

### **New and updated resources from**

[Seattle Children's Center for Children with Special Needs](#)

[Resource Guide](#) (formerly Starting Point Guide) for children with special health care needs is now available!

- Directory of statewide resources for advocacy, child care, dental, diagnosis, financial help, insurance, mental and behavioral health and more
- Tips and information on care for children with special health care needs
- Available in English and Spanish\*

[County Resource Lists](#)

- County specific resources for families of children with special needs
- Download and print to use with families

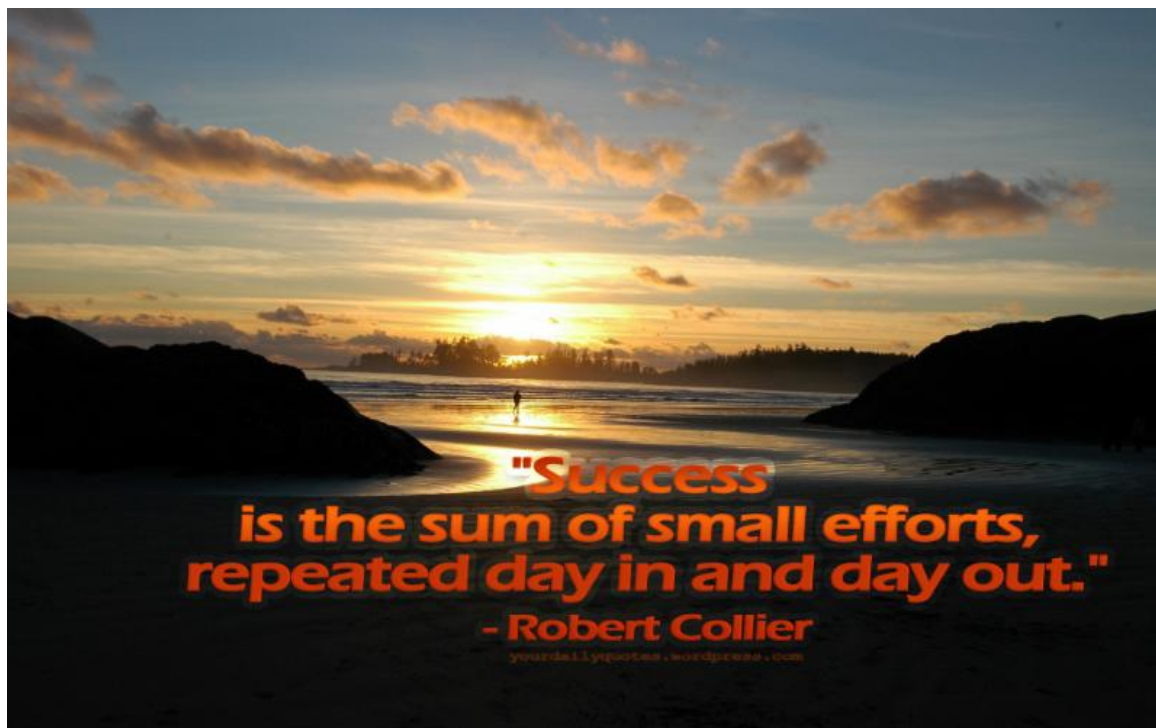
### [Adolescent Transition Resources](#)

- [Checklist for Transitioning to Adult Health Care \(Spanish version\)](#)- Created by parents for parents to help understand what may lie ahead in planning for transitioning their child to an adult healthcare provider
- [Transitioning to Adult Health Care Poster](#) - Use at health fairs, transition events or other gatherings, a partner piece to above checklist
- [Planning for Transition to Adulthood for Youth with Intellectual and Developmental Disabilities](#)- resources for high school transition, legal issues, and employment

### [Care Notebook Documents and Forms](#)

- Track appointments, clinic information, diet, behavior and more!

\*Please email [Hanna.Abrahamson@seattlechildrens.org](mailto:Hanna.Abrahamson@seattlechildrens.org) if you would like to request one copy of English and one of Spanish Resource Guide for your organization. If you would like to pick up more copies from our office, please contact us with at least two weeks notice. Budget constraints prohibit bulk mailing of Resource Guide.



### **Links for Archived Newsletters**

(Click to read [archived past editions](#) through August 2016 of the P2P Newsletter!)

[September 2016](#)

[October 2016](#)

[November 2016](#)

[December 2016](#)

[January 2017](#)

[February 2017](#)

[March 2017](#)

[April 2017](#)

[May 2017](#)

[June 2017](#)

[July 2017](#)

[August 2017](#)

[September 2017](#)

[October 2017](#)

[November 2017](#)

[December 2017](#)

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WA State Parent to Parent (P2P) | The Arc of Washington State | 1-800-821-5927 |  
parent2parentwa@gmail.com | info@arcwa.org

Website: [http://arcwa.org/index.php/getsupport/parent\\_to\\_parent\\_p2p\\_programs](http://arcwa.org/index.php/getsupport/parent_to_parent_p2p_programs)

Friend us on Facebook:

<https://www.facebook.com/parentto.parent.9>

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