



WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS SITES AND COORDINATORS – May 2017

STATE PARENT TO PARENT OFFICE

SUSAN ATKINS, State Coordinator
Washington State P2P Programs
2638 State Avenue NE, Olympia, WA 98506
VOICE: (425) 641-7504, CELL: (425) 269-3267
Toll Free: (800) 821-5927
E-MAIL: parent2parentwa@gmail.com
SPONSORING AGENCY: The Arc of Washington State
Jackie Thomason, Administrative Assistant
E-MAIL: info@arcwa.org
VOICE: (360) 357-5596 option 2 Toll-Free: (888) 754-8798
Fax: (360) 357-3279 website: www.arcwa.org
Facebook: <https://www.facebook.com/parentto.parent.9>

Parent Support Program Seattle Children's

MARIA CERVANTES, Family Support Specialist | Family Support Services
Seattle Children's
OFFICE: 4800 Sand Point Way NE, Seattle, WA, 98105
MAIL: M/S RB.7.420; PO Box 5371; Seattle, WA 98145-5005
VOICE: (206) 987-1119
FAX: (206) 987-2235
E-MAIL: maria.cervantes@seattlechildrens.org
Website: <http://cshcn.org/support-connections/support-and-connection-for-families/> or <http://www.seattlechildrens.org/>

CENTRAL REGION

Chelan/Douglas Counties

ERIN KING-LUCE, Coordinator
GABRIELA C AVINA, Hispanic Outreach Coordinator
23 South Wenatchee Avenue, Suite 203
Wenatchee, WA 98801
Program Activities: Support, information, Sibshops, newsletter, social activities, and referrals provided. Helping Parent trainings once per year.
VOICE: (509) 630-2370 - Hispanic Outreach (509) 860-8961
FAX: (509) 888-2378
E-MAIL: erin@chelاندouglas2p.com, espanol@chelاندouglas2p.com
SPONSORING AGENCY: Chelan Douglas Developmental Disabilities
Website: www.chelاندouglas2p.com
Facebook: <https://www.facebook.com/chelاندouglasparent2parent/>

Grant/Adams Counties

JENNIFER NEWHOUSE, Coordinator
CHRISTI DIERINGER, Outreach Coordinator
ANNA ALVAREZ, Hispanic Outreach Coordinator
605 Coolidge Street
Moses Lake, WA 98837
Program Activities: Family Social Events, Mom's Night Out, Café Chat, Weekly Parent Meetings, Home Equipment Loan Program, Lending Library, Quarterly Newsletter, Disability Awareness Training, Facebook Pages & Groups
VOICE: (509) 764-7424, to reach Anna Alvarez: (509) 346-5523
FAX: (509) 765-5838
E-MAIL: jnewhouse@mlchc.org, cdieringer@mlchc.org
SPONSORING AGENCY: Moses Lake Community Health
Website: www.mlchc.org

Kittitas County

MICHELLE WILLIAMS, Coordinator
PO Box 837
111 East University Way
Ellensburg, WA 98926
Program Activities: Parent Support Meetings, Family Social Events, Newsletters, Workshops, Information and Referral
VOICE: (509) 929-7277
E-MAIL: kittitascountyparent2parent@gmail.com
SPONSORING AGENCY: Kittitas Valley Opportunities

Yakima County

TRACIE HOPPIS, Program Supervisor
AMY BERKHEIMER, Program Specialist
GLORIA URNESS, Program Specialist
LIZ CRUZ, Program Specialist
JOHN MAHANEY, Event Support
MARIA PULIDO, Hispanic Outreach
3801 Kern Road
Yakima, WA 98902
Program Activities: English and Spanish Parent Group, Hispanic Outreach, Sibshops, Recreational Program, Teen Club, Disability Awareness, Neonatal Intensive Care Unit Support Project, Newsletter, Autism Support Group, Family Social Events, New Diagnosis Support Group,
VOICE: (509) 574-3200
FAX: (509) 574-3210
E-MAIL: traciehoppis@ymh.org, amyberkheimer@ymh.org, GloriaUrness@ymh.org, elizabethcruz@ymh.org, mariapulido@ymh.org
SPONSORING AGENCY: Virginia Mason Memorial
Website: <https://www.yakimamemorial.org/>

EAST REGION

Benton/Franklin Counties

MELISSA BROOKS, RN, Coordinator
MARIA RAMOS, Hispanic Outreach Coordinator
1455 Fowler Street
Richland, WA 99352
Program Activities: Parent Support group with Educational classes, Activities for families, quarterly newsletter with The Arc of Tri-Cities, Senior Caregiver Project, provide education and social activities for parents and youth.
VOICE: (509) 783-1131, ext. 108
FAX: (509) 735-7706
E-MAIL: p2p@arcofricities.com, maria@arcofricities.com
SPONSORING AGENCY: The Arc of Tri-Cities
Website: arcofricities.com
Facebook: <https://www.facebook.com/p2ptricities/?fref=fb>

Spokane/Lincoln/Whitman Counties

Shelley Gacusana, Coordinator
320 East 2nd Avenue
Spokane, WA 99202
Program Activities: Parent Support Group & Workshops, Parents 4 Life monthly meetings, Newsletter, Lending Library, Transition Support, Guardianship & IEP referrals, Annual Holiday Party & Summer Picnic, Annual Family Support Conference in the spring
VOICE: (509) 328-6326, ext. 8323
FAX: (509) 328-6342
E-MAIL: SGacusana@arc-spokane.org
SPONSORING AGENCY: The Arc of Spokane
Website: www.arc-spokane.org
Facebook: <https://www.facebook.com/SpokaneP2P/>

Walla Walla/Columbia/Garfield/Asotin Counties

MICHELLE AGUILAR/MICHELLE MEYER, Coordinator
YSABEL FUENTES, Hispanic Parent Outreach
PO Box 1918
Walla Walla, WA 99362
Program Activities: Support, information, newsletter and referral provided. Helping Parent trainings once per year.
VOICE: (872) 701-0007; to contact Ysabel, (509) 301-0679
FAX: N/A
E-MAIL: p2p@wwvdn.org, p2pespanol@wwvdn.org
SPONSORING AGENCY: Walla Walla Valley Disability Network-Cyndy Knight
ED admin@wwvdn.org
Website: www.wwvdn.org
Facebook: <https://www.facebook.com/WallaWallaParent2Parent/?fref=ts>





WASHINGTON STATE PARENT TO PARENT SUPPORT PROGRAMS SITES AND COORDINATORS – May 2017

NORTHWEST REGION

Island County

TIFFANY WHEELER-THOMPSON, Coordinator
PO Box 5000

Coupeville, WA 98239

Program Activities: Support, resources, networking opportunities and referral options, monthly newsletters and events, latest research, legislative activity and support group information. Sponsors or co-sponsors several support groups including Spanish all over Whidbey Island.

VOICE: (360) 632-7539

FAX: (360) 679-7377

E-MAIL: t.wheeler-thompson@co.island.wa.us

SPONSORING AGENCY: Island County Human Services

Website: <https://www.islandcountywa.gov/Humanservices/>

Facebook: <https://www.facebook.com/islandcountyparent2parent/?fref=ts>

Skagit County

HEATHER MILLIREN, Coordinator, ext. 401

AMANDA SLOAN, Assistant Coordinator, ext. 403

TBA, Hispanic Outreach Specialist, ext. 414

320 Pacific Place

Mt. Vernon, WA 98273

Program Activities: Resources, lending library, (Autism, mothers, general, teens, support meetings Anacortes) educational workshops, recreational activities, annual Helping Parent Training, annual moms' events, annual Buddy Walk, monthly Hispanic family event (support, education and/or social), and Spanish translation available.

VOICE: (360) 416-7570

FAX: (360) 416-7580

E-MAIL: p2p@sparckids.org, Amanda@sparckids.org,

Hispanicp2p@sparckids.org

SPONSORING AGENCY: SPARC

Website: www.p2pskagit.org

Facebook: <https://www.facebook.com/SkagitP2P/>

Snohomish County

JAMIE COONTS, Coordinator, ext. 104

ALAINA KUBE, Coordinator, ext. 111

MELY CERVANTES, Hispanic Outreach Coordinator, ext. 114

LYNNEA RIMANDO, Coordinator, ext. 106

2500 Hewitt Avenue, Suite 300

Everett, WA 98201

Program Activities: Helping Parent, Mothers Network, Fathers Network, Autism Support Group, English & Spanish Parent Groups, Monthly Parent Speaker Night, Lego Club, Family Activities, Sibshops, Special Education Speakers & Support, Caregiver Support Group, Weekly/Bi-weekly Arc Happenings e-mail Newsletter with events & resources, Website Calendar, Book & Video Lending Library

VOICE: (425) 258-2459

FAX: (425) 252-8232

E-MAIL: jamie@arcsno.org, alaina@arcsno.org, mely@arcsno.org,

Lynnea@arcsno.org

SPONSORING AGENCY: The Arc of Snohomish County

Website: www.arcsno.org



Whatcom County

KARLENE UMBAUGH, Coordinator, ext. 1

MELISSA ABRAHAM, Parent Assistant ext. 3

MARTA MEJIA, Latino Community Coordinator, ext. 308

2602 McLeod Road

Bellingham, WA 98225

Program Activities: Bi-Monthly Newsletter, Monthly Support Meetings, Family Inclusive Events, Parent Workshop, Super Sitter Training, Helping Parent Training, Sibshops, Hispanic Outreach Family Events, Book & Video Lending Library, and Parent Matches.

VOICE: (360) 715-0170

FAX: (360) 715-8522

E-MAIL: karlene@p2pwhatcom.org, melissa@p2pwhatcom.org,

info@p2pwhatcom.org, familia@p2pwhatcom.org,

SPONSORING AGENCY: Arc of Whatcom County – Beverly Porter, ED

beverlyp@arcwhatcom.org

Website: www.p2pwhatcom.org

Facebook: <https://www.facebook.com/ParenttoParentWhatcom/>

PENINSULA REGION

Clallam County (NEW)

SHAWNDA HICKS, Coordinator

PO Box 3081

Sequim, WA 98382

Program Activities: Parent support, seminars, social activities and information

VOICE: (360) 406-1215 Shawnda or (360) 797-3602 Priya

E-MAIL: shawnda.mosaic@gmail.com, priya.mosaic@gmail.com

SPONSORING AGENCY: Clallam Mosaic; Priya Jayadev, Executive Director

Website: www.clallamosaic.org

Facebook: <https://www.facebook.com/groups/750626038422099/>

Grays Harbor/Pacific Counties

CHARLENE McCARTY- P2P/Senior Parent Coordinator

523 West First Street

PO Box 1794

Aberdeen, WA 98520

Program Activities: Parent and Family emotional support and guidance is navigating our complex system, Informational Resource & Referral via phone, e-mail, Facebook and website. Quarterly Arc Newsletter and bi-monthly email bulletin, Educational workshops and presentations on schools I.E.P. (Individual Education Plan) and 504 plans, Transition Services, Guardianship, Wills & Trusts, and other topics. Life Skills and Social events, Summer Youth Employment program, Annual Helping Parent Training

VOICE: (360) 537-7000

FAX: (360) 537-8816

E-MAIL: charlenem@arcgh.org

SPONSORING AGENCY: The Arc of Grays Harbor

Website: www.arcgh.org

Facebook: <https://www.facebook.com/groups/515908978594356/>

Kitsap/Jefferson Counties

AMANDA SMITH, Coordinator

3243 North Perry Avenue

Bremerton, WA 98310

Program Activities: newsletter, workshops, resources

VOICE: (360) 377-3473, ext. 103

E-MAIL: asmith@arckj.org

SPONSORING AGENCY: The Arc of Kitsap & Jefferson Counties

Website: www.arckj.org

Facebook: <https://www.facebook.com/thearcofkitsapandjeffersoncounties/>



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Thurston/Mason Counties

SYLVIA DAVENPORT, Coordinator

South Sound Parent to Parent

1012 Homann Drive SE

Lacey, WA 98503

Program Activities: Spanish Language Line, Helping Parent, P2P Support Groups, Down Syndrome Support and activities, Mom to Mom, Sibshops, Family Activities, Annual Family Picnic, Buddy Walk, Infant/Toddler Early Intervention Program (ESIT), SPO Support, Transition/IEP Support, Angels and Butterflies Grief support, Toy/Equipment/Book lending program, Information and referral, website, monthly newsletter, Parent Education

VOICE: (360) 352-1126 (main line & Spanish Language Line)

Toll Free: (877) 352-1126

FAX: (360) 352-0761

E-MAIL: sdavenport@ssp2p.org

SPONSORING AGENCY: 501(C) 3 Parent to Parent of Thurston County

Website: www.ssp2p.org

Facebook: <https://www.facebook.com/SSP2P/>

PIERCE / KING REGION

King County

RACHEL NEMHAUSER, Coordinator

PATRICIA GONZALEZ, Coordinator for Latino & Spanish Speaking Families

233 6th Avenue North

Seattle, WA 98109

Program Activities: Parent Support groups, Information and referral, Email support and information groups, Parent education, family events in English, Spanish and for African American families

VOICE: (206) 829-7053

SPANISH: (206) 829-7030

Contact info:

Rachel Nemhouser: (206) 829-7046 or remhauser@arcokingcounty.org

Patricia Gonzalez: (206) 829-7027 or pgonzalez@arcokingcounty.org

Program Supervisor Robin Tatsuda: (206) 829-7011 or

rtatsuda@arcokingcounty.org

FAX: (206) 364-8140

SPONSORING AGENCY: The Arc of King County

Website: www.arcokingcounty.org

Facebook: <https://www.facebook.com/arcokingcounty/>

Pierce County

MICHELE LEHOSKY, Coordinator ext. 104

DOREEN VANDERVORT, Co-Coordinator

6316 South 12th Street

Tacoma, WA 98465

Program Activities: Community Inclusion Program, List serve support, Information and Referral, Down Syndrome Support group, Mom's Night Out, Person Centered Planning Workshops, Spanish Support Group, Conversations & Coffee, PURPAS Autism Group

VOICE: (253) 565-2266, Mon.-Fri. 1:00 – 4:30

V/TTY: (253) 565-2266 OR 1-800-5PARENT

FAX: (253) 566-8052

E-MAIL: MLehosky@wapave.org or dvandervort@wapave.org

SPONSORING AGENCY: PAVE

Website: <http://wapave.org/>

Facebook: <https://www.facebook.com/washingtonpave/>



SOUTHWEST REGION

Clark County

BRENDA TYRRELL, Coordinator

MARIA RANGEL, Spanish Speaking Outreach Coordinator

PO Box 2608

Vancouver, WA 98668

Program Activities: Social Gatherings, Support Groups, Newsletter, Lending Library

VOICE: (360) 953-1597

FAX: (360) 759-4921

E-MAIL: brendat@arcoclarkcounty.org, maria@ccparentcoalition.org

SPONSORING AGENCY: The Arc of Southwest Washington

Website: www.arcswwa.org

Facebook: <https://www.facebook.com/Parent-to-Parent-of-SW-Washington-183154595037015/>

Cowlitz County

LACEY CAIRNS, Coordinator

906 New York Street

Longview, WA 98632

Program Activities: Monday Playgroup, Weekly Respite Program, Outreach, Information and Referral, Parent/Family Support Services, Support with DDA, SSI, Guardianship and Trusts, IEP/504 School Support and Advocacy Services, Annual Family Day Camp, Fins of Fury Swim Camp, Transition Training Series, Helping Parent Training, Disability Awareness, Weekly Parent Support Group, Facebook Parent Support Group-Closed Group, Parent Advisory Group, Parent Workgroups, Buddy Club, Lending Library

VOICE: (360) 425-5494

FAX: (360) 577-9137

E-MAIL: laceycairns@lifeworkswa.org

SPONSORING AGENCY: LifeWorks WA

Website: <http://www.lifeworkswa.org/>

Facebook: <https://www.facebook.com/groups/1807729746114125/> closed group

The Arc of Cowlitz County page: https://www.facebook.com/pg/The-Arc-of-Cowlitz-County-387884154662446/posts/?ref=page_internal

Klickitat County (NEW)

DONNA TIFFAN, Coordinator

9414 NE Fourth Plain Road

Vancouver, WA 98662

Program Activities: TBA

VOICE: (971) 236-8791

E-MAIL: KlickitatCountyP2P@gmail.com

SPONSORING AGENCY: Parents Empowered And Communities Enhanced

(PEACE); Darla Helt, Executive Director darlah@peacenw.org

Lewis County

SARA PALM-SONS, Coordinator

PO Box 870

203 West Reynolds Avenue

Centralia, WA 98531

Program Activities: Monthly parent support meetings, newsletter, resource & referral service, video & book lending library, Helping Parent Training, educational trainings and family events, Transition support, Sibshops, Community Education

VOICE: (360) 520-9299

FAX: (360) 330-1663

E-MAIL: spalm@reliableenterprises.org

SPONSORING AGENCY: Reliable Enterprises

Website: www.reliableenterprises.org

Facebook: <https://www.facebook.com/lewiscountyparent2parent/?fref=ls>