

## **Are you ready for Advocacy Day?**



**Advocacy Day is a  
great time to make  
your voice heard!**

**When you come to  
Olympia there are a  
few things you  
should know so that  
you make the most  
of your time.**

**Bringing a few  
things with you  
when you come to  
Advocacy Day, can  
make a big  
difference!**

**How do I get ready?**

**What should  
I bring?**



**Tips for  
Advocacy Day!!**



The Arc of Washington State  
2638 State Avenue NE  
Olympia, WA 98506

11/07

## Things to Do Before You Come to Advocacy Day!



**Do you know who your Legislators are? If not, you can find out by checking out this website: [www.leg.wa.gov/legislature/](http://www.leg.wa.gov/legislature/)**



**Schedule meetings with your Legislators when you know which Advocacy Day you will come to!**



**Think about what is most important to you, write down some of your ideas so that you remember them for Advocacy Day!**



**If you are part of a group, gather together messages to deliver for people who can't come to Advocacy Day!**

## TIPS FOR ADVOCACY DAY



**Bring an umbrella in case it's raining!**



**Wear comfortable shoes!**



**Bring a briefcase or backpack to gather information and carry your gear from place to place!**



**Bring some extra money for lunch or pack your own!**



**Bring some extra pens just in case you need to write a quick note!**



**Bring a brush or comb, it's an easy way to keep yourself looking great all day long!**



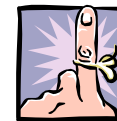
**Looking good makes a difference! First impressions are important!**



Your Address

**If you have some address labels that you use for letters, bring some of them so that you can easily leave your address on the half sheet information sheets.**

## Things to Do After You Come Home from Advocacy Day!



**If you didn't turn in your green evaluation form please send it in. (We need your feedback!)**



**If you met with your Legislator write them a Thank You note!**